

Science and Physical Education

Free swim and gym

Southwark residents can use swimming and gym facilities for free in all of the council leisure centres.

Free access is available at the following times:

- All day Fridays (check with your local leisure centre for any exceptions)
- Saturday and Sunday (from 2pm to closing)

All you have to do is register online:

<https://www.everyoneactive.com/southwarkfreeswimandgym/>



Scientists fear major volcanic eruption in the Philippines

Researchers in the Philippines are monitoring the Taal volcano closely for signs of a major eruption. The volcano's activity has eased since it began spewing steam and ash more than a week ago, but the threat of a large-scale eruption remains, say scientists.



Science Quiz

1. A super-volcano is a type of volcano. But what is it about super-volcanoes that make them so 'super'?
2. Which of the following countries has the most volcanoes?
Japan, Philippines, Italy or Indonesia
3. What is created after a catastrophic eruption of a super-volcano?
4. There are several volcanic areas in the world considered to be super-volcanoes. Which of the following is a super-volcano?
Mount St. Helens, Lake Superior, Banff National Park or Yellowstone National Park



1. Their eruptions are large and catastrophic 2. Indonesia
3. Caldera 4. Yellowstone National Park

Boys Football Update

Following last Tuesdays 7-1 win against Alfred Slater and with three matches left to play the school football team have a great chance of finishing in the top two in the league this season.

"The boys have been a credit to our school, they show real professionalism before, during and after games. They have adapted well to my playing style, which sometimes is not an easy thing to do in such a short space of time".

Well done to the following pupils for their continued hard work:

Brandon, Dickson, Mamadu, Lukas, Ola, Abraham, David, Micah, Jerrell.

Good luck in your next game!



Spring Term

PE

Throughout this term each year will be participating in Gymnastics.

Children will be taught to:

- Perform basic skills in travelling, being still, finding space and using it safely, both on the floor and using apparatus.
- Develop the range of their skills and actions.
- Choose and link skills and actions in short movement phrases.

Upcoming Sporting Events

21st Feb – 8th Mar: Cricket - Women's T20 World Cup in Australia.

22nd Feb: Boxing - Tyson Fury challenges Deontay Wilder for the WBC heavyweight title in Las Vegas.

14th Mar: Rugby union - final round of the men's Six Nations.

Physical Education Quiz

In PE this term our focus is Gymnastics, Below are questions based on our Learn Outcomes.

1. What is a counter balance?
2. Name two types of rolls?
3. Name one movement and one shape we can link together?



Dulwich Hamlet Football Team



Do you want to watch Dulwich Hamlet? Well here is how:

At Dog Kennel Hill we are able to watch a game on: **01/02/20**.

All you need is the **voucher**.

"To redeem the voucher, families need to follow the instructions on the voucher and register online for tickets. Once they've registered, they then just need to turn up on the day and enter via the main entrance. Please note, there is no confirmation email when your families complete the online form - we always get asked! If there are any issues with the registration process, please ask your families to email me."



Dulwich Hamlet FC Family Ticket Voucher

This voucher entitles the guests listed below free admission to the following match:

Dulwich Hamlet v Chelmsford Date: Saturday 1st February 2020 - 3pm

To redeem this offer please register the names of the guests using this voucher via this link:

<https://forms.gle/PZ7VpTLbYro9PGTs5>

- 1) You will need to include the name of the school/organisation you are applying from and the full names of all the guests attending. This must be done at least 24 hours prior to kick off.
- 2) Complete this voucher with the same names you entered on the link above.
- 3) Present this completed voucher, on the above match day, at the main reception to gain access.

To be completed prior to entry:

| | |
|----------|--|
| Guest 1: | |
| Guest 2: | |
| Guest 3: | |
| Guest 4: | |

Dulwich Hamlet Mascot

Do you want to be a mascot for Dulwich Hamlet? Well here is how:

They have **10 spaces**. All you have to do is let Miss Reid or Mr Lay know and we will sign you up! Or email: DHFC Schools at schools.dhfc@gmail.com



February Half Term Activities @ Alleyn's

Swim School at Alleyn's

Following a successful 2019, Alleyn's are delighted to offer another series of intensive swimming courses running during the February half-term 2020.

Courses will take place over 5 days starting on Monday 17 February until Friday 21 February 2020, costing £45 for a daily lesson. Places are available to book online now.

Lessons take place between 8.15am to 12.00pm and are suitable for children ages 5 years and above. Separate adult and baby & toddler classes will also run during these times.

Our courses are delivered by specialist instructors in the School's 25-metre pool. Lessons are 30 minutes and class sizes are kept small (between 6 to 8 pupils per teacher) to ensure plenty of individual tuition for each swimmer. Teachers will accompany non-swimmers in the water and provide a friendly environment, which is fun, warm, and enjoyable for all. Parents are welcome to watch their children swim from our first-class spectator area, which overlooks the pool.

Courses are open to all and places are allocated on a first come, first served basis.

For further information visit www.alleyns.org.uk/swimschool or email the course manager Stefan Gibberd on swim@alleyns.org.uk

Football at Alleyn's

February Half term - 3 day professional football development course at Alleyn's School with the Campioni Soccer Academy.

Book & complete payment before 2nd February 2020 to receive a 15% early bird booking discount

17th, 18th & 19th February 2020

Age 6+

09:30-15:30

£110.00 (or £40.00 per day) - Early bird £93.50 /£34.00

<https://campioni.co>

info@campioni.co

07976 740 860 - Hayley

Location:

Alleyn's School, Townley Road, Dulwich SE22 85U.

(Please note change of venue from October half term camp) we are now located at the main school.

Campioni - Delivering top quality football training with some of the biggest names in football in the UK & at luxury family holiday resorts.