

# Science and Physical Education

## Free swim and gym

Southwark residents can use swimming and gym facilities for free in all of the council leisure centres.

Free access is available at the following times:

- All day Fridays (check with your local leisure centre for any exceptions)
- Saturday and Sunday (from 2pm to closing)

All you have to do is register online:  
<https://www.everyoneactive.com/southwarkfreeswimandgym/>



## Yosemite National Park Waterfall Transforms Into A Mesmerizing "Firefall" Every February

That's because, during the two-week-period, the temporary 1,000-foot fall frequently transforms into a spectacular "firefall" for about ten minutes a day during sunset.

For the phenomenon to occur, several conditions need to coincide. There must be enough snow and the temperatures have to be warm enough for it to melt and form the waterfall.



## Science Quiz

1. What is the closest planet to the Sun?
2. What is the name of the 2nd biggest planet in our solar system?
3. What is the hottest planet in our solar system?
4. What planet is famous for its big red spot on it?
5. What planet is famous for the beautiful rings that surround it?



1. Mercury 2. Saturn 3. Venus 4. Jupiter 5. Saturn

## DKH Football Team.

Congratulations to the school football team who have won the PESSN football league defeating Redriff Primary School in the final 3-1

A massive well done to the following players:  
Brandon, Ola, David, Lukas, Micah, Dickson, Mamadu, Abraham, Jadon and Jerrell.

## Spring Term PE

During PE in the Spring Term Students partook in Gymnastics lessons learning a range of movements, shapes, balances and how to safely use apparatus enabling them to build confidence in this field, then in pairs, create and perform a gymnastics sequence.

This term we will be looking at basketball.



## Lunch Time Clubs

We now have a range of clubs at lunchtime.

Monday	Tuesday	Wednesday	Thursday
Dodgeball Year 4-6	Fun Fitness KS1 & KS2	Table Tennis Competition	Multisports

## Physical Education Quiz

1. Can you name three pieces of apparatus used in gymnastics?
2. How many gymnastics shapes can you think of?
3. What is a counter balance?



## Campioni Soccer Academy

**Gain an insight into the techniques and training methods of professional footballers.**

School holiday training sessions at Alleyn's School, Townley Road, Dulwich SE22 85U.

**Tuesday 14th to Friday 17th April 2020**

Age 6+

9:30-3:30

£40 per day (£34 early bird rate) or £150 for the full course (£127.50 early bird rate)

**Morning sessions only for Under 6's**

9:30-12:30

£20 per session (£17 early bird rate) or £70 for the full course (£59.50 early bird rate)

*Early bird rate expires at midnight on 29th March 2020*

[info@campioni.co](mailto:info@campioni.co)

07976 740 860 - Hayley

1. Trampoline, balance beam and vaulting box 2. 3 are: pike, straddle, tuck 3. A counter balance is created when a weight balances another weight.

## Girls Only Free Football Opportunity

We are extremely pleased to announce the return of our **Girls only after school** football/Multi-Sport clubs which will commence on the following dates;

- Every Tuesday from 28th April from **3.45 till 5pm** at **Marlborough Sports Garden**, 27 Union St, London SE1 1SD.
- Every Wednesday from 29th April from **4.15 till 5.15pm** at **Michael Faraday Primary** School, Portland St, London SE17 2HR.

These FA Wildcats Football/Multi-Sport sessions will provide girls between 5 to 11 years of age with regular opportunities to play football and take part in organised sessions in an enjoyable and engaging environment created exclusively for girls of all levels.

The clubs will run through to summer holidays on a weekly basis (excluding half term) using fun games and football related activities. The initiative follows the launch of The FA's Gameplan for Growth, which outlined the target of doubling girls' participation in the sport by the end of 2020.

For further information on SSE Wildcats click onto

<http://www.thefa.com/news/2017/apr/25/sse-wildcats-football-clubs-launch-260417>



Centre Name

Date & time

Location

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