



# **DOG KENNEL HILL PRIMARY SCHOOL**

## **Supporting Pupils with Medical Conditions Policy**

## Aims

Dog Kennel Hill Primary School is an inclusive school that aims to support and welcome pupils with medical conditions. We aim to ensure that all children including those with medical conditions have their needs met and make good academic progress.

All children will experience illness in the course of their school careers, most commonly transient self-limiting infections, but some will have more chronic or longer-term medical needs that will require additional support at school to ensure they have full access to the curriculum and to minimise the impact of their medical conditions.

The Children's and Family Act 2014 however, sets out requirements for school to ensure that the children with medical conditions are properly supported so that they have full access to education, including school trips and physical education.

Staff working with pupils who have specific medical needs should understand the nature of children's medical problems and endeavour to work with the family and other professionals to best support the pupils concerned.

## Responsibilities

The governing body have a duty to ensure that arrangements are in place to support pupils at school with medical conditions. They are responsible for ensuring that this policy is adhered to and reviewed on an annual basis.

The Head teacher will accept responsibility in principle for members of the school staff giving or supervising children taking prescribed medication during the school day, where those members of staff have volunteered to do so. The Head Teacher has responsibility for making sure that school staff are appropriately insured and are aware that they are insured to support pupils in this way.

The Head of School – Galiema Amien-Cloete will oversee the implementation of this policy. She will organise systems, procedures, and training to ensure that staff are able to manage the medical conditions of children. She will ensure that relevant staff members are made aware of any medical conditions children may have, including supply teachers. She will conduct 'risk assessments' where this is required for school visits, holidays and other relevant activities. She will liaise with medical professionals to ensure that medical Health Care Plans are monitored and reviewed regularly.

The School Nurse – Aida Tewelde is the current link nurse for Dog Kennel Hill. She is responsible for notifying the school when a child has been identified with a medical condition. She will support with the implementation and writing of 'healthcare plans' where these are needed and provide or support access to appropriate medical training for conditions such as sickle cell, epilepsy and allergies.

Teachers/Support Staff - Any staff member may be asked to 'provide support to pupils with medical conditions', although there is no legal duty for non-medical staff to administer medicines or to supervise a child taking it. Teachers should take into account the needs of pupils with medical conditions that they teach. Any staff member who volunteers to administer medicines should not agree to do so without first receiving appropriate information and/or training specific to the child's medical needs.

Parents/carers – should provide the school with sufficient and up-to-date information about their child’s medical needs. Parents/carers are key partners who will be involved with the review of their child’s individual ‘healthcare plan’. They should carry out any action they have agreed to as part of its implementation, e.g. provide medicines and equipment and ensure they or another nominated adult are contactable at all times.

Pupils – with medical conditions will often be best placed to provide information about how their condition affects them. There are cases where the responsibility for administering medicine can and should rest with the child. They should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of, and comply with, their individual healthcare plan.

### **Managing Medicines**

Administration of medicine is the responsibility of parents/carers. Medicines should only be administered at school when it would be detrimental to a child’s health or school attendance not to do so.

Medicines at Dog Kennel Hill will normally be administered by Suzanne Cook or Tracy Stewart, (Reception office based staff) who hold an ‘Emergency First Aid at Work’ certificate or an alternative member of staff who holds paediatric first aid training. (See appendix 5 for current members of staff).

**Staff must never administer medication of any sort without first ensuring written parental permission has already been sought. If in doubt staff should seek advice from the Head Teacher or Head of School who will ensure that appropriate permission has been given and that staff have the appropriate level of training to administer medication.**

### **Short-term illness**

- Children who are suffering from short-term ailments and who are clearly unwell should not be in school and the Head teacher is within their rights to ask parents/carers to keep them at home.
- We discourage parents/carers from sending children to school with non-prescribed medicines (e.g. cough mixture – the Medicine and Healthcare Products Regulatory Authority warned against their use in the under 6s age range. <https://www.gov.uk/drug-safety-update/over-the-counter-cough-and-cold-medicines-for-children>
- There are recommended times away from school to limit the spread of infectious disease. Please see ‘Guidance on infection control in schools and other childcare settings’ 2014 [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/353953/Guidance\\_on\\_infection\\_control\\_in\\_schools\\_11\\_Sept.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/353953/Guidance_on_infection_control_in_schools_11_Sept.pdf)
- Note, children who have had vomiting and/or diarrhoea should be kept away from school until 48 hours symptom-free.

## **Infectious Disease**

- **Infectious Disease and Exclusion Periods:** There are recommended times away from school to limit the spread of infectious disease.  
<https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>  
Please see exclusion table on infection control in schools 2018 (Appendix 8). These exclusion rules apply to staff as well as children.
- **Pregnant staff:** If a pregnant member of staff develops a rash or is in direct contact with someone with a rash who is potentially infectious, she should consult her doctor or midwife. (Please see Appendix 9 for additional guidance on infectious diseases during pregnancy).

## **Food Handling Staff:**

- Food handlers and catering staff suffering from gastro-enteric diseases should not be present at the school or nursery if they are currently suffering from diarrhoea or vomiting, or both. Food handling staff suffering from gastro-intestinal diseases should not return to work until 48 hours post recovery (no further diarrhoea or vomiting).
- The school will notify Southwark's Environmental Health Department immediately if we are informed that a member of staff engaged in the handling of food has become aware that he or she is suffering from, or is the carrier of, any infection likely to cause food poisoning.
- The school notes that food handlers are required by law to inform their employers immediately if they are suffering from the following diseases:
  - typhoid fever
  - paratyphoid fever
  - other salmonella infections
  - dysentery
  - shigellosis
  - diarrhoea (cause of which has not been established)
  - infective jaundice
  - staphylococcal infections likely to cause food poisoning like impetigo, septic skin lesions, exposed infected wounds, boils
  - E. coli VTEC infection

## **Infectious Outbreaks**

The DFE defines infectious outbreak as when 'an incident in which two or more people experiencing a similar illness are linked in time or place' and 'a greater than expected rate of infection compared with the usual background rate for the place and time where the outbreak has occurred'.

The Head teacher or member of the senior leadership team will contact the local health protection team as soon as they suspect an outbreak of an infectious disease to discuss the situation and agree if any actions are needed. The following information will be provided to the health protection team:

- total numbers affected (staff and children)
- symptoms
- date(s) when symptoms started
- number of classes affected

Appendix 10 lists notifiable diseases. Parents will be informed of any actions that the local health and protection team recommend.

### **Chronic illness/disability**

It may be necessary for children with long term conditions to take prescribed medicines during school hours. Many health advisers encourage children to take control of their medical condition, including taking responsibility for managing their medical care (with help), from very young. This can include self-administration of medicines e.g. using an inhaler or giving own insulin injections. We support this practice wherever appropriate.

Where young children or those with special educational needs and or disabilities require medication, adult support will be needed. Whilst responsibility for the medical care of children rest with parent/carers and their health professionals, it may not be feasible for these individuals to come to school to administer medicines.

### **Acute illness**

The teaching profession has a general duty of care towards children in schools. Legally this duty cannot require teachers to administer medicines, but it is expected that teachers react promptly and reasonably if a child is taken suddenly ill. In these cases, clear procedures must be followed, particularly in life threatening situations.

### **Procedures for accepting Medicine**

**Under no circumstances must any medication be administered without parental approval and written consent.** Medication will only be **accepted** in school if:

1. It has been prescribed by a doctor, or pharmacist.
2. Some medicines such as paracetamol, ibuprofen or antihistamines may be administered without being prescribed by a doctor, but only with written parental permission and at the discretion of the Head of School/Head Teacher. This is particularly for children who may have long term conditions e.g. a child with sickle cell that requires paracetamol and ibuprofen to always be available in school. In the event of a field trip that occurs away from school, travel sickness tablets may also be accepted where parents/carers indicate there is a long term issue with travel sickness.
3. Only reasonable quantities of medication should be supplied to the school, (for example, a maximum of four weeks supply at any one time).
4. Each item of medication must be delivered in its original container and handed directly to the office. Parents/carers are required to sign the medication in and complete the 'Parental Application and agreement' form (see Appendix 1).
5. Where the child comes to school with a child minder/escort etc, it is the responsibility of the parent/carer to ensure that person is informed of any medication sent with the child.
6. Each item of medication must be clearly labelled with the following information:
  - Child's name
  - Name of medication
  - Dosage
  - Frequency of dosage

- Date of dispensing
- Storage requirements (if important)
- Expiry date

7. The school will not accept items of medication that are in **unlabelled** containers.

8. It is the responsibility of parents/carers to notify the school if there is a change in medication, a change in dosage requirements, or the discontinuation of the child's need for medication.

9. It is responsibility of parents/carers to ensure that the medication is in date.

### **Individual Health Care Plans**

For more serious or chronic conditions, including allergies that require the potential use of an epipen, we require an Individual Health Care Plan (IHCP) from a child's doctor/hospital/nurse stating exactly what needs to be given and when. This is usually requested via the school nurse service and written with the parent/carer. An IHC plan will detail any medicine that a child may require and emergency procedures to follow if necessary. Appendix 4 sets out the type of information that may be set out in an IHC plan. A model invite to an IHC plan meeting is set out in appendix 6.

The school will ensure that staff are appropriately trained to implement recommendations set out in IHC plans. IHC plans will be reviewed regularly or when an adjustment is needed. Parents/carers should inform the school if they are aware of any changes needed.

Where a child is returning to school following a period of hospital education or alternative provision (including home tuition), we will work with the local authority to ensure that the Individual Healthcare Plan identifies the support the child will need to reintegrate effectively.

### **Giving regular medicines**

We encourage parents/carers whose child is taking medication three times a day to give it before school, after school and at bedtime. If a doctor has specified that one of the doses should be given at lunchtime and the parent/carer is unable to administer the dose then the school may agree to administer a lunchtime dose.

### **Procedures for safe administering of medicine**

1. Ask the parent/carer to complete a Medicine Administration request form (Appendix 1).
2. Refer to this form prior to giving the medicine.
3. Check the child's name on the form and the medicine.
4. Check the prescribed dose.
5. Check the expiry date.
6. Check the prescribed frequency of the medicine.
7. Check when the child last had medicine administered.
8. Measure out the prescribed dose (parents/carers should provide measuring spoons/syringes). If the child is old enough, they can measure the medicine.

9. Check the child's name again and administer the medicine.
10. Complete and sign the Medical Record Book and Administration of Record Book (Appendix 7) when the child has taken the medicine.
11. If uncertain, DO NOT give – check first with parents/carers or doctor.
12. If a child refuses medication, record and inform parents/carers as soon as possible.

### **Protocols for administering First Aid**

Always wear gloves when administering First Aid.

First Aid book – entries must be clear, in ink, and include:

- Name of child and class
- Signature of the person reporting the accident
- Date and time
- Where it occurred and what happened
- The resulting injury
- How it was dealt with

Parents/carers should be notified of any First Aid given to a child during the school day (by letter, sticker or phone call).

Any serious injuries (other than non-serious bruises, grazes etc.) will require the parents/carers to be contacted immediately.

If the accident occurs due to a Health and Safety oversight, please pass on the information to the Bonnie South and the Premises Officer.

### **Off-Site visits**

The school will make every effort to continue the administration of medication to a child whilst attending After School Clubs, on trips away from the school premises, even if additional arrangements might be required. All staff attending off-site visits should be aware of any pupils with medical conditions on the visit. Medication will be signed in and out of school by a responsible adult attending the school trip. When medicine is administered, a record of administration will be completed (Appendix 8) and details will be recorded in the child's Medical Record Book. However, there may be rare occasions when it may not be possible to include a child on a school trip if appropriate supervision cannot be guaranteed.

Staff should take a First Aid kit whenever children are taken off-site. Sick bags and wipes, in case of sickness on a journey, are also sensible precautions.

### **Safe Storage of Medicines**

It is the responsibility of the Executive Head Teacher and Head of School to ensure safe storage of medicines. Daily maintenance and monitoring of storage of medicines will be carried out by Suzanne Cook.

Unless otherwise indicated, all medication to be administered in school will be kept in the school office. All medicines should be kept in the container supplied which should be clearly labelled with

the child's name, another identifier (such as date of birth) and instruction for usage. A copy of the Parent/carer application and agreement for school to administer medicine and Health Care plan (if applicable) should be kept with the medicine. Medicines (e.g. liquid antibiotics, insulin) that require refrigeration will be stored in a separate fridge in the school office. These should be kept in suitable additional and airtight containers (e.g. Tupperware boxes) and marked 'Medicines'. All children with medical conditions should have easy access to their emergency medication.

Controlled drugs that have been prescribed for a pupil will be securely stored in a non-portable container with key members of staff having safe access only.

#### **Medicine disposal**

Parents/carers are asked to collect out-of-date medication. If this does not occur, medication should be taken to a pharmacy for disposal. Suzanne Cook is responsible for checking dates of medication and arranging disposal if any have expired. This check should occur three times a year and be documented.

#### **Staff Training**

The school will organise certified paediatric first aid training on a regular basis to ensure staff are able to manage the medical conditions of pupils (see Appendix 5 for list of first aiders).

Training will be sought for Teachers and support staff where non-routine administrations of medicine are required, through the School's Health Service.

Southwark School Nursing Service  
Sunshine House  
27 Peckham Road  
SE5 8UH  
Number: 0203 049 7356  
Mobile Number: 07796 613 881  
Team number- 0203 049 8559

All staff with appropriate accredited paediatric first aid training should wear a first aid kit during the playground duties and when supporting children offsite.

#### **Staff protection**

"Universal precautions" and common sense hygiene precautions will minimise the risk of infection when contact with blood or other bodily fluids is unavoidable.

- Always wear gloves.
- Wash your hands before and after administering first aid and medicines.
- Use the hand gel provided.

#### **Record keeping/Documentation**

The following lists are forms of written documentation that are maintained in school:



- Centralised register of children with medical needs
- Class register of medical needs kept in SEND files
- Enrolment forms: should highlight any health condition
- Request to administer medicines at school form located in the school office and a copy kept with the medicine
- Record of medicine administered kept in the school office
- Log of training relevant to medical conditions maintained by Head of School
- List of staff who completed paediatric first aid training maintained by Head of School and poster around the school list names of the first aiders. (Appendix 5)
- Individual Healthcare plans: For children with medical conditions giving details of individual children's medical needs at school. Central copy in the school office and kept with medicine. Parents/carers keep a copy and Class Teacher has a copy in SEND file.
- All staff must protect a pupil's confidentiality.
- Photographs of children with more severe medical conditions kept on door in the staff room, in the school office and also in the school kitchen.

### **Emergency procedures – See Appendix 2 & 3**

When there is a concern regarding an adult or child who has had an accident or become ill, a trained First Aider should check the patient before taking further action.

If it is not an emergency and in the case of a child, parent/carers should be contacted and asked to take the child to the GP or A&E if they think fit. Where it involves a member of staff, they should receive support from another adult.

Where it is deemed an emergency, a member of staff (usually the Admin Assistant) will call for an ambulance.

Ambulance control will need as much information about the casualty as possible:

- Name
- DOB
- Suspected injury/illness
- Level of consciousness
- School address and contact information

**Copies of IHC plans/parental applications for administration of medication should be given to the paramedics. They should be informed of any medication that has been administered.**

The child's parent/carer should be called immediately to accompany the casualty to hospital (or next of kin where a member of staff is involved). If a parent/carer is unavailable immediately, then a member of staff needs to accompany the child in the first instance. Another member of staff should follow the ambulance to support the first member of staff and bring them back to school once parents/carers or other relatives have arrived in hospital.

**Medi-alerts** (bracelets/necklaces alerting others to a medical condition)

Children should where possible wear medi-alerts which are safe during practical activities and games, such as silicone bands. If medi-alerts are a potential source of injury in games or practical activities they should be removed or covered during those activities.

#### **Impaired mobility**

Providing the GP or hospital consultant has given approval, children can attend school with plaster casts or crutches. There will be obvious restrictions on games and on some practical work to protect the child (or others). This includes outside play. Some relaxation of normal routine in relation to times of attendance or movement around the school may need to be made in the interests of safety.

#### **Employee's medicines**

Staff and other employees may need to bring their own medicine into school. They have clear personal responsibility to ensure that their medication is not accessible to children.

#### **Complaints**

Should parents/carers be dissatisfied with the support provided to meet their child's medical needs they should discuss their concerns directly with the Executive Head Teacher or Head of School.

If for whatever reason this does not resolve the issue, they may make a formal complaint via the school's complaints procedure.



**Dog Kennel Hill Primary School**  
**Parental Application and agreement for School to administer medicine**

**Pupil Details:**

Name:	
Date of birth:	
Year group/class:	
Medical condition or illness:	

**Medicine**

Name/type of medication ( <i>as described on the container</i> )	
Date dispensed:	
Expiry date:	
For how long will your child take this medication:	

**FULL DIRECTIONS FOR USE:**

Dosage and amount (as per instructions on container):	
Timing:	
Special precautions/other instructions:	
Any possible side effects that they school/setting needs to know about?	
Self-administration: Yes/No	
Procedures to take in an emergency:	
<b>NB: Medicines must be in the original container as dispensed by the pharmacy</b>	

**Contact Details**

Name:	Daytime telephone no:
Relationship to child:	Address:

**Parent/Carer consent.** Please read and sign

*(NB: This task is being undertaken voluntarily and in a general spirit of care and concern. We will make every effort to administer this medication on time and as required. The member of staff responsible can make no absolute guarantees, and may decline to accept responsibility once they have read these instructions. If so you will be informed immediately.)*

The above information is to the best of my knowledge accurate at the time of writing and I give consent to school staff to administer medicine in accordance with the school policy. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medication is stopped.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Relationship to pupil: \_\_\_\_\_

Staff Member Signature: \_\_\_\_\_



### Contacting emergency services

**The school office will call the Emergency Services at the direction of a first aider.**

### Medical Emergency Procedures

#### Contacting Emergency Services

Dial 999, ask for an ambulance speak clearly and slowly and be ready to repeat information if asked. Provide the following information:

1. Your telephone number – 020 7274 1829
2. Give your location as follows:
  - State the postcode: SE22 8AB
  - State the address: Dog Kennel Hill Primary School, East Dulwich, London.
  - Provide the exact location of the patient within the school setting
3. Give your name.
4. Give the name of the person needing help.
5. Give a brief description of the person's symptoms (any known medical condition and inform them of any emergency medication administered or procedures followed).
6. Inform the Ambulance Control of the best entrance to use and state that the crew will be met at this entrance and taken to the student.
7. Do not hang up until the information has been repeated back to you.
8. Ideally the person calling should be with the child, as the emergency services may give first aid instruction.
9. Never cancel an ambulance once it has been called.



## Ambulance Call Plan

For Accidents, serious medical or life-threatening situations dial 999 and ask for an ambulance.  
The ambulance operator will require:  
**The location**  
**(where an ambulance and possibly other fast response vehicles are required).**

### If not with the Patient

- Confirmation of telephone number and location
- Age
- Conscious
- Breathing
- If illness related do they have chest pains
- If trauma/injury related to bleeding

### If with the patient

- Confirmation of telephone number and location
- Diagnosis/nature of the problem
- Then guided by emergency medical dispatcher

Help will be with the patient as soon as possible

### Ambulance Control Arrival

If the child/patient needing the ambulance has an **Individual Health Care Plan** a copy of the plan should be available for the ambulance crew along with details of any **medication administered** and any emergency medication that may be needed or the empty pack if it has been administered.

School Office staff will provide the ambulance crew full information on the student available from the school office.



**Individual Healthcare Plan**

Name of school/setting	
Child's name	
Group/class/form	
Date of birth	
Child's address	
Medical diagnosis or condition	
Date	
Review date	

**Family Contact Information**

Name	
Phone no. (work)	
(home)	
(mobile)	
Name	
Relationship to child	
Phone no. (work)	
(home)	
(mobile)	

**Clinic/Hospital Contact**

Name	
Phone no.	

**G.P.**

Name	
Phone no.	

Who is responsible for providing support in school	
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Describe medical needs and give details of child's symptoms, triggers, signs, treatments, facilities, equipment or devices, environmental issues etc

Name of medication, dose, method of administration, when to be taken, side effects, contra-indications, administered by/self-administered with/without supervision

Daily care requirements

Specific support for the pupil's educational, social and emotional needs

Arrangements for school visits/trips etc

Other information

Describe what constitutes an emergency, and the action to take if this occurs

Who is responsible in an emergency (*state if different for off-site activities*)

Plan developed with

Staff training needed/undertaken – who, what, when

Form copied to



### Current First Aiders in the school

Name	Qualification	Expiry Date
Chris Waldron	Paediatric First Aid	20/10/2018
Sue Nind	Paediatric First Aid	20/10/2018
Lynn Mullings	Paediatric First Aid	20/02/2021
Carl Rochford	First Aid at work	03/10/2020
Krystal Jackson	Emergency First Aid at work (Schools)	19/05/2019
Mica Corlis	Emergency First Aid at work (Schools)	19/05/2019
Grace Omolaiye	Emergency First Aid at work (Schools)	19/05/2019
Lynn Parrott	Emergency First Aid at work (Schools)	19/05/2019
Barbara Gustaffe	Emergency First Aid at work (Schools)	19/05/2019
Noah Tesfamariam	Emergency First Aid at work	25/02/2021
Sam Soobhee	Emergency First Aid at work	25/02/2021
Silvia Harsanyova	Emergency First Aid at work	25/02/2021
Suzanne Cook	Emergency First Aid at work	18/03/2021
Tracy Stewart	Emergency First Aid at work	22/03/2021





Dear Parent/carer,

#### DEVELOPING AN INDIVIDUAL HEALTHCARE PLAN FOR YOUR CHILD

Thank you for informing us of your child's medical condition. I enclose a copy of the school's policy for supporting pupils at school with medical conditions for your information.

A central requirement of the policy is for an Individual Healthcare Plan to be prepared, setting out what support each pupil needs and how this will be provided. Individual Healthcare Plans are developed in partnership between the school, parents, pupils and the relevant healthcare professional who can advise on your child's case. The aim is to ensure that we know how to support your child effectively and to provide clarity about what needs to be done, when and by whom. Although Individual Healthcare Plans are likely to be helpful in the majority of cases, it is possible that not all children will require one. We will need to make judgements about how your child's medical condition impacts on their ability to participate fully in school life and the level of detail within plans will depend on the complexity of their condition and the degree of support needed.

A meeting to start the process of developing your child's Individual Health Care Plan has been scheduled for xx/xx/xx. I hope that this is convenient for you and would be grateful if you could confirm whether you are able to attend. The meeting will involve [the following people]. Please let us know if you would like us to invite another medical practitioner, healthcare professional or specialist and provide any other evidence you would like us to consider at the meeting as soon as possible.

If you are unable to attend, it would be helpful if you could complete the attached Individual Health Care Plan template and return it, together with any relevant evidence, for consideration at the meeting. I [or another member of staff involved in plan development or pupil support] would be happy for you contact me [them] by email or to speak by phone if this would be helpful.

Yours Sincerely,





## Health Protection for schools, nurseries and other childcare facilities

### Exclusion table

Infection	Exclusion period	Comments
Athlete's foot	None	Athlete's foot is not a serious condition. Treatment is recommended.
Chicken pox	Five days from onset of rash and all the lesions have crusted over	
Cold sores (herpes simplex)	None	Avoid kissing and contact with the sores. Cold sores are generally mild and heal without treatment
Conjunctivitis	None	If an outbreak/cluster occurs, consult your local HPT
Diarrhoea and vomiting	Whilst symptomatic and 48 hours after the last symptoms.	See section in chapter 9
Diphtheria *	Exclusion is essential. Always consult with your local HPT	Preventable by vaccination. Family contacts must be excluded until cleared to return by your local HPT
Flu (influenza)	Until recovered	Report outbreaks to your local HPT.
Glandular fever	None	
Hand foot and mouth	None	Contact your local HPT if a large numbers of children are affected. Exclusion may be considered in some circumstances
Head lice	None	Treatment recommended only when live lice seen
Hepatitis A*	Exclude until seven days after onset of jaundice (or 7 days after symptom onset if no jaundice)	In an outbreak of hepatitis A, your local HPT will advise on control measures
Hepatitis B*, C*, HIV	None	Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contact. Contact your local HPT for more advice
Impetigo	Until lesions are crusted /healed or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period.
Measles*	Four days from onset of rash and recovered	Preventable by vaccination (2 doses of MMR). Promote MMR for all pupils and staff. Pregnant staff contacts should seek prompt advice from their GP or midwife
Meningococcal meningitis*/ septicaemia*	Until recovered	Meningitis ACWY and B are preventable by vaccination (see national schedule @ <a href="http://www.nhs.uk">www.nhs.uk</a> ). Your local HPT will advise on any action needed
Meningitis* due to other bacteria	Until recovered	Hib and pneumococcal meningitis are preventable by vaccination (see national schedule @ <a href="http://www.nhs.uk">www.nhs.uk</a> ) Your local HPT will advise on any action needed
Meningitis viral*	None	Milder illness than bacterial meningitis. Siblings and other close contacts of a case need not be excluded.
MRSA	None	Good hygiene, in particular handwashing and environmental cleaning, are important to minimise spread. Contact your local HPT for more information
Mumps*	Five days after onset of swelling	Preventable by vaccination with 2 doses of MMR (see national schedule @ <a href="http://www.nhs.uk">www.nhs.uk</a> ). Promote MMR for all pupils and staff.

Infection	Exclusion period	Comments
Ringworm	Not usually required.	Treatment is needed.
Rubella (German measles)	Four days from onset of rash	Preventable by vaccination with 2 doses of MMR (see national schedule @ <a href="http://www.nhs.uk">www.nhs.uk</a> ). Promote MMR for all pupils and staff. Pregnant staff contacts should seek prompt advice from their GP or midwife
Scarlet fever	Exclude until 24hrs of appropriate antibiotic treatment completed	A person is infectious for 2-3 weeks if antibiotics are not administered. In the event of two or more suspected cases, please contact local health protection
Scabies	Can return after first treatment	Household and close contacts require treatment at the same time.
Slapped cheek /Fifth disease/Parvo virus B19	None (once rash has developed)	Pregnant contacts of case should consult with their GP or midwife.
Threadworms	None	Treatment recommended for child & household
Tonsillitis	None	There are many causes, but most cases are due to viruses and do not need an antibiotic treatment
Tuberculosis (TB)	Always consult your local HPT BEFORE disseminating information to staff/parents/carers	Only pulmonary (lung) TB is infectious to others. Needs close, prolonged contact to spread
Warts and verrucae	None	Verrucae should be covered in swimming pools, gyms and changing rooms
Whooping cough (pertussis)*	Two days from starting antibiotic treatment, or 21 days from onset of symptoms if no antibiotics	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your local HPT will organise any contact tracing

**\*denotes a notifiable disease. It is a statutory requirement that doctors report a notifiable disease to the proper officer of the local authority (usually a consultant in communicable disease control).**

Health Protection Agency (2010) Guidance on Infection Control in Schools and other Child Care Settings. HPA: London.

## Appendix 10

### **Infectious Diseases and Pregnant staff**

If a pregnant member of staff develops a rash or is in direct contact with someone with a rash who is potentially infectious, she should consult her doctor or midwife.

### **Chickenpox**

Chickenpox can affect the pregnancy if a woman has not already had the infection. The GP and midwife should be informed promptly. A blood test may be arranged to check immunity if it isn't already known. Shingles is caused by the same virus as chickenpox therefore anyone who has not had chickenpox is potentially vulnerable to the infection if they have close contact with a case of shingles.

### **Measles**

Measles during pregnancy can result in early delivery or even loss of the baby. If a pregnant woman is exposed, the midwife should be informed immediately. All female staff under the age of 25 years, working with young children, should have evidence of 2 doses of MMR vaccine or a positive history of measles.

### **Rubella (German measles)**

If a pregnant woman comes into contact with German measles she should inform her GP and midwife immediately. The infection may affect the developing baby if the woman is not immune and is exposed in early pregnancy.

All female staff under the age of 25 years, working with young children, should have evidence of 2 doses of MMR vaccine or a positive history of Rubella.

### **Slapped cheek disease (Parvovirus B19)**

Slapped cheek disease (Parvovirus B19) can occasionally affect an unborn child if exposed early in pregnancy. The pregnant woman should inform their midwife promptly.

## Appendix 11

### List of notifiable diseases

Diseases notifiable to local authority proper officers under the Health Protection (Notification) Regulations 2010:

- Acute encephalitis
- Acute infectious hepatitis
- Acute meningitis
- Acute poliomyelitis
- Anthrax
- Botulism
- Brucellosis
- Cholera
- Diphtheria
- Enteric fever (typhoid or paratyphoid fever)
- Food poisoning
- Haemolytic uraemic syndrome (HUS)
- Infectious bloody diarrhoea
- Invasive group A streptococcal disease
- Legionnaires' disease
- Leprosy
- Malaria
- Measles
- Meningococcal septicaemia
- Mumps
- Plague
- Rabies
- Rubella
- Severe Acute Respiratory Syndrome (SARS)
- Scarlet fever
- Smallpox
- Tetanus
- Tuberculosis
- Typhus
- Viral haemorrhagic fever (VHF)
- Whooping cough
- Yellow fever

Report other diseases that may present significant risk to human health under the category 'other significant disease'