



# DOG KENNEL HILL PRIMARY SCHOOL

## Physical Education

### Intent, Implementation and Impact Statement

At DKH, we thrive to develop pupils' confidence in a wide range of physical activities and encourage physical health so that it forms a central part of pupils' lives both in and out of school. We offer a broad and balanced PE curriculum aimed at developing fundamental movement skills and teamwork and giving all pupils, irrespective of their academic or physical ability, the opportunity to discover and develop their physical potential.

#### Intent

We believe that it is important for pupils to develop good physical health and mental wellbeing. We provide children with opportunities to gain knowledge in how to sustain a healthy lifestyle. Our curriculum inspires our pupils by providing them with high-quality lessons, as well as a range of sporting opportunities. Pupils are provided with opportunities to learn new skills and develop a passion for a wide range of sports and games.

Using the key value to underpin our teaching approach; we develop knowledge, improve fitness and sporting skills. We provide pupils with opportunities to develop positive attitudes towards physical activity and increasing their performance as individuals and through collaborative teamwork.

Our aims from the national curriculum are to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

We do this through providing a rich, relevant and engaging curriculum. We ensure that all students are challenged to achieve their potential, work collaboratively and become resilient learners. Within Physical Education, we strive towards growing pupils' confidence, developing their own views and embodying both our school and British values. We provide challenges, enjoyable lessons, enriching opportunities and raise cultural capital through: invasion games (football, tag rugby), net & wall games (basketball, tennis), strike and field games (cricket), gymnastics, dance, swimming, multi skills and OAA (Outdoor and Adventurous Activities).

#### Implementation

In EYFS, as part of the EYFS Framework, children improve their physical development through the 'moving and handling' and 'health and self-care' strands of the curriculum. EYFS also participate in a weekly Physical Education session with our specialist PE Coach. In KS1 and KS2, we use plans created by The PE & School Sports Network to support the teaching and delivery of the National PE Curriculum.

As Physical Education is a legal requirement, we ensure its prominence across the school through providing pupils with a minimum of two hours of PE, weekly. We also ensure there is a range of cross-curricular opportunities through extracurricular activities. We provide pupils in KS2 regular with opportunities to develop their swimming and catch up sessions for those who have not reached 25 metres by Year 6. We offer our pupils the opportunity to develop their fitness through participation of the daily mile, KS1 aiming for half a mile and KS2 the full mile.

We provide pupils with a variety of extra-curricular activities as well as opportunities to attend competitive sporting events. We employ an inclusive approach to support physical development as well as pupils' mental well-being. Participation in these events also develop teamwork and leadership skills, which are very much enjoyed by the pupils. We currently have an outside agency Team Get Involved (TGi) coming in to facilitate



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games at lunchtime with KS2 pupils, through this we can ensure that our pupils' are provided with the opportunity to develop their sporting skills during lunch times.

Knowledge organisers reflect the progression of each area of the curriculum. For each topic, these include key vocabulary, what children already should know, what they will know by the end of the topic and pictures/diagrams. During our first lesson, we spend time to discuss the knowledge organisers. Knowledge Organisers support pupils to integrate new information into existing schemas thereby aiding retention and retrieval and securing 'sticky knowledge'.

### Impact

We measure the impact of the curriculum through pupils acquiring age-appropriate knowledge and having the skills to develop their own learning. We develop pupils that enables students to take responsibility for their own fitness, physical and mental wellbeing and many may participate and be successful in competitive sports.

Through the delivery of our PE curriculum, we provide pupils with:

- Knowledge and understanding about physical education
- A wide-range of sporting skills
- Necessary skills for competitive sport
- Rich Physical Educational vocabulary
- High sporting aspirations
- Passion, enthusiasm and enjoyment of PE
- The skills and knowledge to live happy and healthy lives.

We regularly reflect on the standards across year groups to support and challenge pupils. We celebrate the children's learning and successes. Through tracking standards termly, we use these assessments and feedback to update planning and identify and address barriers. We strive to ensure that pupils achieve highly, embody our core values and have a deep knowledge and understanding of Physical Education.