

## Dog Kennel Hill Primary School - Physical Education

**Topic: Rounders**

**KS1**

**Strand: Striking Games– Batting & Bowling**

### What should I already know?

- The ability to accurately roll a ball towards a target.
- To know how to send and stop a ball.

### What will I know by the end of the unit?

End of Key stage expectations

- Can you bowl underarm?
- Can you vary the speed when bowling underarm?
- Can the bowler, bowl the ball on the opposite side to which the batter is striking the ball?
- Do you aim when you are bowling?
- Can you stop the ball with your hands?
- Can you return the ball quickly to the bowler or wicketkeeper?
- Can the bowler outwit the batter?

### Vocabulary

Bowl	Stopping a moving object without it touching the group and keeping hold of it.
Fielders	Team trying to stop the batters scoring rounders
Posts	At the corners of the pitch for batters to run around and fielders to stump
Stump	Fielders need to touch the ball against the post to get batters out
Rounder	Batters runs all the way around all 4 posts in one go.
No-Ball	Ball is bowled below the knee or above the head of the batter. The bowler steps out of
Wide	Ball is bowled wider than the batting square

### Diagram / information

#### **Bowling**

An underarm action is needed from box to box. The ball must NOT bounce between bowler and batter. You can step into the bowl (as long as you stay in the box) to generate more power. The ball must reach the front of the batting square above the batters knees but below their head.

#### **Striking/Batting**

Stand sideways on to the bowler Keep your batting arm at a right angle As you take your weight onto your back leg, bend your back knee straightening your front leg Keep your eye on the ball at all times As you bring your arm forwards to contact the ball transfer your body weight onto the front leg Direct the ball and follow through where you want the ball to go

#### **Fielding**

Fielders on posts must stay on the inside of them. Batters must run around the outside of each post,



# Dog Kennel Hill Primary School - Physical Education

**Topic: Rounders**

**KS2**

**Strand: Striking Games– Batting & Bowling**

## What should I already know?

- Can you bowl underarm?
- Can you vary the speed when bowling underarm?
- Can the bowler, bowl the ball on the opposite side to which the batter is striking the ball?
- Do you aim when you are bowling?
- Can you stop the ball with your hands?
- Can you return the ball quickly to the bowler or wicket-keeper?
- Can the bowler outwit the batter?

## What will I know by the end of the unit?

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| End of Key stage expectations | <ul style="list-style-type: none"> <li>• Can pupils hit the ball on both sides of their bodies into space away from fielders?</li> <li>• Can pupils direct the ball away from fielders into space, varying the speed and angles at which they strike the ball?</li> <li>• Do pupils change the way they are batting depending on the game situation?</li> <li>• Can pupils plan to outwit the opposition as a team?</li> <li>• Can pupils apply pressure to the fielders when batting?</li> <li>• Do pupils communicate with their batting partner when batting?</li> <li>• Can pupils adjust their shot selection based on where the</li> </ul> |
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## Vocabulary

Bowl	Stopping a moving object without it touching the group and keeping hold of it.
Squares	Batter and Bowling areas.
Fielders	Team trying to stop the batters scoring rounders
Posts	At the corners of the pitch for batters to run around and fielders to stump
Stump	Fielders need to touch the ball against the post to get batters out
Underarm Throw	Used to propel an object over a short distance accurately
Overarm Throw	Used when propelling an object for distance and/or speed
Innings	The whole team bats.
Rounder	Batters runs all the way around all 4 posts in one go.
No-Ball	Ball is bowled below the knee or above the head of the batter. The bowler steps out of
Wide	Ball is bowled wider than the batting square

## Diagram

