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| **Year 2: Autumn 1 Animals Including Humans** |
|  hygieneA balanced dietlifecycles | **Vocabulary**animaloffspringdietexercisehygienebasic needssurvivallife cycle |
| **What I already know:** |
| Year 1* Identify and name a variety of common animals that are carnivores, herbivores and omnivores.
* Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
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| **What I will learn now:** |
| **Year 2*** Notice that animals, including humans, have offspring, which grow into adults.
* Find out about and describe the basic needs of animals, including humans, for survival (water, food and air).
* Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.
 | **Key facts*** All living things grow and reproduce (make more of themselves)
* Some offspring look similar to their parents, but some do not
* All animals, including humans, need food, water and air to survive
* Humans need a balanced diet to be healthy
* Humans need to exercise to be healthy
* Exercise helps to build strong bones, strong muscles and good posture (standing straight and tall)
* Good personal hygiene is important to stop us spreading germs and diseases to other people.
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| **What I will learn next:** |
| Year 3* Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat.
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