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| **Year 2: Autumn 1  Animals Including Humans** | | |
| hygiene  A balanced diet  lifecycles | | **Vocabulary**  animal  offspring  diet  exercise  hygiene  basic needs  survival  life cycle |
| **What I already know:** | | |
| Year 1   * Identify and name a variety of common animals that are carnivores, herbivores and omnivores. * Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. | | |
| **What I will learn now:** | | |
| **Year 2**   * Notice that animals, including humans, have offspring, which grow into adults. * Find out about and describe the basic needs of animals, including humans, for survival (water, food and air). * Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene. | **Key facts**   * All living things grow and reproduce (make more of themselves) * Some offspring look similar to their parents, but some do not * All animals, including humans, need food, water and air to survive * Humans need a balanced diet to be healthy * Humans need to exercise to be healthy * Exercise helps to build strong bones, strong muscles and good posture (standing straight and tall) * Good personal hygiene is important to stop us spreading germs and diseases to other people. | |
| **What I will learn next:** | | |
| Year 3   * Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat. | | |