



Thought of the Week

Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world. – Harriet Tubman

A Message from our Head of School

Dear Parents and Carers,

This week started with **Mental Health Awareness Day** and it was wonderful to see so many of our pupils (and parents too) taking part in **#HelloYellow**. Our school assembly explored what the words *mental health* meant and ways in which we could support each other and contribute to the each other's well-being in some way. During the day, pupils were provided with a few moments of mindfulness and yellow playdough. You can see some of Elm Class's creations [here](#).

We were also very excited to take part in the **Fantastic Fred Experience** on Friday. The Fantastic Fred Experience helped communicate the message of the importance of Mental Health in a fun and engaging way, so that pupil's learning can also carry on at home.

I would like to ask parents and carers to please help the school by remembering that DKH is part of a community and **park considerably**. When parents and carers park inconsiderately, which includes parking in private spaces, on double yellow lines or in areas which are not for public parking, this creates difficulties for the school who then has to manage complaints and frustration from its neighbours.

On a much happier note, I am so excited to share that the Friends of DKH have announced that **Apple Day** is taking place on **Friday 21st October at 3:15pm**. Apple Day is a special DKH tradition which includes fun for the whole family with the addition of lots of delicious cakes and bakes. Please see the poster on the fourth page of this newsletter for more information.

Beech Class love healthy eating and as part of their topic on healthy eating, they had an absolutely yummy time making some deliciously healthy wraps filled with a plethora of fresh vegetables, some of which were grown in our very own allotment! You can see more in the gallery [here](#).

Finally, I am pleased to announce a series of **Open Days** for prospective new parents to learn about the fantastic provision we have to offer at DKH. If you have friends or family who are looking for nursery or reception places, please let the know that can choose a date and book a slot using [this link](#).

Wishing our school community a restful weekend.
Barbara Ghezzi

Punctuality Matters

Good punctuality at school is essential for children to achieve their **full educational potential** and form **good habits in later life**. We are required to record children who arrive late on the register, along with how many minutes late they are. If you need support to improve your child's punctuality, **Ms Nichols can offer support**.



Autism Support Parents Coffee Morning

There will be a coffee morning at Rotherhithe Primary school on **Thursday 20th October 2022**. You are welcome to join this **informal and friendly coffee morning with Blagoje Vucinic (Mr B)**, Autism Post Diagnosis Support Worker from Autism Support Team.

This is a great opportunity for parents of children with Autistic Spectrum Disorder(ASD) to ask questions about the diagnosis, to discuss practical strategies for meeting the needs of their children, to meet other parents, to share information and experiences, or simply just to listen.

To book your place please complete the registration form: [HERE](#)

Please arrive ten minutes before the event to sign in.



Take a Moment to Breathe

Willow Class have been taking time to be mindful and practise their breathing with some pupils spotted taking a spontaneous **brain break** during playtime. Taking a few deep breaths is a good practise for all of us and we could learn a bit from these pupils. Well done Willow Class!





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Dates for the Diary



17.10.22	Year 3 Classical Road Show
19.10.22	Palm Class Multiskills workshop
24.10.22 – 28.10.22	Half Term
31.10.22	Children return to school
09.11.22	Parent Evening
09.11.22	Yoga and Mindfulness Workshop (Beech, Willow, Eucalyptus, Reception, Sycamore, Hazel)
10.11.22	Parent Evening
11.11.22	Armistice Day
11.11.22	School Disco
14.11.22	Anti-Bullying Week
15.11.22	Flu Vaccinations
16.11.22	Yoga and Mindfulness Workshop (Beech, Willow, Eucalyptus, Reception, Sycamore, Hazel)
21.11.22	Copoiera and Mindfulness Workshop (Maple, Palm, Elder, Nursery, Beech, Elm)
23.11.22	Yoga and Mindfulness Workshop (Beech, Willow, Eucalyptus, Reception, Sycamore, Hazel)
28.11.22	Copoiera and Mindfulness Workshop (Maple, Palm, Elder, Nursery, Beech, Elm)
08.12.22	Christmas Jumper Day
08.12.22	Christmas Dinner

Attendance

Caterpillar	90.23%	Eucalyptus	94.64%
Willow	94.33%	Sycamore	92.83%
Elder	92.93%	Hazel	93.66%
Palm	97.27%	Elm	96.98%
Beech	92.74%	Maple	89.89%

Star of the Week!



We would like to recognise the children who have been great examples of our school values and have shown true commitment to their learning. Well done!

Nursery	Matsan , for always helping to look after our classroom environment Yemaya , for being a kind to new friends
Reception	Ainhoa , for always showing respect to others and to our classroom resources. Phoenix-Rose for her making great progress with her phonics!
Willow	Eliz , for her huge efforts in her writing this week. Aro , for always listening to adults and modelling respect for everyone.
Elder	Ioan , for showing respect to other children and adults, but also school and class room equipment Madina , for answering maths questions in full sentences.
Palm	Hannah , for showing great respect to all the teachers in the classroom and around the school. Zaccari , for super listening to instructions.
Beech	Austin , showing respect by listening to the opinions of others and responding in a thoughtful way Layla , for responding to feedback in such a positive way.
Eucalyptus	Chikamso , for her fantastic work ethic! Kaychanel , for her enthusiasm for learning music.
Sycamore	Lady , for respecting the options of fellow peers with a positive attitude. Miguel , for his continuous perseverance to achieve his best in all subjects.
Hazel	George , for his consistent respectful manner in and out of class. Fatima , for her amazing maths work with addition and subtraction.
Maple	Nya-Mai , for being a responsible and independent learner. Selorm , for consistently being respectful to all adults and peers.
Elm	Anya , for always valuing and appreciating others in a respectful way Kendeh , for understanding the importance of the Underground Railroad by designing a patchwork quilt using the relevant codes/symbols

Charles's Friday Facts

Did you know that the ancient Greeks thought amber was pure, solid sunlight?

Did you know that if an insect gets stuck in amber when it is still sticky, it will get trapped when the amber hardens?

You can learn more about amber [here](#).

By Charles, Year 4



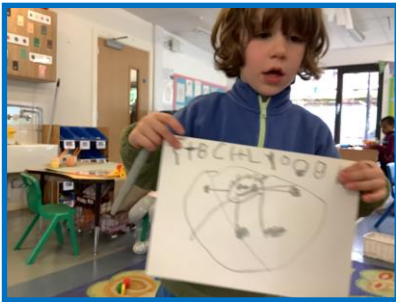
If your child is good with deadlines and would like to contribute to the newsletter, please speak with Barbara Ghezzi, Head of School.

We love LEARNING

"Trip, trap, trip, trap ... who's that trip trapping over my bridge!"

This week Caterpillar Class have been reading the story *The Three Billy Goats Gruff*. We used a story map to learn and orally re-tell the story. Then we described the troll and drew our own pictures, using our sounds to label them.

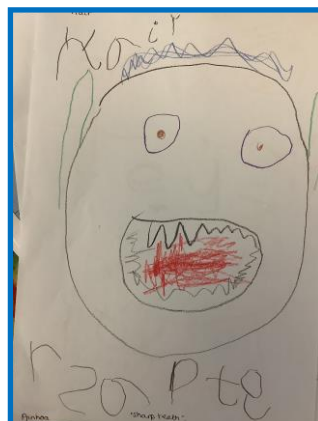
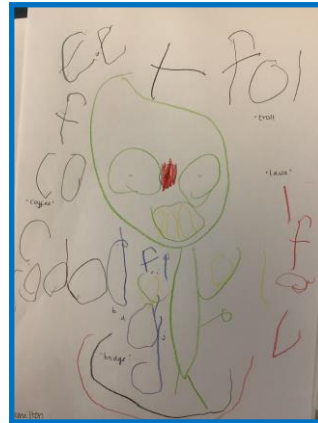
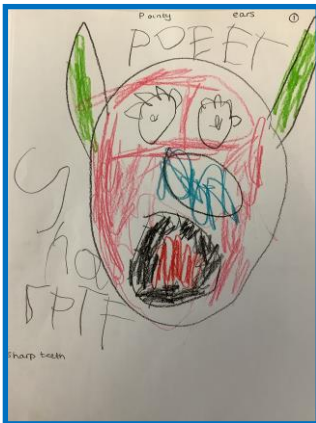
We brought the story to life by making masks, building bridges, and re-telling the story with our friends. We received a letter from the Three Billy Goats tell us that the Troll had knocked down their bridge, so we set to work making new bridges and making signs telling that mean, angry troll he was not allowed in our class! Please come and tell us if you see that Troll around the school ...



"We don't want that Troll in our school, we want to keep our school safe!" Isaiah

"That Troll is mean; he can't come in!" Jedell

"The Troll has sharp point teeth, like triangles!" Claude



APPLE DAY



**FRIDAY 21 OCTOBER
3.15PM**

make
FRESH APPLE JUICE

play
APPLE GAMES

have
YOUR FACE PAINTED

eat
CAKE AND BISCUITS
(DONATIONS NEEDED. PLEASE BRING TO
OFFICE OR STALL ON THE DAY)



CONKER CHAMPIONSHIP

(CONKERS WILL BE SUPPLIED OR BRING YOUR OWN)



LET'S ROCKET THURSDAY 3rd NOVEMBER 2022

Join us in bringing November in with a bang!! Let's Rocket is a cracker of a meal celebrating Bonfire Night and Diwali - The Festival of Light.

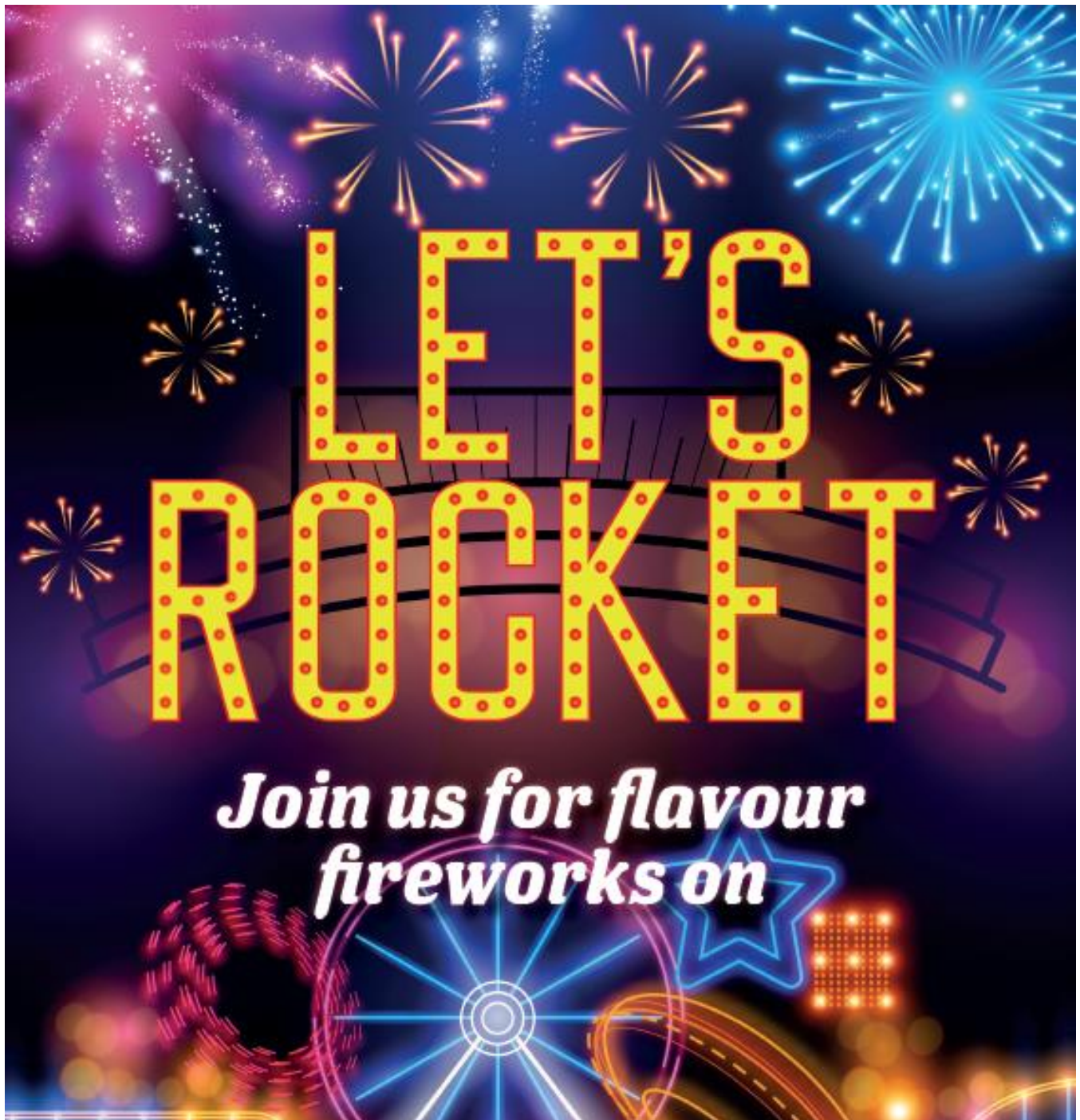
MENU

Sausages and Mash
(plant based option available)
Baked Beans, Peas and Carrots
Sticky Toffee and Banana Pudding

or

Ginger and Orange Cake

(If your child does not normally have a school lunch and would like to join in with this cracker of a meal, please let the school office know.)





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National Sleep Helpline

The National Sleep Helpline is a wonderful **free** resource that can help parents and children to learn more about their sleep and develop better bedtime routines.

Sleep is essential to brain function and by helping children to sleep better, we can help them to succeed in school.

Please do contact them to see how they can support your child's bedtime routine.



Liz Wilson

Helpline Team Leader

Helpline Number: 03303 530 541

thesleepcharity.org.uk



Winner of The Queen's
Award for Voluntary
Service 2020



Lambeth Wind Orchestra

Our very own **Mr Wales** and **Mrs Omoniyi** will be playing with the Lambeth Wind Orchestra this **Saturday, 15th October**.

Lambeth Wind Orchestra is excited to present an entertaining concert of music ideal for children of primary school age, but younger and older children are welcome as well.

They will begin with 'Flourish' by Vaughan Williams. Then they will play a series of pieces to introduce the many and varied instruments in a Wind Orchestra, with pieces showcasing the brass, the winds, and George Gershwin's 'I Got Rhythm', featuring the saxophones.

There will be music from The Incredibles and the musical *Into The Woods* as well as Pharrell William's 'Happy', and Philip Sparke's music for the Orient Express.

Venue: St Faith's, Red Post Hill, North Dulwich

Time: 3.30-4.30pm

Tickets available at the door, £10 full price / £5 concessions

ALL PROFITS TO BENEFIT THE ROYAL BRITISH LEGION LONDON POPPY APPEAL



We're
Going on a
Bear Hunt

THE FILM: LIVE IN CONCERT

SATURDAY NOVEMBER 5TH 2022 AT 1PM, 3PM, 5PM

REGENT HALL, 275 OXFORD STREET, LONDON

A 40-piece Orchestra of the Household Division accompanying the animated classic!
With a fun introduction to the music and singalongs to George Ezra's theme song "Me & You"



SCAN ME FOR
INFO & TICKETS!