



Thought of the Week

If you are neutral in situations of injustice, you have chosen the side of the oppressor. If an elephant has its foot on the tail of a mouse, and you say that you are neutral, the mouse will not appreciate your neutrality. - Desmond Tutu

A Message from our Head of School

Dear Parents and Carers,

It has been a busy week at DKH with children taking part in activities to celebrate **Maths Week** as well as **Anti Bullying Week**.

At DKH we have a zero approach to bullying and work with pupils and families to address any concerns. We have found when children start to access technology and social media, that occasionally some children are not as kind to each other as they should be. **Cyber-bullying** is defined as "ongoing hurtful behaviour towards someone online". Cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health. In support of Anti-Bullying Week, we've provided a list of tips to help parents and carers know what to look for and how to respond to it. **Please see the guide, on page 5** of this newsletter where you will find tips such as playing online games with your child, talking about your child's online life and being prepared to listen without showing any judgement or criticism.

Maths Week was enjoyed by all and it was lovely to see children challenging themselves and having fun with maths. **Beech Class** took part in the Lego Challenge, working together to see how tall a tower they could build in just 5 minutes. You can see their brilliant efforts [here](#). **Reception** took part in the whole school *Don't Roll a 6 Challenge*. You can see them [here](#)!

Our green fingered gardeners in **Palm Class** had loads of fun despite the weather and you can see more [here](#).

Wishing our school community a peaceful weekend.

Barbara Ghezzi



We are delighted to announce that **class assemblies** will resume in the Spring Term. These

assemblies are a great way for children to showcase their learning to their parents and carers. Assemblies will take place in the **lower hall at 9:15**.

Maple Class	25 th January 2023
Elm Class	26 th January 2023
Hazel Class	1 st February 2023
Sycamore Class	2 nd February 2023
Palm Class	1 st March 2023
Eucalyptus Class	2 nd March 2023
Beech Class	8 th March 2023
Elder Class	15 th March 2023
Willow Class	16 th March 2023
EYFS	29 th March 2023

School Council

Once again, every class from Year 2 to Year 6 has chosen two representatives to form our school council. This was followed by a whole school election to choose the chairperson. Congratulations to **Hannah** from **Maple Class** who was voted as the 2022-2023 school council chairperson and **Jeremiah** who was voted as deputy chairperson.

Our new school council are already hard at work making a difference for the school. We have met with Leoca from **School Food Matters**, and let her know all about what we like to eat at lunch. We have lots to tackle this year - and there may even be a trip coming up soon!

This years school council representatives are:

Elder Class	Chelsea and Kamron
Beech Class	Elijah and Yva
Palm Class	Dylan and Z'Niyah
Eucalyptus Class	Emmie and Kojo
Sycamore Class	Ameen and Hillary
Hazel Class	George and Qing
Maple Class	Hannah and Joel
Elm Class	Jeremiah and Melody



Anti-Bullying Week

It was great to see everyone in their **odd socks** on Monday, reinforcing the message that we are all unique and special!

Eucalyptus Class created a **special message** for Anti-Bullying Week. I think you will agree that they did an exceptional job of sharing this very important message. You can see their special message [HERE](#).



Dates for the Diary



21.11.22	Copoiera and Mindfulness Workshop (Maple, Palm, Elder, Nursery, Beech, Elm)
23.11.22	Yoga and Mindfulness Workshop (Beech, Willow, Eucalyptus, Reception, Sycamore, Hazel)
23.11.22	Nursery and sibling photographs
24.11.22	Reception to Year 6 photographs
28.11.22	Copoiera and Mindfulness Workshop (Maple, Palm, Elder, Nursery, Beech, Elm)
05.12.22	EYFS Performance
06.12.22	Year 3 and 4 Performance
06.12.22	Reception and Year 6 height and weight check
07.12.22	Year 5 and 6 Performance
08.12.22	Christmas Jumper Day & Christmas Dinner
09.12.22	Year 1 and 2 Performance
09.12.22	Christmas Fair
13.12.22	Year 1 and 2 multiskills workshop
14.12.22	Interactive Christmas performances
14.12.22	Class Parties
16.12.22	Last day of term. 2pm finish
02.01.23	Bank Holiday
03.01.23	Inset Day
04.01.23	Children return to school for Spring Term
25.01.23	Maple Class Assembly
26.01.23	Elm Class Assembly

Attendance

Caterpillar	81.48%	Eucalyptus	95.79%
Willow	93.25%	Sycamore	95.63%
Elder	96.67%	Hazel	92.59%
Palm	98.52%	Elm	98.29%
Beech	95.06%	Maple	88.04%

Star of the Week!



We would like to recognise the children who have been great examples of our school values and have shown true commitment to their learning. Well done!

Nursery	Ashley , for her bravery in starting at a new school. Daud , for his fantastic talking.
Reception	Hamilton , for his fantastic independent writing! Jaheim B , for always looking out for others and being a caring friend.
Willow	Misola , for her amazing effort and concentration in her assessments this week. Egra , for trying her best no matter how difficult a task is and always persevering.
Elder	Madina , for showing courage and 'having a go' at some tricky Maths and English work, and becoming less worried about making mistakes. O'Shea , for trying his best at all times and in every subject.
Palm	Tara , for showing great courage at swimming this week. Austin , for showing fantastic empathy towards his classmates.
Beech	Summer , for fantastic behaviour for learning at the Tate and created some great sketches too! Adam , for really working hard to improve his handwriting
Eucalyptus	Niah , for her courage in speaking at the front of our book assembly. Vanessa , for her focus on her sketch book during our Tate Modern trip.
Sycamore	Brooklyn , for demonstrating courage in tackling his assessments after being unwell. Amyah , for her brilliant dedication to the presentation of her work.
Hazel	Trevane , for his fantastic streak of 60 out of 60 in his times table tests! Aaron A , for engaging in lots of reading consistently at home!
Maple	Bola , for always taking considered risks without any fear of doing so. Fatima , for always being able to articulate herself when answering a question or in class discussions.
Elm	Bella , for being exceptionally helpful in the classroom Arazu , for consistently working hard and for being a fantastic role model.

Charles's Friday Facts

Did you know a Lyle's flying fox has a wingspan of 90 centimetres?
Did you know that bats are the only mammals that can fly?

You can learn more about bats [here!](#)

If your child is good with deadlines and would like to contribute to the newsletter, please speak with Barbara Ghezzi, Head of School.



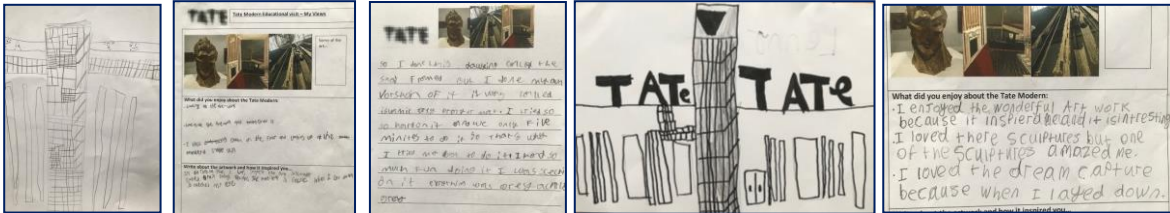
By Charles, Year 4

We love LEARNING

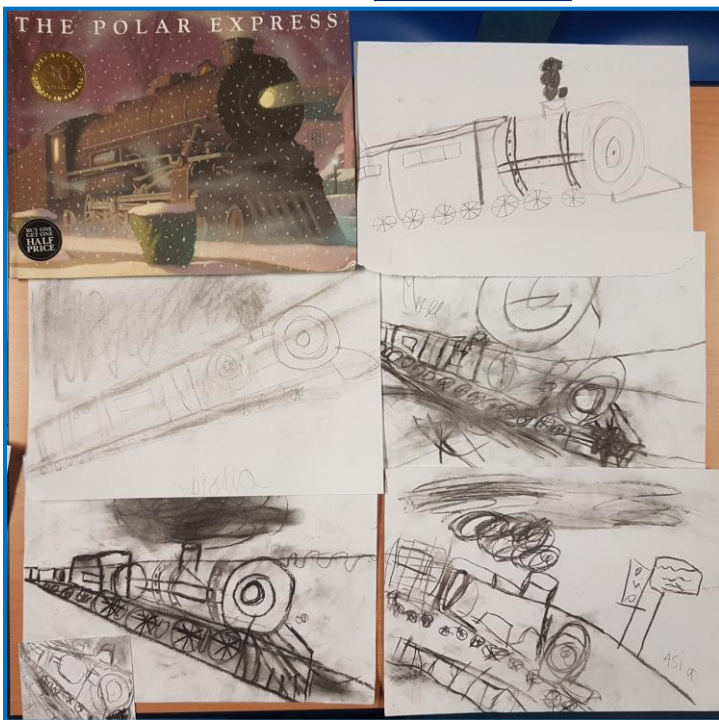
This week, Year 3 and 4 classes set off on a fabulous art adventure, which took them to the Tate Modern to see the "BRAIN FOREST QUIPU" created by Chilean artist and poet Cecilia Vicuña.

Cecilia Vicuña's Brain Forest Quipu is a multi-part installation made up of sculpture, sound, music and video.

Beech Class wrote about their experience and made some sketches of some of the elements of this incredible exhibit, which you can see them [here](#) and below.

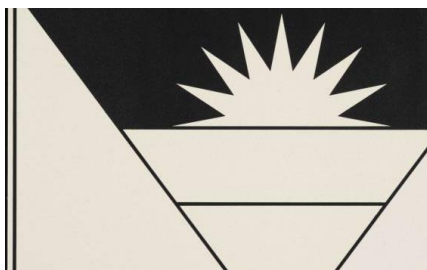


Palm Class have been learning about depth perception in art. Here you can see a collection of some of their very creative pieces. Soon, Years 3 and 4 will be singing songs and performing their Christmas show. Can you guess which film has inspired them?



Eucalyptus Class designed flags inspired by Fred's Wilson's flag artwork which they saw at the Tate Modern. They noticed the common elements flags used in their designs. Fred Wilson's colourless versions allowed them to focus on the geometric properties of the flags.

David's design has four stars representing being in Year 4; blue for the air, green for plants and yellow for light; and a silhouette of, the eucalyptus tree. This fantastic design is now the Eucalyptus Class flag!





**FLASH
SALE**

Lettsom Allotments Christmas Sale



Saturday, 26th November 2022

11am-3pm in Lettsom Gardens, SE5

Buy stocking fillers with homemade preserves, chutneys, tinctures and more.



Raffle prize - a fabulous foodie hamper of allotment goodies.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5767 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0808 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National
Online
Safety®

#WakeUpWednesday



Dear Parent and Carers,

Over the Christmas break children generally spend more time online and we would like to help you keep them safe digitally by inviting you to an

Online Safety Webinar.

You are invited to attend a FREE Online Safety Webinar

Hosted by the online safety experts at Natterhub, this webinar is a great opportunity to pick up tips that you can easily apply at home.

Attendance is completely free, simply watch LIVE on YouTube using this link
(no login required).

[Link to Watch](#)

Tune in **December the 1st at 7pm**

Using the link <https://youtu.be/jyUj6zW55T8>.

natterhub
preparing children to thrive online

Have the conversation before someone else does.

FREE Online Safety Webinar for Parents

FRI
9
DEC

3.15-5.30PM



WE NEED YOUR HELP!

CAN YOU OR THE COMPANY YOU WORK FOR DONATE A PRIZE
OR VOUCHER FOR OUR RAFFLE?
PLUS WE ARE LOOKING FOR DONATIONS OF TEDDYS (WASHED),
TOYS, GAMES, GIFT SETS! PLEASE BRING TO THE PLAYGROUND
OR OFFICE BETWEEN 28 NOV TO 5 DEC
AND YOUR FESTIVE BAKES ON FRI 9 DEC!

WANT TO GET INVOLVED?
EMAIL FRIENDS@DKH.SOUTHWARK.SCH.UK