



Thought of the Week

Stars do not pull each other down to be more visible; they shine brighter.
— Matshona Dhlwayo

A Message from our Head of School

Dear Parents and Carers,

Our assembly this week looked at the remarkable life of **Mary Seacole** and how she embodied all of our school values, particularly resilience, which is our value of the week. You can learn more about Mary Seacole using [this link](#).

December is right around the corner, rehearsals are in full swing and children are excitedly preparing for their winter performances. Please see below for a list of class performance dates and times.

EYFS	Monday 5 th December	at 14:30
Year 1 and 2	Friday 9 th December	at 09:15
Year 3 and 4	Tuesday 6 th December	at 09:15
Year 5 and 6	Wednesday 7 th December	at 9:15

Children are very much looking forward to sharing their hard work with you and we hope you can join them and enjoy their festive performances.

During the performance we will be accepting donations on the door. Any **donations will be gratefully received** and go towards providing additional, enriching activities for pupils at DKH.

Finally, our children's health and their safety is very important to us. This is why DKH take part in the **STARS TfL Community Project**. This project encourages parents and children to use active travel. By decreasing the number of cars we decrease pollution as well as help our children reap the benefits of a more active lifestyle. Please follow this [link](#) to complete a very short google form and share with us how we can make active travel even easier for you and your child!

Wishing our school community a peaceful weekend.
Barbara Ghezzi

News from the DKH School Council

Our school council has been working extra hard to get the message out that the **Southwark Foodbank Project** needs our help.

Southwark Foodbank has communicated with the school council that they are in **urgent needs** of the following items:



WE ARE COLLECTING:

Tinned Meat
Tinned Tomatoes
Tinned Fruit
Tinned Rice Pudding
Pasta Sauce
Juice Cartons (1 ltr)
Toilet Rolls

Donations from our school community will be collected at the front office.

Before the end of the year, school council will then deliver these to the Southwark Food Bank.



Staying Safe On-Line

Messaging apps such as **WhatsApp**, on social media and in online games, are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

In the guide on **page 6**, you'll find tips on a number of potential risks such as bullying, inappropriate content and unknown members. Staying safe on line is also a part of the school curriculum and is taught as part of the computing and PSHE curriculum.





DKH Newsletter 25th November 2022



Dates for the Diary



28.11.22	Copoiera and Mindfulness Workshop (Maple, Palm, Elder, Nursery, Beech, Elm)
05.12.22	EYFS Performance
06.12.22	Year 3 and 4 Performance
06.12.22	Reception and Year 6 height and weight check
07.12.22	Year 5 and 6 Performance
08.12.22	Christmas Jumper Day & Christmas Dinner
09.12.22	Year 1 and 2 Performance
09.12.22	Christmas Fair
13.12.22	Year 1 and 2 multiskills workshop
14.12.22	Interactive Christmas performances
14.12.22	Class Parties
16.12.22	Last day of term. 2pm finish
02.01.23	Bank Holiday
03.01.23	Inset Day
04.01.23	Children return to school for Spring Term
17.01.23	Road Safety Training Years 3 and 4
18.01.23	Road Safety Training Years 3 and 4
25.01.23	Maple Class Assembly
26.01.23	Elm Class Assembly
13.02.23 – 17.02.23	Half Term
20.02.23	Children return to school

Attendance

Caterpillar	86.77%	Eucalyptus	93.76%
Willow	94.05%	Sycamore	97.78%
Elder	91.11%	Hazel	98.61%
Palm	97.78%	Elm	94.87%
Beech	96.71%	Maple	90.74%

Star of the Week!



We would like to recognise the children who have been great examples of our school values and have shown true commitment to their learning. Well done!

Nursery	Amelia , for showcasing her resilience! Adesuwa for her fantastic writing!
Reception	Da'Shae , for working hard to become a resilient learner! Shyanna , for always bring a positive attitude to our classroom!
Willow	Sofia , for always telling herself that she can do it and trying her best to challenge herself. Tasnim , for her hard work and effort to listen and make strides in her learning.
Elder	River , for being a great learner, listening carefully and showing great focus. Kieron , for making a big effort to improve the quality and quantity of his work with good results. Well done Kieron, keep it up!
Palm	Maile , for an inspiring mood board in art. Joel , for working hard to understand what he needs to do and showing great resilience in every lesson.
Beech	Wa'Yante , for all round fantastic focus for all of his learning. Shamira , for showing resilience in her maths learning this week.
Eucalyptus	Alhaji , for his wonderful contributions to our discussion on adverbials! Shamsudeen , for his positivity and dedication in our music lessons.
Sycamore	Tomray , for being super resilient to distractions within the classroom. Fantastic work! Imrich , for his determination to achieve his best in all lessons. You are a superstar
Hazel	Aaron T , for his outstanding and positive attitude towards his learning keep it up Aaron! Gabriel , for his continuous resilient outlook on his learning and never giving up when tasks can occasionally be tricky!
Maple	Taliah , for good work in understanding about the components of the blood. Izaiah , for always dealing positively with any changes and finding strategies to solve problems.
Elm	Shyeme , for following the class rules and working so hard in all areas of his learning. Solomon , for working so hard this week and using the text to justify inferences in reading.

Charles's Friday Facts

By Charles, Year 4

Did you know that a flying fish can glide over 4 football pitches?
Did you know that flying fish are the only fish that can fly?

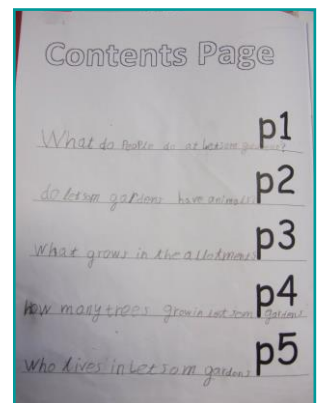
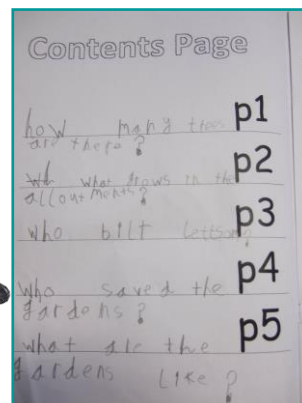
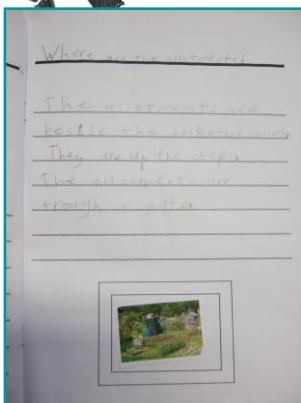
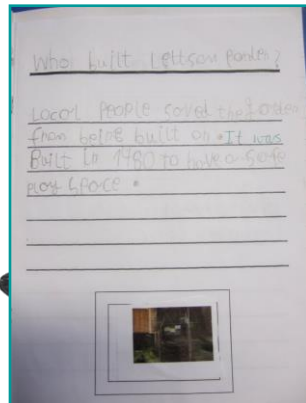
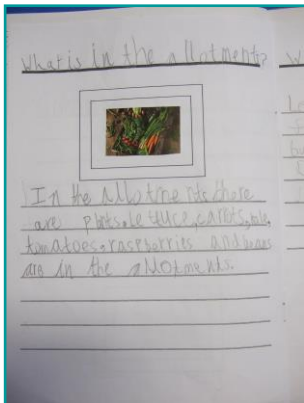
You can learn more about flying fish [here!](#)

If your child is good with deadlines and would like to contribute to the newsletter, please speak with Barbara Ghezzi, Head of School.



We love LEARNING

Elder Class have been reading *A Walk in London* by Salvatore Rubbino. We have been taking our own walk in Lettsom Gardens as part of our English topic. We thought about questions that we would want to know the answers to if we did not know about the Gardens. Then we used those questions as subtitles for our own information booklets. We wrote factual statements from our research and from our visits to the gardens, and then completed our booklets with a contents page and photographs.



School Food Matters

In afterschool club on Tuesday, all children had the opportunity to engage in food preparation and use their senses to taste vegetables such as sugar snap peas and an orange bell peppers. This opportunity was part of the [Healthy Zones project](#) delivered by School Food Matters which is helping to transform the afterschool club menu and to open children's world to new foods.

In the club, children helped chop and grate carrots, peppers, spring onions, fresh coriander, cucumber and garlic for a rainbow fried rice and cucumber and corn salad. Everyone enjoyed getting involved in making their own dish and everyone was brave enough to engage with different vegetables – even if it was only touching and smelling them! Well done to everyone who got involved.



Coming Soon!

Our **Flags of the World** display is coming soon! Look out for this amazing new display, which will take pride of place at the main entrance of our school. Inspired by the work of artist **Yinka Shoniba** who was commissioned to create the magnificent "Nelson's Ship in a bottle", which can be seen at The National Maritime Museum in Greenwich.

Our display will house flags created by our children signifying the many countries and cultures that come together to create a **multi-cultural, diverse school community**. We have taken a few pictures of some of the flags created so far by our talented children, for you to see [here!](#)

We will share more information with you when it is time to launch this magnificent new piece.



In Other News...

Today was our last yoga and mindfulness workshop. You can see **Beech Class** relaxing their body and mind [here](#).

Edible Rotherhithe and Palm Class

made some mouth-watering fruit salads! The children were tasked with deciding which fruit they would like to add to their fruit salad and then design a colourful recipe card. Of course, sampling their work was the best part! You can see more [here!](#)

If you are a keen gardener and have time to support a gardening club, please let Barbara Ghezzi know. We would love to make gardening available to even more of our pupils.



**FLASH
SALE**

Lettsom Allotments Christmas Sale



Saturday, 26th November 2022

11am-3pm in Lettsom Gardens, SE5

Buy stocking fillers with homemade preserves, chutneys, tinctures and more.



Raffle prize - a fabulous foodie hamper of allotment goodies.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.





Dear Parent and Carers,

Over the Christmas break children generally spend more time online and we would like to help you keep them safe digitally by inviting you to an

Online Safety Webinar.

You are invited to attend a FREE Online Safety Webinar

Hosted by the online safety experts at Natterhub, this webinar is a great opportunity to pick up tips that you can easily apply at home.

Attendance is completely free, simply watch LIVE on YouTube using this link
(no login required).

[Link to Watch](#)

Tune in **December the 1st at 7pm**

Using the link <https://youtu.be/jyUj6zW55T8>.

natterhub
preparing children to thrive online

Have the conversation before someone else does.

FREE Online Safety Webinar for Parents

FRI
9
DEC

3.15-5.30PM



WE NEED YOUR HELP!

CAN YOU OR THE COMPANY YOU WORK FOR DONATE A PRIZE
OR VOUCHER FOR OUR RAFFLE?
PLUS WE ARE LOOKING FOR DONATIONS OF TEDDYS (WASHED),
TOYS, GAMES, GIFT SETS! PLEASE BRING TO THE PLAYGROUND
OR OFFICE BETWEEN 28 NOV TO 5 DEC
AND YOUR FESTIVE BAKES ON FRI 9 DEC!

WANT TO GET INVOLVED?
EMAIL FRIENDS@DKH.SOUTHWARK.SCH.UK