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| **Year 5: CWP RSE**  Puberty |
| **Vocabulary**  Puberty, Physical changes  Emotional changes, Moods  Menstrucation, Periods  Tampons, Sanitary towels  Wet dreams, Semen  Erection  Sweat  Breasts  Spots  Pubic hair, Facial hair  Underarm hair |
| **What I already know:** |
| Year 4   * That puberty is an important stage in the human lifecycle * That some changes happen during puberty * That physical and emotional changes happen in puberty * That children change into adults to be able to reproduce if they choose to * That respect is important in all relationships including online * That friendships can me people feel unhappy or uncomfortable |
| **What I will learn now:**   * To explore the emotional and physical changes occurring in puberty * To understand male and female puberty changes in more detail * To explore the impact of puberty on the body and the importance of physical hygiene * To explore ways to get support during puberty |
| **What I will learn next:** |
| Year 6   * To consider puberty and reproduction * To explore the importance of communication and respect in relationships * To consider different ways people might start a family * To explore positive and negative ways of communicating in a relationship |