

**Year 3: Autumn 1**  
Being me in my world



**Valued-**  
something that is special and treasured



**Personal Goal** - Setting targets and challenges for yourself to achieve a personal goal



**Praise** - A compliment for something you did well



**Jigsaw Charter**  
- class rules or promises



**Achievements** - things you have achieved or done well



**Solutions** - The answer to a problem

**Vocabulary**

- Valued
- Achievements
- Personal Goal
- Praise
- Fears
- Worries
- Solutions
- Rights
- Responsibilities
- Learning Charter
- Rewards
- Consequences
- Co-Operate

**What I already know:**

Year 2

- To understand what it means to belong.
- To understanding what it means to feel safe and happy in my class.
- To understanding rights and responsibilities.

**What I will learn now:**

**Knowledge**

- To understand that they are important
- To know what a personal goal is
- To understanding what a challenge is
- To know why rules are needed and how these relate to choices and consequences
- To know that actions can affect others' feelings
- To know that others may hold different views
- To know that the school has a shared set of values

**Social and emotional skills:**

- To recognise self-worth
- To identify personal strengths
- To be able to set a personal goal
- To recognise feelings of happiness, sadness, worry and fear in themselves and others
- To make other people feel valued
- To develop compassion and empathy for others
- To be able to work collaboratively

**What I will learn next:**

Year 4

- To learn what it means to be in a team.
- To talk about attitudes, actions and effects on whole class.
- To discuss democracy and the different roles people can have to make collective decisions and deal with conflict.