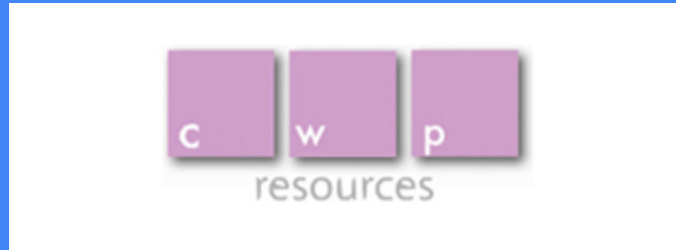


Relationships & Sex Education



Parent Meeting

Aims of this meeting

To share our approach to the teaching of RSE

To share Christopher Winter lesson resources

To listen to any concerns and answer any questions that you may have

To share the National Curriculum guidance around the teaching of RSE

Government Rational

Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching '**relationships and health education**' on GOV.UK.

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.



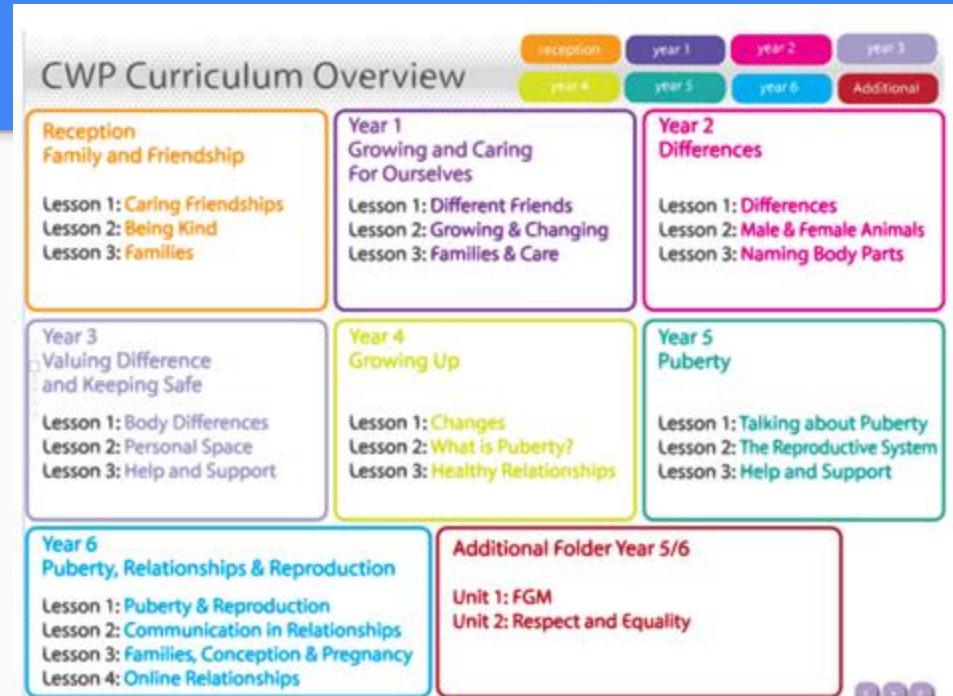
By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

About the Christopher Winters Project

CWP have trained teachers in PSHE Education since 1995. They have used classroom-based experience to design age-appropriate resources for the teaching of Relationships & Sex Education.

CWP lessons focus on families, relationships, safeguarding/keeping children safe and include additional units on Respect and Equality. It equips children and young people with the information, skills and positive values required to be confident in themselves; have safe, fulfilling relationships; and to take responsibility for their health and well-being.



How will my child be taught RSE?

In a sensitive, age-appropriate way.

Through careful planning that will enable children to acquire knowledge and develop life skills and respectful attitudes and values

By being medically and factually correct.

In an inclusive way – accepting of faith, culture and gender identity.

By setting ground rules so that children feel confident to engage in discussions and ask questions.

By considering and respecting the attitudes and values of students and a range of other significant groups in society.

What is the right age to start teaching RSE?

Children are interested in the human body, where babies come from and the differences between girls and boys from a young age – it is natural for children to be curious and ask questions.

Children will take in information around them about sex and relationships from a young age even if no-one talks to them about it. Many of the things they pick up are incorrect and confusing.

For this reason it is important that:

- Schools teach factual and age-appropriate information.
- Parents and carers answer questions that their children have to help them make sense of what they hear or learn.
- The teaching of RSE allows us to safeguard children from abusive or unhealthy relationships online or in person.

Risks of online exposure

In the age of the internet, children have the potential to be exposed to inappropriate and incorrect information online relating to sex and relationships.

It is important to consider whether you would prefer children to learn about RSE online and through conversations with peers, or from a teacher delivering carefully designed and age appropriate lessons.

We talk regularly with our children about staying safe on the internet and we strongly suggest parental locks on phones and ipads that children use.

Will my children learn about same-sex relationships?

Yes. We have a duty to comply with the Equality Act and ensure that we are being inclusive to all our children.

There is equality in the law for opposite and same sex couples. The Equality Act 2010 states that 'Schools must accurately state the facts about marriage of same-sex couples under the law of England and Wales, in a way that is appropriate to the age, level of understanding and awareness of pupils.

Will my children learn about LGBT?

Relationships Education prepares children for the world they are growing up in and it is important to teach respect for all other people. This includes respecting people from other religions, ethnic backgrounds or sexual orientations.

DKH is committed to protecting children and families against discrimination, whether knowing or unintentional. This includes discrimination against people's religion, culture or sexuality, to name just a few of the Protected Characteristics in the Equality Act.

Government guidance strongly encourages and enables schools to teach LGBT content, in the context of different types of families.

Withdrawing your child from Sex Education Lessons

Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Your child's primary school can choose to teach Sex Education. If you'd like to know more about this, we recommend speaking to the school to understand what will be taught and when. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.



Department
for Education

RSE Information Video

Please click on the play button below to watch. If you have any questions regarding the RSE Curriculum, please feel free to contact us.



Download Centre:

Please click on the links below for more.

PSHE/SMSC/RSE

At DKH Primary, we provide a wide range of opportunities for children to develop as confident, successful learners with high aspirations who are able to make positive contributions to their community and beyond. As well as ensuring both coverage and progression, the curriculum is thoughtfully designed to provide broad, balanced, deep and contextualised learning experiences.

The school is inclusive and provides a stimulating environment that meets the needs of all learners. Pupils at all levels are helped to achieve their potential irrespective of their starting points.

SMSC – Social, Moral, Spiritual and Cultural:

The overarching ethos of the school that encompasses personal development

PSHE – Personal Social Health Economic Education – the curriculum:

A curriculum through which children learn skills they need to have a healthy, safe and prosperous life beyond school.

RSHE – Relationship, Sex and Health Education:

A curriculum through which children explore the emotional, social and physical aspects of growing up. They learn about positive relationships, growth and changes, as well as physical and mental health.

Please use this time to have a look at the lesson plans for the CWP

Year 3: CWP RSE Valuing Difference and Keeping Safe
Vocabulary Stereotypes, Gender roles, Similar, Different, Male, Female, Private Parts, Penis, Testicles, Vagina, Vagina, Uterus, Family, Fostering, Adoption, Relationship
What I already know: Year 2 <ul style="list-style-type: none"> That some people have fixed ideas about what girls and boys can do To describe the difference between female and male babies Describe some of the differences between male and female animals That making a new life need a male and a female Describe the physical differences between males and females To name the different body parts
What I will learn now: <ul style="list-style-type: none"> To identify that people are unique and to respect those differences To explore the differences between male and female bodies To consider appropriate and inappropriate physical contact and consent To explore different types of families and who to go to for help and support
What I will learn next: Year 4 <ul style="list-style-type: none"> To explore the human lifecycle To identify some issues that arise about puberty To explore how puberty is linked to reproduction To explore consent in a range of relationships To discuss the importance of healthy relationships

CWP Curriculum Overview				
reception	year 1	year 2	year 3	
year 4	year 5	year 6	Additional	
Reception Family and Friendship Lesson 1: Caring Friendships Lesson 2: Being Kind Lesson 3: Families	Year 1 Growing and Caring For Ourselves Lesson 1: Different Friends Lesson 2: Growing & Changing Lesson 3: Families & Care	Year 2 Differences Lesson 1: Differences Lesson 2: Male & Female Animals Lesson 3: Naming Body Parts	Year 3 Valuing Difference and Keeping Safe Lesson 1: Body Differences Lesson 2: Personal Space Lesson 3: Help and Support	Year 4 Growing Up Lesson 1: Changes Lesson 2: What is Puberty? Lesson 3: Healthy Relationships
Year 5 Puberty Lesson 1: Talking about Puberty Lesson 2: The Reproductive System Lesson 3: Help and Support	Year 6 Puberty, Relationships & Reproduction Lesson 1: Puberty & Reproduction Lesson 2: Communication in Relationships Lesson 3: Families, Conception & Pregnancy Lesson 4: Online Relationships	Additional Folder Year 5/6 Unit 1: FGM Unit 2: Respect and Equality		