



#### A Message from our Deputy Headteacher

#### **Dear Parents and Carers,**

We have come to the end of the Summer Term and we have had such an eventful last few weeks! We wanted to take this opportunity to bid a farewell to some of our Staff Members who are moving on at the end of this Academic Year.

Firstly, we wanted to say a massive goodbye to **Ms Mabre-Rose Serfontein** who has been with our school for many years! She had returned to DKH, but had relocated at the start of this academic year and has been travelling a great distance to remain teaching Oak Class, seeing out their final year. Ms Serfontein has now found a position in a school closer to home. She will be a huge asset to her new school and we wish her the absolute best!

Secondly, we are bidding farewell to **Ms Georgina Davison.** She has worked within the Early Years as our Nursery teacher and Forest School teacher for a number of years! We wish her all the best as she continues onto her next adventure as a teacher at a Children's Centre with a Nursery provision!

We also want to say a huge thank you to **Mr Montell Williams**, who is our Physical Education and Sports Clubs coach. Next academic year, Millwall will be our PE and Club provider and so we will be bidding farewell to Mr Williams. We want to thank you for providing the children with fantastic engaging PE lessons! We wish you all the best!

We will also be sharing some exciting updates in a special Summer Newsletter, which will be emailed out later today!





#### **Sports Day!**

This week, **Key Stage 1 and Key Stage 2** had their Sports days! The events were held at Alleyns' School sports fields and organised and hosted by **Miss Sarah Butler**. A huge thank you to Miss Butler and all the staff and volunteers who were involved in creating such an incredible day! A special thank you to the **Year 6's** who supported in the running of the events for Years 1, 2 and 3. You all showed incredible sportsmanship!

















































































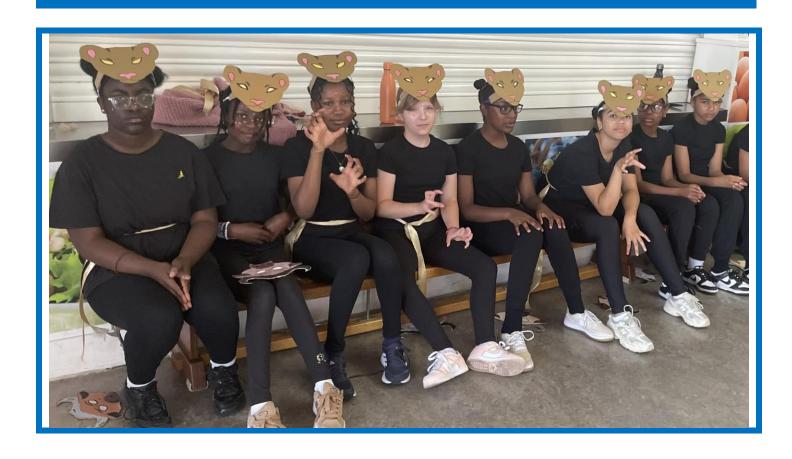
#### **Year 6 Performance**

Wow! What a performance! This Tuesday, Year 6 performed an incredible version of the Lion King! A huge congratulations to the whole of Year 6 on their admirable performances, combining drama, dance and singing! The set and props were also incredible! A massive thank you to everyone who supported in the preparations, Ms Mabre-Rose Serfontein, Miss Roshni Rahman, Ms Rosina Wilhelm, Miss Katie Lucas, Ms Anastasia Brown to name but a few! You should all be incredibly proud!





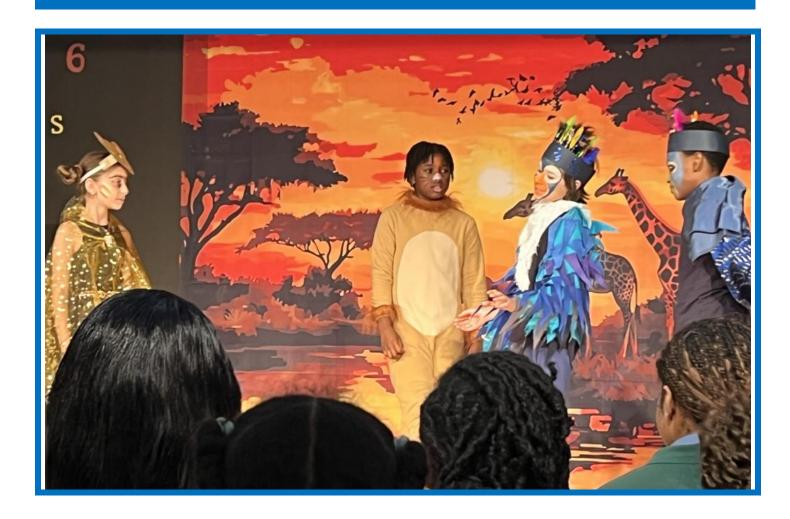






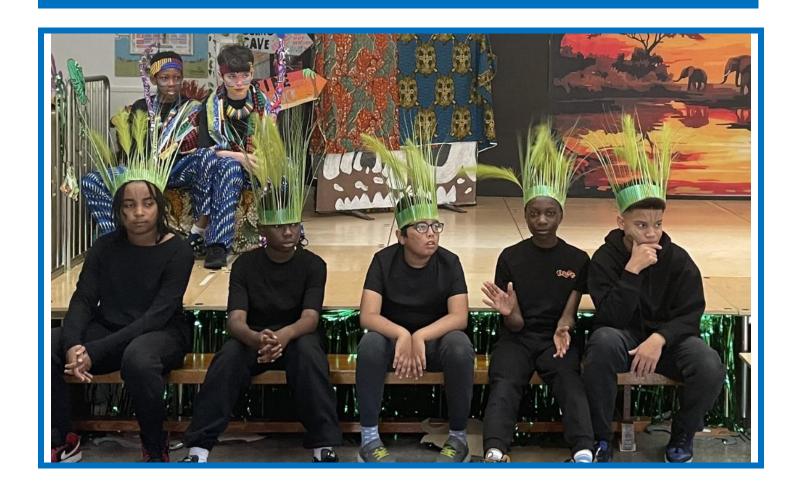
















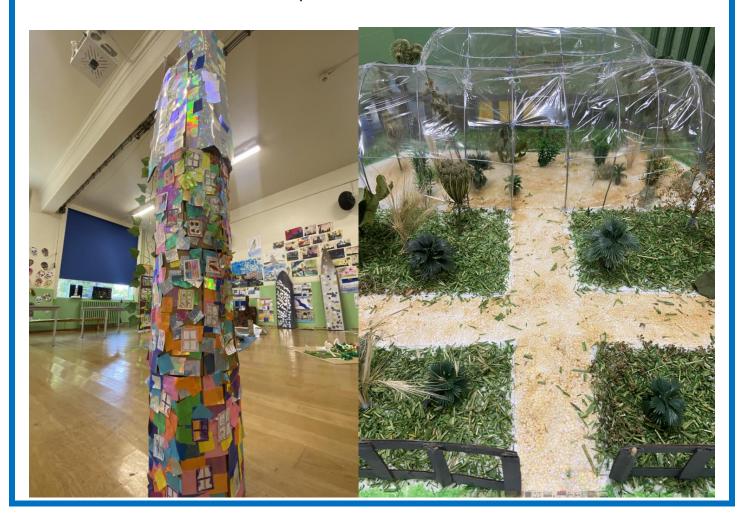






#### **Art Exhibition**

On Thursday and Friday, we hosted an Art Exhibition put together by Ms Marie Kelly-Roberts and the Art Ambassadors. They collated pieces of artwork from Nursery to Year 6 and showcased the incredible creations the children had been working on during Art Week! A huge thank you to Ms Marie Kelly-Roberts for your hard work in instilling such a love of Art for the children and cultivating such a wonderful presentation of Arts across the school!

































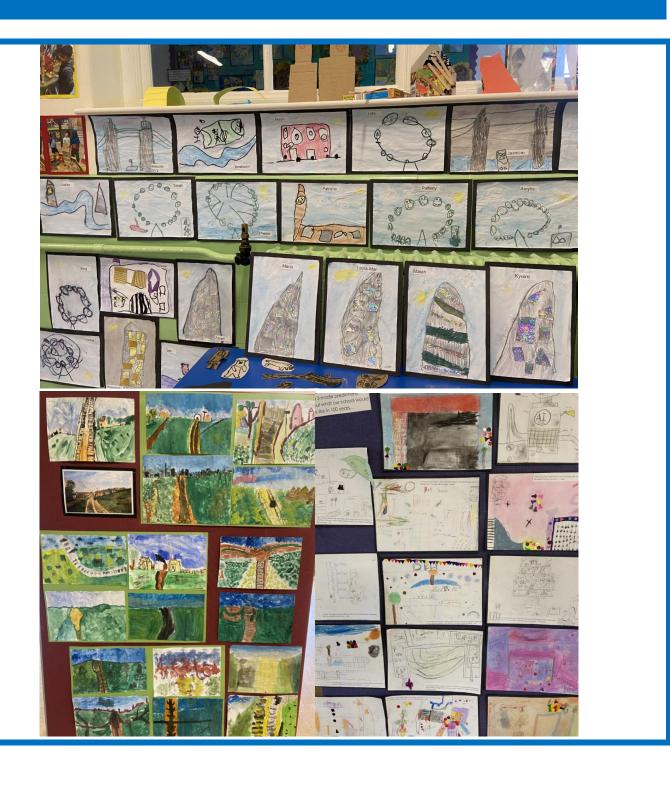
































#### **Makaton Sign of the Week**

Makaton is a language with speech, signs and symbols used to support people who have difficulty communicating. We teach it to all of our children and staff so that we can become even more inclusive as a school. This week our Makaton sign is 'Summer'.



Summer



#### **Stars of the Week**

We would like to recognize the children who have been great examples of our School values and have shown a true commitment to their learning. Well done!

true commitment to their learning. Well done!			
Nursery	Rafferty is our star of the week this		
	week for his independent maths.		
Reception	Huxley - having an incredible year		
	at DKH! WE WILL MISS YOU!		
	Fredel - being an excellent role		
	model in the classroom this year.		
Willow	Tristan for giving his best go at		
	every work station and having a		
	great sports day!		
	Yzabella for checking on her friends		
	throughout the whole of sportsday!		
Elder	Liam & Isaiah for super sewing!		
	Very neat stitching for our DT		
	project making felt pouches.		
Beech	Eliza for always putting her best		
	foot forward in everything she does		
	at school.		
	Lia for showing resilience and good		
	sportsmanship on Sports Day.		
Cedar	Iar Urian and Sofie for excellent		
	classroom behaviour this week!		
Hazel	All of Hazel Class for being a		
	fantastic class to teach this year.		
	Keep up the hard work, resilience		
	and focus for Year 6. Well done!!		
Maple	The entire Year 6 cohort. The		
Oak	performance of the Lion King was		
	sensational!		









# **Dates for your Diary**

18/07/2025	Year 1 Willow Class Trip to Peckham Plex		
22/07/2025	Last Day of School		
02/09/2025	First Day back for the children		
20/10/2025-	October Half term		
31/10/2025			







# Dog Kennel Hill Adventure Playground

#### Summer Holidays!

DKHAP is a free playground for 8 – 15 year olds/ Under 8s are welcome if accompanied by a grown-up.

> We are open weekdays 23<sup>rd</sup> July - 29<sup>th</sup> August 11am - 6pm

(not open bank holiday Mondays)

Arts & Crafts
Mural creating
Bag making
Painting
Knitting for beginners

Archery Football Roller-skating

plus all the usual free style adventurous play!

#### FREE FILM MAKING WORKSHOP Monday 4<sup>th</sup> August

11am - 4pm

Join filmmakers Mike & Sophie to play with cameras and contribute to a documentary about the Adventure Playground!

Book required: email info@dkhap.org to register.

Get in touch: info@dkhap.org.uk Find Us: Dog Kennel Hill, SE22 8AA, next to Sainsburys







# SUMMER\* HOLIDAY CAMP



#### **COME LEARN, PLAY AND MAKE NEW FRIENDS**



6 - 16 years old Mixed boys and girls



12pm - 4pm:

Mon 28th July - Fri 1st Aug

Mon 4th Aug - Fri 8th Aug

Mon 11th Aug - Fri 15th Aug

Mon 18th Aug - Fri 22nd Aug

Tues 26th Aug - Fri 29th Aug



City of London Academy Sports Hall 238 St James Rd, SE1 5LJ





**BOOKING LINK** 



#### **GET IN TOUCH!**

- Fari: 07874 872 053
- M holidays@protouchsa.co.uk
- # www.protouchsa.co.uk
- @ <u>@protouchsa</u>

\*Free for children eligible for benefit-related free school meals (FSM) with proof required, or £20.00 per day.







Norbiton Kitchen









28 Marsden Road, SE15 4EE

#### Summer Holiday Family Workshops



#### Make a Mini Wildlife Garden Thursday 24<sup>th</sup> July 10am-3pm

On Explore the different habitats in our wildlife garden: the pond, the meadow, the log piles, the trees and create your own miniature version to take home.



#### Brilliant Butterflies Tuesday 29<sup>th</sup> July 10am till 3pm

Discover more about butterflies, moths and caterpillars with this hands-on workshop. You'll be seeking out caterpillars, using a butterfly net, opening our moth trap, painting your own butterfly and finding out how you can help them. Games, crafts, stories.

Free fun workshops for families living in Southwark suitable for primary aged children but you are welcome to bring your younger and older ones too. One free course per adult per academic year. £3 booking fee, but let us know if this is too much for you.



To book please scan the QR code or visit wildlondon.org.uk/families dwallace@wildlondon.org.uk











### www.studysmartuk.online

We are looking to fill 150+ School Support vacancies in local schools (e.g. SEN Support, Behaviour Mentors, 1-1 Classroom Support, Cover Supervisors etc). These roles are available in both full time and part time positions.

Please go to our website address given above, or scan the QR code for more information.

This is a 6 week course, full time, intensive course, with online guided learning sessions within school hours.

If you are earning less than £23,500 per annum or are in receipt of any benefits, you will be eligible for a fully funded place with us.









#### Touch-typing courses for 7 - 16s





#### Summer 2025 touch typing courses for 7 – 16s

Dulwich College, London SE21 7LD

Monday 14 - Thursday 17 July

Monday 21 - Thursday 24 July

Monday 28 – Thursday 31 July

Monday 18 – Thursday 21 August

Sessions run 10:00 - 12:15 pm daily\*

\*Full day care/ sports camp available

Learn how to touch type 40+ words per minute with 95% accuracy. Using correct fingers and posture, touch typing is far more productive for school work and exams.

Beginners, improvers and advanced typists are warmly welcome. We mix formal technique with the latest app games to make learning to type fast, fun and effective.

Flip crazy skate ramps, zap aliens and collect super hero movie outfits while learning an amazing skill. Typing proficiency will significantly boost your child's academic attainment in today's digital world.

Prior to setting up *Typing's Cool*, Sarah Holt worked as a teacher at Weston Green School and Nick Holt was a secondary school Head of English.

Cost: £176.00 per place
OFSTED registered - childcare vouchers accepted
10% discount for siblings/ bring a friend
Duke of Edinburgh skills assessor

Apply at Typingscool.co.uk or contact sarah.holt@typingscool.co.uk







## Free Children Piano/Keyboard Taster Available Now

- · Weekly 1 hour lessons available Monday to Sunday for children aged 5-13
- Children learn to read, write and play music in every lesson. we also provide keyboard at every lesson
- . Termly Exams and certificate along with opportunities to sit at internationally recognised exams and perform at live events



Contacts us Now by Email, Phone, Whats App or via our Website/QR Code to Book Your "FREE TASTER SESSION"









e:office@soundstepsmusic.co.uk t:07926 371583 www.soundstepsmusic.co.uk













#### AUTISM SUPPORT TEAM NEWSLETTER

April 2025



Welcome to this newsletter from Southwark's Autism Support Team.

#### This newsletter is going to focus Autism and Girls.

**Did you know?** It is estimated that ratio of autistic males to females is 3:1, though this ratio has been getting closer and closer over recent years. So are less girls Autistic? Or are less girls <u>diagnosed</u> as Autistic?

The honest answer is that we don't know! What we do know is that Autism was historically thought of as a 'predominantly male condition' and that most of the historical research about Autism was based on Autistic boys. Therefore, a lot of what we know about Autism is based on how Autism presents in boys.

In this newsletter, we'll explore how Autistic girls might present differently and how best to support them.

#### WORLD AUTISM ACCEPTANCE MONTH

April is World Autism Acceptance Month. We have been celebrating by sharing resources with schools, presenting assemblies and raising awareness in the Southwark Tooley St office. We also hosted a coffee morning at Crampton Primary School, where parents were able to connect with a range of local services available to them.

What are you doing to celebrate World Autism Acceptance Month? We'd love to hear all about it. Email us at AutismSupportTeam@southwark.gov.uk

To be added to our newsletter mailing list or to contact the team with a question/request for a forthcoming newsletter please contact us on:

AutismSupportTeam@southwark.gov.uk

# Autism and Girls

#### Masking

Masking is when an Autistic person suppresses behaviour or adapts their behaviour to appear neurotypical, or to fit in with the perceive 'norm'. It might help an Autistic person to feel safe or accepted by others.

While all Autistic people may mask, it is particularly common in girls.

#### What might masking look like?

- Supressing emotions, especially anxiety
- Supressing behaviours (e.g. stimming)
- Hiding special interests
- Ignoring sensory needs
- Imitating other people's facial expressions
- Forcing eye contact
- Mimicking other people's behaviour
- Using social scripts or social routines
- Pretending to follow a conversation or to understand something
- Different presentation in different settings (e.g. at home vs at school)

Masking can be emotionally exhausting and hinder an individual from developing a sense of identity. Often girls mask all day at school and then come home and 'explode' all of their emotions from the day. Speak to your child's school if this is happening, as the school may be able to support by, for example:

- Giving the child time and space away from sensory and social demands that may be exhausting for them.
- Provide times for the child to express their emotions with a trusted adult.
- Helping them to learn about Autism and develop a positive sense of Autistic identity.

See ideas on the following page for how you can support your Autistic girls at home.







#### THIS MONTH'S THEME:

#### **AUTISM & GIRLS**

#### Different presentations of Autism

In the table below there are some examples of how Autism may present differently for different people, and girls in particular. Remember that every Autistic person is different and no two people are the same!

Traditional understanding of Autism (based on research of Autistic boys)	Other possible presentations of Autism, including many girls
Few friendships and lack of engagement with peers.	One or two close friendships often with elements of control or rigidity e.g. want- ing to be the only friend.
Special interest in objects (trains, planes, rockets, sometimes dinosaurs) – often seen as unusual interests for their age.	Special interest in people (e.g. celebrities) pop culture (TV shows, books) and animals (e.g. horses, unicorns) – often seen as more 'mainstream' interests.
Lesser tendency to show internalising disorders (e.g. anxiety, depression, eating disorders) and greater tendencies towards significantly repetitive behaviours	Greater tendency to show internalising disorders (e.g. anxiety, depression, eating disorders) and lesser tendencies towards significantly repetitive behaviours
Emotional regulation difficul- ties which may then lead to challenging behaviour.	Hiding emotional regulation difficulties, which may then present later (e.g. 'exploding when they get home from school)
Somewhat obvious stimming e.g. hand flapping, pacing, jumping	Stimming may be more sub- tle, e.g. tapping a finger on the chair.

## How to support Autistic girls at home

- Set clear routines, rules and boundaries.
- Prepare them ahead of any changes to routine or unexpected events.
- Give them time and space to themselves, especially after a busy school day. It may be best to ask them about their school day after they've had some quiet time, rather than immediately after school.
- Openly discuss emotions and how to regulate emotions in safe and healthy ways.
- Support them to understand their Autistic identity. This colour wheel is a great resource you could use to explore what Autism means to them.
- Find opportunities for them to connect with other Autistic people. It's important that they have other people they can relate to
- Read books and watch films/TV shows with Autistic characters.
- Ask them what they think would support them best.

#### Additional resources

https://autisticgirlsnetwork.org/

https://www.autismawareness.com.au/ understanding-autism/women-girls

https://www.authenticallyemily.uk/

https://www.autism.org.uk/advice-andguidance/what-is-autism/autistic-womenand-girls



YA fiction book, written by an Autistic girl and her mother, based on her own experiences growing up Autistic.



Useful guidebook for supporting Autistic girls and gender diverse youth.



Collection of papers about Girls and Autism, including perspectives from students at Limpsfield Grange.





# WILD ROOTS SATURDAY CLUB





- DROP-OFF FOREST SCHOOL CLUB
- FOR 5-10 YEAR OLDS
- 10AM-12PM
- SATURDAYS IN TERM TIME
- LETTSOM GARDENS, SE5

FIND OUT MORE AND BOOK YOUR PLACE AT WILDROOTSFORESTSCHOOL.CO.UK
@WILDROOTS\_FORESTSCHOOL\_SE15









### Free Year 6 Summer Programme 2025



Are you in year 6 and would like to have fun whilst preparing for secondary school?

Join our free summer programme where you can get involved in games, drama, music, street dance, art, video making and lots more!

Watch last year's programme https://www.youtube.com/watch?v=pb5nEk v4f0

When: Monday 28th July – Fri 8th August 2025 10am-4pm Monday to Friday Where: Rye Oak Primary School, Whorlton Road SE15 3PD

> How to Book: Complete the online form -

https://littlefishtheatre.co.uk/little-fish-summer-programme-registration-form-2025/

or

email info@littlefishtheatre.co.uk for a registration from

or fill in the registration form below and send it back to us at
Little Fish Theatre Company
The Forum at Greenwich
Trafalgar Road, Greenwich, SE10 9EQ







