# PSHE / Mind Up

- Learning about the brain
- Introduction to Brain Breaks/Mindful Breathing
- Zones of regulation
- Empathy Lessons

## PF

- Each lesson will be built around a scenario that will focus on a different aspect of physical development culminating in teamwork
- Running, jumping, balancing, climbing and teamwork
- Fundamental movements, balancing skills and dance

### Science

Learning about animals including human beings.

- Identify, name and label parts of the body
- Identify the 5 senses (sight, taste...)
- Say which part of the body is associated with each sense
- Find and name common animals that are birds, fish, amphibians, reptiles, mammals and invertebrates
- Find and name common animals that are carnivores, herbivores and omnivores

## Art and Design

**Drawing: Make your mark** 

Explore mark making and line; work and experiment with different materials through observational and collaborative pieces.

# Topic Web - Year 1 - Autumn 1 2025

# English

#### Writing

- Writing based on "Beegu" by Alexi Deacon, "Whatever Next" by Jill Murphy
- Drawing and labelling a story map
- Writing a list using simple adjectives
- Writing a postcard use and to join words and clause.
- Poetry to listen and identify poetic features of a poem

# **Reach for the Stars!**



## Computing

- Define and use technology
- Mouse and keyboard skills
- Computer safety
- Discussions about staying safe online

## Numeracy

- · Following the Mathematics mastery scheme
- Numbers to 10
- Count, read, write, identify, represent, double and half and use comparative language
- · Addition and subtraction within 10
- Represent and use number bonds; read, write, interpret, represent and solve
- Shapes and patterns

### Music

 use their voices expressively and creatively by singing songs and speaking chants and rhymes

History —Learning about the lives of significant individuals in the past who have contributed to national and international achievements.

- Learning about Neil Armstrong and the Apollo
  11 mission to the Moon
- Learn about the achievements of the first black woman in space (Mae Jemison)
- Black History Month

### RE

- Develop understanding of belonging, and relate to what Christians from different traditions understand about belonging
- Look at what Jesus taught about children, and how the church welcomes children into its family
- Think about how people show they belong and what is special about belonging