



Grove Primary Newsletter: 30/1/2026

A Message from our Deputy Headteacher Dear Parents and Carers,

This week has been **Story Telling Week!** The week kicked off with an **Assembly** led by Jo McCoy about the National celebration of stories! We also had our **Talking Tuesday** themed around the question '**Which story would you like to visit and why?**' We would like to encourage parents to discuss your favorite stories with your children to promote the love of books!

We would also love to feature a **weekly Book Review from a child (and a parent!)** in the newsletter. If you would like to share a book you are reading at home with the school with the reasons for your recommendations, please pass this to Miss Grant who will post them in the newsletter!

Talking Tuesday

Every Tuesday, children in Reception up to Year 6 have been having class assemblies called '**Talking Tuesdays**'. The School Councilors in Years 1-6 are encouraged to lead their classes in a discussion around a question or 'silly' statement to debate. The children are also encouraged to use our 'Oracy Hand Signals' to support structuring their verbal debates.

We would love for our families to also have a go at debating at home! Our **question** this week was themed around 'Story Telling Week'.

"Which story would you like to visit and why?" What do you think?

ORACY HAND SIGNALS

I agree because...

I disagree because...

I challenge that because...

I would like to build on what has been said...

Linking to what has been said...





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Year 3 Learning

Beech Class This Week

In our guided reading this week, we have been looking at the non-fiction text Earth Shattering Events. We've found out lots of interesting facts and new vocabulary all about earthquakes!

Wednesday 26th January 2026

LO: To retrieve information from a non-fiction text

1. How many earthquakes happen annually? 500,000 5,000,000

2. In which country are there 1500 earthquakes every year? Indonesia Japan Java

3. Where do most earthquakes happen? Circle 2. Pacific Plate Ring of Fire Russia

4. Look at the diagram and caption. Underline the word that means 'distance downwards'.

most Earthquakes happen at depths of less than 30km from the Earth's surface.

5. How long does an earthquake normally last for? 1-Minute 1-Hour 1-Day

Well done - great focus!

Thursday 27th January 2026

LO: To explain how content is related and contributes to the meaning as a whole

MEASURING EARTHQUAKES

Read and look at p. 14. List the following words: reading, diagram, illustration.

Seismographs record seismic waves. Seismologists are people who study earthquakes.

Seismic waves travel through the ground and are called seismic waves.

The pen moves from left to right. The point at which the seismograph starts to move is called the seismic wave. Most seismographs ignore the first few seconds of the seismic wave.

SEISMOGRAPH

A seismograph records seismic waves. It is a device that measures seismic waves. It has a weight attached to a spring. The weight moves when seismic waves pass through the ground. The pen attached to the weight moves and makes a wavy line on the paper.

Tuesday 27th January 2026

LO: To read and understand new key vocabulary

1. Read p.10 and p.11. Match the word to the correct definition.

Fault: A fracture between two surfaces rubbing or sliding against each other.

Friction: A process used to extract oil and natural gas from the ground.

Rocking: A thin zone of crushed rock, separating two tectonic plates.

2. What form of energy is released when tectonic plates push against each other and suddenly slip?

3. Fracking is used to extract oil and gas. What does the word extract mean in this sentence?

Extract When you eat When you pull When you drink

4. Read p. 12. According to Hindu mythology, the earth stands on a 'coiled snake'. What does the word coiled mean in this sentence? Choose one.

Coiled curled around very still

5. What is the name of the Greek God of the Sea?

6. Namazu, the catfish from Hindu myth, is said to thrash around, causing the earth to shake. Can you think of one or more synonyms for the word 'thrash'?

Did you know that the longest earthquake ever recorded lasted for 10 minutes and that someone who studies earthquakes is called a seismologist?



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Thursday 29th January 2026

LO: To divide by 10

WITTA Teacher

Draw Dienes to complete the function machine problems.

Write the full equation for each problem. E.g. $200 \div 10 = 20$

Challenge: Create your own function machine problem and step by step instructions on how to solve it.

1. $30 \div 10 = 3$
2. $200 \div 10 = 20$
3. $60 \div 10 = 6$
4. $110 \div 10 = 11$
5. $120 \div 10 = 12$
6. $10 \div 10 = 1$
7. $200 \div 10 = 20$

In Maths we have been working on multiplication and division, using our maths language and drawing representations to explain what happens when we multiply and divide by ten.

When 36 is multiplied by ten & the 3 tens get multiplied ten times creating 300 then the 6 becomes ten times as many.

AMAZING WORK!



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In our English we have started to read the book When the Giant Stirred. We began the week by acting out the story as a class, and then we planned and wrote a setting description of the tropical island where the story is based.





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★ Stars of the Week ★

We would like to recognize the children who have been great examples of our School values and have shown a true commitment to their learning. Well done!

Caterpillar	Melissa for sharing numbers into equal groups in maths. Ibraheem for asking fantastic questions and sharing information about his own religion.
Willow	Abdulkarim for being so enthusiastic during mastering number sessions and becoming confident with his mental maths! Well done Abdulkarim, keep it up you maths superstar Ayla for persevering with her writing this week and writing great sentences in our non fiction toy booklet. Well done Ayla, I am so proud of you!
Elder	Ezekiel for working hard at home to improve his Maths and Handwriting Lianne for working hard at home on Maths skills
Beech	Tobi for really applying himself to his work this week, with great results! Ace for a excellent setting description of the tropical island from our book When the Giant Stirred
Cedar	Hania for writing an amazing Pompeii poem Eliz for excellent behaviour for learning in maths and writing this week
Hazel	Isla for identifying the factors that affect water resistance in Science Kawayne for a good understanding of halves and quarters in maths
Maple	Seyram for independently producing a wonderful character description at home, this showed excellent initiative, creativity and a real commitment to developing his writing skills. Nana for his exceptional effort in maths. His hard work and focus have really supported his understanding and helped him grasp key skills with confidence.

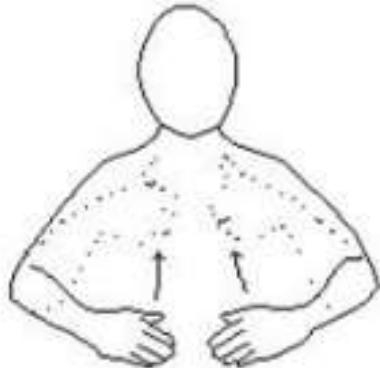


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Makaton Sign of the Week

Every Monday the staff and the children will be learning a Makaton sign. Makaton is a language with speech, signs and symbols used to support people who have difficulty communicating. We teach it to all of our children and staff so that we can become even more inclusive as a school. This week our Makaton sign is "How are you?".

Please practice this at home too!



how are you?

Attendance

Reception	88.02%
Year 1	83.40%
Year 2	94.09%
Year 3	94.28%
Year 4	96.26%
Year 5	93.98%
Year 6	95.34%

Please note that as directed by the Department of Education, term time holidays will not be authorised.



Grove Primary Newsletter: 30/1/2026

Breakfast and Afterschool Club



Come and join us for our Breakfast and Afterschool Clubs!

Breakfast club will start at 7.45am- This will include breakfast of cereal or toast and will cost £5.50 per day

After School club- Light snack and sports activities and games and will cost:

1 Hour £6.30 (Collection at 4:30pm)

2 Hour £12.00

Full session (2 1/2 hours) £13.65 (collection at 5:45pm)

Snack will only be offered to children staying over 1 hour.

We are able to offer a discount to families that wish to book full week after school club and this is charged at £66.00 per week.

Wraparound Care (ASC) will not be suitable for Nursey pupils (5 years old+) we may be able to offer wraparound care for Reception children based on numbers.

Please see Carrie in the Office for more information!

Club Donations

We would really welcome donations of games and jigsaws for our clubs! Please drop any off to the Office!



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Reception Reading Café



Our Reading Café has opened again in Reception! This week was our first session of the year and what an incredible turn out it was! Thank you for all coming along.

The Reading Café is an opportunity for you to support your child's reading development, learn new strategies to help them when reading and more importantly enjoy some quality time with your child over a book without the normal hustle and bustle of home life.

The sessions will be every week on a Tuesday 8:45 – 9am in the Classrooms.

You are invited to come along to the session with your child and share a book.



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Study Bugs



Please continue to use Study Bugs when reporting your child's absence.

When stating the reason for your child's absence, please remember to specify the **exact symptoms** of the illness as these are required when marking them as 'illness' on our registers. If symptoms are not listed, it will be marked as an 'unauthorised absence'.

We are phasing out using Arbor for text messages. To replace this, we will be using the in App messaging service in Study Bugs.



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Are you interested in working for NEST—or do you know someone who might be?

At NEST, we offer a wide range of rewarding roles across our schools. Whether you're an early careers teacher, an experienced educator, returning to work after a break, or simply looking for meaningful employment, we'd love to hear from you.

We have opportunities in **teaching, school administration, finance, HR, and estates**.

Click [here](#) to view our current vacancies or register for our talent pool and learn more about joining the NEST team and the exciting career opportunities available.

<https://www.nestschools.org/286/current-staff-vacancies>



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Scooter and Cycle Safety and Parking

If you are Scootering or cycling to school, please remember to wear your helmets! We have seen a number of children who are not wearing helmets as they are riding their bikes or scooters to school. It is essential that you wear one to protect your head from injury incase you accidentally fall off.

1



Eyes: Put the helmet on your head. Look up. You should see the bottom rim of the helmet.

2



Ears: Make sure the straps form a 'V' under your ears when buckled. The straps should be a little tight but comfortable.

3



Mouth: Open your mouth as wide as you can. Does the helmet hug your head? If not, tighten the straps.

Please also be advised that parking or idling is not permitted in Karen Court Carpark, neighboring residential parking spots or on the zig zags directly outside of school. There is free parking available in the surrounding areas.



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Dates for your Diary

03/02/2026	School Photos
10/02/2026	Safer Internet Day
11/02/2026	Safer Internet Workshops
13/02/2026	Last Day of School
14- 20/02/2026	Half Term Holidays
23/02/2026	School Open First Day Back



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THE PE & SCHOOL SPORTS NETWORK

SEND SATURDAY SPORTS CLUB

AGES 5-18

OPEN EVERY SATURDAY (TERM TIME ONLY)

OPEN TO SEND PUPILS IN SOUTHWARK

For more information please contact Glyn and George via the emails below:

Glyn Davies: glyn@lpessn.org.uk

George Richards: george@lpessn.org.uk

"The Saturday club has been a lifeline for my son. He has many friends and looks forward to going. He also uses the trampoline as a release of tension."

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THE PE & SCHOOL SPORTS NETWORK



The Saturday sports club runs through the year at Bacon's College. The club caters for SEND students of all disabilities between the ages of 5 -18 years old. Each session lasts for 60 minutes.

There is a highly skilled and motivated team of 14 working at the club ranging from teachers, teaching assistants, coaches, and special needs specialists.

As well as improving fitness levels and health and wellbeing the club works on social skills such as listening skills, waiting, sharing, teamwork, individual work and focus.

Sports and activities change weekly – trampolining, nature trail and the gym for the older clients, volleyball, football, basketball, multi skills, tennis, cricket, badminton, boccia, new age curling, dance, parachute games, athletics, capoeira, etc.

The club currently run in 4 different sessions:

Session 1: 10:30 – 11:30

“ The Network and Saturday Sports Club at Bacon's College has offered myself and family much-needed respite. Glyn, George and the team are very understanding and aware of my son's SEN needs: autism and ADHD. ”

Session 2: 11:30 – 12:30

Session 3: 12:30 – 13:30

Session 4: 14:00 – 15:00

Venue:

Bacon's College, Timber Pond Road
Rotherhithe, London
SE16 6AT

SEND SATURDAY SPORTS CLUB

Telephone: 0207 237 1928 Ext: 4096 - Website: www.ipسان.org.uk



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An advertisement for Activ Camps. The top half shows children in various activities: swimming, jumping on a trampoline, playing in a ball pit, and playing a game on a field. The bottom half features a large green box with white text: 'Non-stop fun', 'NON-STOP FUN ACTIVITY CAMPS FOR SCHOOL HOLIDAYS', and 'GET 25% OFF YOUR FIRST BOOKING!'.



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BOOK NOW TO JOIN THE FUN!

Activ Camps has been a trusted childcare option for families for over 20 years, providing exhilarating multi-activity experiences for children aged 4-14, in a **safe, inclusive, active** and fun environment.

Enjoy GIANT inflatables, swimming, terrific tag games, archery, dodgeball and much more, run by fun-loving, fully trained and Enhanced DBS checked staff. Activ Camps will make this a holiday to remember.

Your child will come home happy and exhausted, with amazing memories and new friends!



Amazing discounts for siblings, full weeks and more

Drop off early and pick up late - 8:30am - 6:00pm

Pay with childcare vouchers and tax-free childcare



OUR AMAZING VENUES

BALHAM

La Retraite School

CLAPHAM

Emanuel School

TOOTING

Graveney School

BARNES

St. Paul's School



HONOR OAK PARK

King's College London

WANDSWORTH

Burntwood School

PECKHAM & BROCKLEY

Nunhead Sports Ground

WIMBLEDON

Wimbledon College

SCAN THE CODE TO FIND OUT MORE
OR VISIT WWW.ACTIVCAMPS.COM

Ofsted registered. Outstanding inspection results.
See our website for more details.
Swimming available at selected venues.





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Free Children Piano/Keyboard Taster Available Now

- Weekly 1 hour lessons available Monday to Sunday for children aged 5-13
- Children learn to read, write and play music in every lesson. we also provide keyboard at every lesson
- Termly Exams and certificate along with opportunities to sit at internationally recognised exams and perform at live events



Contacts us Now by Email, Phone, Whats App or via our Website/QR Code to Book Your “FREE TASTER SESSION”



e:office@soundstepsmusic.co.uk t:07926 371583
www.soundstepsmusic.co.uk



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Mindful Mums

Free wellbeing groups for new mums

Parenting can be the most extraordinary thing we ever do. It can also be the most exhausting and challenging. If you feel overwhelmed, you're not alone, join one of our free 5-week meet up groups. Open to all mothers and birthing people with babies 0-12 months.

Rye Oak Children and Family Centre, SE15 3PD
Thursdays 1pm - 2.30pm
15 January - 12 February

Book your place
selmind.org.uk/mindful-mums

Contact us
mindfulmums@selmind.org.uk

Crawford Children and Family Centre, SE5 9NF
Thursdays, 11am - 12.30pm
6 February - 26 March



South East London
mind

Southwark
Council



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Mindful Mums

Free wellbeing in pregnancy online

Pregnancy can take a real toll on your mental health. In all the excitement and preparations, many of us deal with anxiety, intrusive thoughts, doubts, fears, and overwhelming emotions. It's OK if you're not enjoying every moment.

So much attention goes to the baby, but your wellbeing matters too. **Join our free 5-week online sessions** for a calm, honest and supportive space to talk openly, listen, or just be.

Mondays, 7.30 - 8.30pm
12 January - 9 February

Tuesdays, 7.30 - 8.30pm
13 January - 9 February

Book your place
selmind.org.uk/mindful-mums

Contact us
mindfulmums@selmind.org.uk



South East London
mind

Southwark
Council



Grove Primary Newsletter: 30/1/2026

Start for Life

Southwark

Helping you to give your child
the best start in life, with support
during pregnancy to the age of 5.



Download the Start for Life brochure

Packed with essential resources for parents and caregivers.
Useful information in one place to help you find a wide range of local
support and services.





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**DIGITAL CREW
SATURDAYS**

e2e
end2end TV

**FOR AGES 8-16 FORTNIGHTLY
SATURDAY 10.30-12.30PM**

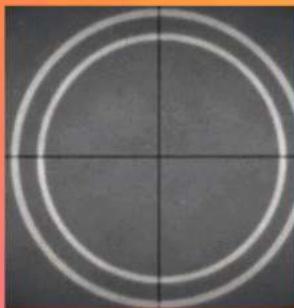
WWW.END2ENDTV.CO.UK



Grove Primary Newsletter: 30/1/2026

#NEW for 2026 SCREENLAB

MONTHLY CLUB FOR YOUNG PEOPLE
AGED 10-18 INCLUDING DIGIFILMIX™



SATURDAY AFTERNOON

1.30-4.30PM

ONCE A MONTH FUN!



PREMIUM
BRAND NEW CLUB

FOR FILM MAKERS,
TECHIES & CREATIVES

- USE BROADCAST TV & FILM EQUIPMENT
- EXPLORE MEDIA INC.
- NEW ANIMATION SUITE
- CONSIDER YOUR AUDIENCE
- BECOME GREAT CONTENT CREATORS

FIND OUT MORE & BOOK: WWW.END2ENDTV.CO.UK



Grove Primary Newsletter: 30/1/2026



EPEC BABY & US

Baby & Us is a 9 week peer-led group which helps parents gain confidence in parenting and everyday life with a new baby (0-9 months).

This includes supporting parents in understanding baby's cues, coping with challenges around feeding, sleep, and crying, interacting positively with baby and managing parental stress.

JOIN NOW



Contact: Claire Gager or Sunshine Brand

Email: Claire.gager@southwark.gov.uk or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898

Or scan QR code to complete registration form



WHEN IS IT ON?

STARTING WEDNESDAY 14TH JANUARY 2026

RYE OAK BEST START FAMILY HUB
WHORLTON RD, LONDON SE15 3PD

What time?

10am - 12pm



Southwark Children & Family Hub



CPCS
Quality Standard
Approved



DEPARTMENT FOR
EDUCATION
QUALITY
STANDARD
APPROVED



SOUTHWARK
AND BRIXTON
QUALITY
STANDARD
APPROVED



Funded by
UK Government

*Southwark
Council*



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EPEC BEING A PARENT 1-3

For parents of children aged 1 – 3 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

JOIN NOW

Contact: Claire Gager

Email: Claire.gager@southwark.gov.uk
or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898

WHEN IS IT ON?

STARTING TUESDAY 13TH JANUARY 2026

1ST PLACE BEST START FAMILY HUB
12 CHUMLEIGH STREET
LONDON
SE5 0RN

What time?
10am-12pm





Grove Primary Newsletter: 30/1/2026



EPEC BEING A PARENT

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

Contact: Claire Gager

JOIN NOW

Email:
Claire.gager@southwark.gov.uk

Call: 07547 659 646

WHEN IS IT ON?

WEDNESDAYS

STARTING 14TH JANUARY
2026

CRAWFORD BEST START
FAMILY HUB
5 CRAWFORD RD,
LONDON SE5 9NF

THURSDAYS

STARTING 15TH JANUARY
2026

COIN STREET
NEIGHBOURHOOD
FAMILY & CHILDREN CENTRE
108 STAMFORD STREET,
LONDON SE1 9NH

What time?
10am-12pm





Grove Primary Newsletter: 30/1/2026

FATHER'S GROUP



Join a 10-week course to
improve your parenting skills.

Whether you are a father, grandfather or stepdad,
receive advice and tips on topics such as positive
parenting, improving relationships and role modelling.

Crèche provided.

When

Friday Morning's at 10.30am - 12.30
Starting 16th January 2026

Where

1st Place Best Start Family Hub
12 Chumleigh Street, Burgess Park, SE5 0RN

BOOK A PLACE

Email: tara.long@southwark.gov.uk or
jamal.jones-Thomas@southwark.gov.uk

Phone: 07513 713 090



SWFCFC@1stplace.uk.com
www.1stplace.uk.com





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TAP – IN SESSIONS

Free and stand alone information sessions for parents and carers on a range of topics.

Join us with Thinking About Parenting and TAP in to.....

Monday 19th January
10am - 12
MS Teams

[Parenting and Autism](#)

w/c 23rd Feb
10am - 11.30
MS Teams

[Parenting Foundations](#)

w/c 16th March
10am - 11.30
MS Teams

[Emotional-Based School-Avoidance](#)

Thursday 29th January
10am - 12
MS Teams

[Parenting and ADHD](#)

w/c 2nd March
10am - 11.30
MS Teams

[Parental Emotional Wellbeing](#)

w/c 23rd March
10am - 11.30
MS Teams

[Digital Safety](#)

Thursday 19th March
10am
MS Teams

[Parenting and Autism](#)

w/c 9th Feb
10am - 11.30
MS Teams

[Ages and Stages](#)

w/c 9th March
10am - 11.30
MS Teams

[Bullying Awareness](#)

Tuesday 24th March
10am
MS Teams

[Parenting and ADHD](#)

All sessions held online - link will be sent out 1-2 days before session via email

TO REGISTER FOR A PLACE
[CLICK HERE OR CONTACT](#)

Beth Gilbey

07394 865 980
bethany.gilbey@southwark.gov.uk
earlyhelp@southwark.gov.uk





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**junior parkrun –
where everyone is**



welcome

junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!

A QR code located to the right of the 'welcome' text, which likely links to more information about junior parkrun.

junior parkrun



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junior parkrun



Grove Primary Newsletter: 30/1/2026



Support your child's development for free

Get unlimited access by scanning the QR code*



Parenting advice and activity ideas for children aged from birth to five, shared by our community and experts.

Available for all parents and carers in Southwark.



easypeasyapp.com/southwark



*For full terms and conditions, please visit easypeasyapp.com/terms.



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In Partnership With



Nexus Education Schools Trust Talent Pool

Looking to extend your talents to other schools
within NEST and provide more support?

NEST is now offering the opportunity for any staff wishing to increase their hours and to help provide greater support with their skills to sign up to our talent pool to be considered first for any vacancies across the Trust. All choices are yours to make, meaning you can highlight which positions you would like to work in and what schools you would be willing to commute to.

If you are interested in the chance to help make a difference and enjoy new experiences at an additional school within the Trust, please head over to MyNewTerm, create an account and search for 'Nexus Education Schools Trust' under employers in 'Find a Job' which will then allow you to sign up to the talent pool. Alternatively, you can head over to the NEST website where we have a link under staff vacancies which will direct you to our MyNewTerm page.

This is not just an exclusive opportunity to existing staff within NEST so if you know any friends or family who may be interested in this venture we would love to welcome them aboard!

Thank you for your interest!

Please direct any queries to recruitment@nestschools.org



Grove Primary Newsletter: 30/1/2026



SUCCESSFUL MUMS
Career Academy

FIND A JOB YOU LOVE

A **FREE** event for parents

LOOKING FOR FLEXIBLE WORK?
A CAREER CHANGE? OR JUST
NEED A CONFIDENCE BOOST?

Join us for a friendly, informal coffee morning where you'll discover hundreds of part-time and flexible jobs in your area. Whether you're returning to work, starting a business or figuring out your next move, we're here to help!



Monday 19 January



9:30 to 11:00



Grove Primary School
(formerly Dog Kennel
Hill) SE22 8AB

What we'll cover

- How to update your CV after a break
- Where to find local part-time and flexible jobs
- 10 great career ideas including Digital, SEN, Green roles..
- The Working in Education Course with a guaranteed interview
- The skills from parenting that employers are look for
- Links to 7 local family-friendly employers
- A 5-step action plan to make it happen!



@successfulmums_



020 3633 9672



successfulmums.co.uk

nest
Nexus Education Schools Trust

SCAN ME



TO BOOK



Grove Primary Newsletter: 30/1/2026



AUTISM SUPPORT TEAM TOILET TRAINING FOR PARENT/CARER ONLY

HOW TO SUPPORT YOUR AUTISTIC CHILD TO DEVELOP TOILETING SKILLS

In partnership with the Autism Education Trust (AET) we are offering Developing Toileting Skills Training for Parent + Carers of autistic children.

Aims:

- To develop knowledge of how to support autistic children to achieve toileting independence.
- To understand the importance of working with others to support autistic children to develop independent toileting skills

Learning objectives:

- Understand how autism can impact on children developing independent toileting skills.
- Understand the importance of all adults working together to support the development of independent toileting skills.
- Consider how to remove barriers to developing toileting skills and how to make reasonable adjustments to support further toileting independence.

Free Training Online Dates:

- 21st October 9.45 – 11.45 2025
- 15th December 2025 12.30 – 2.30 2025
- 9th February 9.45 – 11.45 2026
- 23rd March 12.30 – 2.30 2026
- 18th May 9.45 – 11.45 2026
- 23rd July 12.30 – 2.30 2026
- 6th August 9.45 – 11.45 2026
- 13th August 12.30 – 2.30 2026

AutismSupportTeam@
Southwark.gov.uk

Register [here](#)

Online Microsoft Teams Training Link will be sent to your email 2 days prior to start date of training.



Grove Primary Newsletter: 30/1/2026



**Rose VOUCHERS
for
fruit & veg**

1st Place

Free fruit and vegetables for families with young children

The Rose Vouchers Project gives vouchers to buy fresh fruit and vegetables from local markets and some other places. If eligible, you will receive at least £4 of vouchers every week.

Who is it for?

If you live in Southwark and have children under 5*, or are more than 10 weeks pregnant, you may be able to get Rose Vouchers if one of the following applies:

- You receive Healthy Start
- You have a low or no household income (less than £408 income a month if you are on Universal Credit)
- You have no recourse to public funds (NRPF)

** Children must be under 5 until 31st August*

SCAN ME



Find out more

1stplace.uk.com/rosevouchers
rosevouchers@1stplace.uk.com

 [Google Translate](#)

 Alexandra Rose Charity

 **Southwark**
Council

Impact on Urban Health



Grove Primary Newsletter: 30/1/2026

HER TRIBE

A Community of Support for Women

Looking for connection, support, and a space to just be you?

Join our welcoming women's group right here in your
community.

★ What to expect:

- Monthly workshops on wellness, growth & empowerment
- Weekly drop-in sessions: every Wednesday, 6–8 PM
(We start on 24 September)
- A chance to meet like-minded women, share stories & build friendships
- Creche provided – so you can come stress-free

Venue: Albrighton Community Centre, SE22 8AH

Come for the workshops, stay for the connections –
Together, we lift each other.





Grove Primary Newsletter: 30/1/2026