



Grove Primary School

Whole School Physical Education

Curriculum Overview

2025-2026



Physical Education Curriculum Overview 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamentals	Gymnastics (mat)	Team Building Games	Invasion Games	Net/Wall Games- Tennis	Sports Day Preparations
	Sending & Receiving	Bat/ Wall Games	Invasion Games	Target Games	Invasion Games	Striking & Fielding Cricket
			Dance	Dance		
Year 2	Fundamentals	Gymnastics (mat)	Team Building Games	Invasion Games	Net/Wall Games- Tennis	Sports Day Preparations
	Throwing & Catching	Bat/ Wall Games	Invasion Games	Target Games	Invasion Games	Striking & Fielding Cricket
			Dance	Dance		
Year 3	Invasion Games- Football	Gymnastics (mat)	Athletics	Invasion Games- Hockey	Net/Wall Games- Tennis	Sports Day Preparations
	Striking & Fielding Cricket	Invasion Games - Tag Rugby	Invasion Games- Hockey	Invasion Games- Netball	OAA	Striking & Fielding Rounders
	Dance				Swimming	Dance
Year 4	Invasion Games- Football	Gymnastics (mat)	Athletics	Invasion Games- Hockey	Net/Wall Games- Tennis	Sports Day Preparations
	Striking & Fielding Cricket	Invasion Games - Tag Rugby	Invasion Games- Hockey	Invasion Games- Netball	OAA	Striking & Fielding Rounders



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		Dance and Swimming			Dance	
Year 5	Invasion Games- Football	Gymnastics (mat)	Athletics	Invasion Games- Hockey	Net/Wall Games- Tennis	Sports Day Preparations
	Striking & Fielding Cricket	Invasion Games- Tag Rugby	Invasion Games- Hockey	Invasion Games- Netball	OAA	Striking & Fielding Rounders
	Dance		Swimming	Swimming	Dance	
Year 6	Invasion Games- Football	Gymnastics (mat)	Athletics	Invasion Games- Hockey	Net/Wall Games- Tennis	Sports Day Preparations
	Striking & Fielding Cricket	Invasion Games- Tag Rugby	Invasion Games- Hockey	Invasion Games- Netball	OAA	Striking & Fielding Rounders
	Swimming	Dance				Dance and Swimming