



## Grove Primary Newsletter: 13/2/2026

### A Message from our Deputy Headteacher Dear Parents and Carers,

This week has been '**Internet Safety**' Week. A big thank you to Mr Dan Butt for organising the week. He kicked off Internet Safety Day with assembly on this year's theme '**Smart tech, safe choices – Exploring the safe and responsible use of AI**'. Dan also organised some online safety workshops for children in KS2. Take a look at some of the classes in action below!

Take a look at the BBC live lesson for KS2 on the theme of the year too!

<https://www.bbc.co.uk/teach/live-lessons/articles/zcbhdnb>



### Talking Tuesday

Every Tuesday, children in Reception up to Year 6 have been having class assemblies called '**Talking Tuesdays**'. The School Councilors in Years 1-6 are encouraged to lead their classes in a discussion around a question or 'silly' statement to debate. The children are also encouraged to use our 'Oracy Hand Signals' to support structuring their verbal debates.

We would love for our families to also have a go at debating at home! Our **question** this week was themed around 'Internet Safety'.

**"When does enhancing a photo become a lie?"** What do you think?

**ORACY HAND SIGNALS**

- I agree because...
- I disagree because...
- I challenge that because...
- I would like to build on what has been said...
- Linking to what has been said...

**@STICKY Questions**

**When does enhancing a photo become a lie?**



## Grove Primary Newsletter: 13/2/2026

### Online Safety Workshops





## Grove Primary Newsletter: 13/2/2026

# KS1 DANCE

### Performance Time!

This Half Term, Year 1 and 2 have had weekly dance sessions with the brilliant **Chantal Joseph** from **Pioneer Dance**. This week they did an absolutely fantastic job in their dance performance. They showed great enthusiasm, confidence, and big smiles that lit up the hall! Thank you to Chantal and to all the families who came to see the children in action!





## Grove Primary Newsletter: 13/2/2026

### Nursery Class Learning

In Nursery this week we have been exploring the story *Superhero Dad*. We discussed what makes someone a hero and shared our own ideas about the special people in our lives. The children really enjoyed joining in with the discussions, role-play and creative ideas such as designing their own superhero emblems and making capes which links to the text supporting their language, imagination, creative skills and confidence.

In Maths, they have been learning to compare height by using the concepts of tall and short which is aimed to develop their understanding through practical and visual examples. We compared objects and people in practical activities to support the children's early measurement skills.

It has been great to see Nursery working together and showing such enthusiasm when learning new skills.

Well done Ladybird Class!





## Grove Primary Newsletter: 13/2/2026

### Reception Class Learning

This week, Reception has been filled with love, creativity and lots of wonderful learning linked to our Valentine's Day theme!

The children have been busy making and writing their own Valentine's cards, choosing who they wanted to make them for and thinking carefully about the messages they wanted to include. We talked about being kind and thinking of others. We have also been decorating hearts using a range of different materials, including sequins, felt tips and tissue paper.

In Maths, we have been learning to subitise numbers to 5 using Valentine-themed resources such as hearts and playing cards. The children practised recognising small quantities without counting. In Phonics, we focused on reading words containing "special friends" (two letters that make one sound). The children worked hard to spot these sounds in words and blend them confidently.

It has been a lovely, creative week full of imagination, friendship and fantastic learning. Well done, Reception!





## Grove Primary Newsletter: 13/2/2026

### Relationships and Sex Education (RSE) Curriculum Update:

Statutory guidance on Relationships Education, Relationships and sex education (RSE) and health education has been updated and all schools must implement the new curriculum by September 2026. At Grove Primary school, we intend to introduce the new curriculum this academic year (Summer 2).

We are starting a period of parent consultation that will end on Monday 23<sup>rd</sup> March, where parents will be able to learn about the new curriculum and ask any questions they may have. Parents are invited to join one of the consultation meetings on the following dates:

- Thursday 26<sup>th</sup> February 9.00am - 9.45am
- Thursday 12<sup>th</sup> March 9.00am - 9.45am

The meetings will take place in the Mary Seacole building

### CHRISTOPHER WINTER'S PROJECT



The school has chosen to continue using Christopher Winter's Project (now Teach RSE) for its RSE curriculum because it provides age-appropriate, inclusive, and well-structured resources that support pupils' understanding of relationships, health, and wellbeing.



## Grove Primary Newsletter: 13/2/2026

### School Photos



Brochures • Prospectuses • Design • Wall Art • Photography • Panoramics • Websites  
Virtual Tours • Visual Displays • Pop Up Banners & Display Stands • Corporate Identity  
Signage • Promotional Adverts



[www.vancols.com](http://www.vancols.com) | [www.getphotos.co.uk](http://www.getphotos.co.uk) | 01206 271521

The cut-off date to order the photos with free delivery back to the school is  
**Thursday 19<sup>th</sup> February at midnight.**

For any further assistance placing an order with Van Cols please contact the customer service team on 01206 273711 or [aftersales@vancols.com](mailto:aftersales@vancols.com)

### Parent Survey

We are at the halfway point this academic year and all our staff have been working incredibly hard. We are sending out a Parent Survey and we would love to hear your views!

A link will be shared with you via email. The survey will close on the **27<sup>th</sup> February**.





## Grove Primary Newsletter: 13/2/2026

### Reading Jackdaw

We are now a few weeks into the National Year of Reading. The Reading Jackdaw, a website dedicated to reading for pleasure have produced a helpful reading newsletter for February which contains up-to-date suggested reads for pupils in Year 3 – 6.

**Age 7+**

Have a look at my 2026 Year 3&4 and Y5&6 booklists on [www.readingjackdaw.co.uk](http://www.readingjackdaw.co.uk)

**FEBRUARY'S 15 FICTION PICKS**

**FEBRUARY 2026 NEWSLETTER**

**Winter Olympics 2026**

Find more booklists, recommendations and resources [www.readingjackdaw.co.uk](http://www.readingjackdaw.co.uk)

**Age 11+**

Have a look at my 2026 Year 5&6 and Year 7&8 booklists on [www.readingjackdaw.co.uk](http://www.readingjackdaw.co.uk)

**FEBRUARY'S 15 FICTION PICKS**

**FEBRUARY 2026 NEWSLETTER**

**Diary Novels**

- Chinglish, Sue Cheung
- Dark Diaries, Rachel Renée Russell
- Blow Up, Lora Bloom, Lee Benson
- Cringe Club, Emily Jane Clark
- The Private Blog of Joe Cowley, Ben Davis
- The Extremely Embarrassing Life of Lottie Brooks, Katie Kirby
- Memoirs of a Neurotic Zombie, Jeff Norton
- My Name is Mine, David Almond
- Spud, John Van de Ruit
- The Closest Thing to Flying, Bill Lewis
- The Fransmies, Jenny Valentine
- The Weird Friends Fan Club, Catherine Wilkins
- Thornhill, Pam Smy

BROWSE THE LIBRARY AND CLASSROOM SHELVES AND THE INTERNET TO FIND BOOKS THAT HAVE BEEN MADE INTO MOVIES, TV SERIES OR VIDEO GAMES.

Find more booklists, recommendations and resources [www.readingjackdaw.co.uk](http://www.readingjackdaw.co.uk)



# Grove Primary Newsletter: 13/2/2026

Age 13+

Have a look at my 2026 Year 9 and Year 10 booklists on [www.readingjackdaw.co.uk](http://www.readingjackdaw.co.uk)

## FEBRUARY'S 15 FICTION PICKS



THIS WEEK CHALLENGE YOURSELF TO READ 5 DIFFERENT TYPES OF READING MATERIAL. CHOOSE FROM: NEWSPAPERS, MAGAZINES, PROSE NOVELS, GRAPHIC NOVELS, VERSE NOVELS, NON-FICTION, BIOGRAPHIES, ELECTRONIC, PRINT, AUDIO.

FEBRUARY 2026 NEWSLETTER

## Uplifting & Mood Boosting Fiction

Almost Nothing Happened, Meg Rosoff  
Black Flamingo, Dean Atta  
Puddin', Julie Murphy  
Stand Up Ferran Burke, Steve Camden  
The Rest of the Story, Sarah Pessen  
This is How You Fall in Love, Anika Hussain  
Twenty-Four Seconds from Now, Jason Reynolds  
When Mr Dog Bites, Brian Conaghan  
You Should See Me in a Crown, Leah Johnson  
You're the One that I Want, Simon James Green

Find more booklists, recommendations and resources [www.readingjackdaw.co.uk](http://www.readingjackdaw.co.uk)

Reading is not just sitting silently by yourself with a book, being a reader is so much more. Try one of these activities and enjoy being a reader.

Sit with friends and chat about books and reading. Talk about the good, the bad & the ugly.

In a group read an agreed piece of writing and reflect on its impact on each of you.

Think about celebrities, sport icons, politicians, influencers etc. Have they written an autobiography?

Try Print, Audio, E-Books, Prose, Graphic or Verse Novels, Newspaper, Magazines or, Diaries & Blogs

Choose a screen adaptation (incl. video games) of a book. Reflect on changes made and your preferences.

Ask friends for recommendations on what to read or find some booklists that you like and browse.

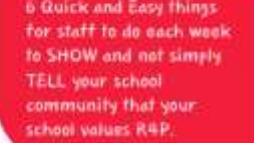
SHOWING not TELLING that you value Reading for Pleasure  
(Click on the pictures for the link to the resources)



Practical ideas to dig the foundations required to support a Reading for Pleasure School before building the walls and a roof.



Lay the foundations:  
STATUS  
ATTITUDE  
TIME  
ACCESS  
CHOICE  
SPACE



6 Quick and Easy things for staff to do each week to SHOW and not simply TELL your school community that your school values R4P.





## Grove Primary Newsletter: 13/2/2026

### ★ Stars of the Week ★

We would like to recognize the children who have been great examples of our School values and have shown a true commitment to their learning. Well done!

<b>Ladybird</b>	<b>Lester</b> for his amazing Phonics and reading skills!
<b>Caterpillar</b>	<b>Hossannah and Afif</b> both for writing an amazing WANTED poster for finding the dragon!
<b>Willow</b>	<b>Alaiya</b> for writing independently and challenging herself all this week! Well done Alaiya <b>Ja'Naiya</b> for having a brilliant attitude this week during story writing. Well done you brilliant writer!
<b>Elder</b>	<b>Amelia, Aliyah &amp; Yemaya</b> for fantastic fraction work calculating halves, quarters and thirds of different amounts. Great work!
<b>Beech</b>	<b>Blu</b> for trying his best to make the right choices in the classroom <b>Lexi</b> for some great writing in English this week
<b>Cedar</b>	Mzee- For writing a great newspaper report <b>Erdi</b> - For your excellent commitment to homework
<b>Hazel</b>	<b>David O</b> for good work on rounding decimals to 1 decimal place <b>Chelsea</b> for good research skills on comparing the Olympic Games in the Ancient Greek period to the present.
<b>Maple</b>	<b>Layla</b> for her hard work and efforts this term across all areas- she has made fantastic progress keep it up! <b>Mackenzie</b> for his caring attitude and always being such a delightful member of maple class.



## Grove Primary Newsletter: 13/2/2026

### Makaton Sign of the Week

Every Monday the staff and the children will be learning a Makaton sign. Makaton is a language with speech, signs and symbols used to support people who have difficulty communicating. We teach it to all of our children and staff so that we can become even more inclusive as a school. This week our Makaton sign is "toilet". Please practice this at home too!



Toilet

### Attendance

<b>Reception</b>	<b>93.4%</b>
<b>Year 1</b>	<b>92.31%</b>
<b>Year 2</b>	<b>91.83%</b>
<b>Year 3</b>	<b>90.91%</b>
<b>Year 4</b>	<b>92.45%</b>
<b>Year 5</b>	<b>95.24%</b>
<b>Year 6</b>	<b>97.98%</b>

Please note that as directed by the Department of Education, term time holidays will not be authorised.



## Grove Primary Newsletter: 13/2/2026

### Breakfast and Afterschool Club



Come and join us for our Breakfast and Afterschool Clubs!

**Breakfast club** will start at 7.45am- This will include breakfast of cereal or toast and will cost £5.50 per day

**After School club-** Light snack and sports activities and games and will cost:

1 Hour £6.30 (Collection at 4:30pm)

2 Hour £12.00

Full session (2 1/2 hours) £13.65 (collection at 5:45pm)

Snack will only be offered to children staying over 1 hour.

We are able to offer a discount to families that wish to book full week after school club and this is charged at £66.00 per week.

Wraparound Care (ASC) will not be suitable for Nursey pupils (5 years old+) we may be able to offer wraparound care for Reception children based on numbers.

Please see Carrie in the Office for more information!

### Club Donations

We would really welcome donations of games and jigsaws for our clubs! Please drop any off to the Office!



## Grove Primary Newsletter: 13/2/2026

### Reception Reading Café



Our Reading Café has opened again in Reception! This week was our first session of the year and what an incredible turn out it was! Thank you for all coming along.

The Reading Café is an opportunity for you to support your child's reading development, learn new strategies to help them when reading and more importantly enjoy some quality time with your child over a book without the normal hustle and bustle of home life.

**The sessions will be every week on a Tuesday 8:45 – 9am in the Classrooms.**

You are invited to come along to the session with your child and share a book.



## Grove Primary Newsletter: 13/2/2026

### Study Bugs



**Please continue to use Study Bugs when reporting your child's absence.**

When stating the reason for your child's absence, please remember to specify the **exact symptoms** of the illness as these are required when marking them as 'illness' on our registers. If symptoms are not listed, it will be marked as an 'unauthorised absence'.

We are going to be phasing out using Arbor for text messages. To replace this, we will be using the in App messaging service in Study Bugs.



## Grove Primary Newsletter: 13/2/2026



### **Are you interested in working for NEST—or do you know someone who might be?**

At NEST, we offer a wide range of rewarding roles across our schools. Whether you're an early careers teacher, an experienced educator, returning to work after a break, or simply looking for meaningful employment, we'd love to hear from you.

We have opportunities in **teaching, school administration, finance, HR, and estates**.

Click [here](#) to view our current vacancies or register for our talent pool and learn more about joining the NEST team and the exciting career opportunities available.

<https://www.nestschools.org/286/current-staff-vacancies>



## Grove Primary Newsletter: 13/2/2026

### Scooter and Cycle Safety and Parking

If you are Scootering or cycling to school, please remember to wear your helmets! We have seen a number of children who are not wearing helmets as they are riding their bikes or scooters to school. It is essential that you wear one to protect your head from injury incase you accidentally fall off.

1



**Eyes:** Put the helmet on your head. Look up. You should see the bottom rim of the helmet.

2



**Ears:** Make sure the straps form a 'V' under your ears when buckled. The straps should be a little tight but comfortable.

3



**Mouth:** Open your mouth as wide as you can. Does the helmet hug your head? If not, tighten the straps.

Please also be advised that parking or idling is not permitted in Karen Court Carpark, neighboring residential parking spots or on the zig zags directly outside of school. There is free parking available in the surrounding areas.



## Grove Primary Newsletter: 13/2/2026



### Dates for your Diary

<b>13/02/2026</b>	<b>Last Day of School</b>
<b>14- 20/02/2026</b>	<b>Half Term Holidays</b>
<b>23/02/2026</b>	<b>School Open First Day Back</b>



## Grove Primary Newsletter: 13/2/2026

**DULWICH HAMLET JFC**

**UNDER 7s • NAVY TEAM**

# ★ PLAYERS WANTED! ★

Dulwich Hamlet Junior Football Club is looking for enthusiastic new players to join our Under 7s Navy Team.

**Training** +  
◆ Thursday evenings

**Match Days** +  
◆ Sundays

**Who can join?**

- ◆ Boys & girls
- ◆ School Year 2
- ◆ All abilities welcome

**Come and be part of the Hamlet family!**



Club Manager Darrell  
07979 143491  
darrell2@hotmail.co.uk



## Grove Primary Newsletter: 13/2/2026



### Dog Kennel Hill Adventure Playground

DKHAP is a free playground for 8 – 12 year olds  
Under 8s are welcome if accompanied by a grown-up.

**We are open 11am – 5pm  
16th – 20th February**



**Bonfire**  
**Wednesday 18th**  
**From 3pm**

Join Davide round the fire for marshmallows, songs and good times. (weather permitting)



**Screen Printing**  
**Thursday 19th**  
**11am – 5pm**

Join Maria in the arts and crafts room and let your creativity run wild!



**Design the Playground**  
**Thursday 19th**  
**3pm – 5pm**

Join Jonny to help design a NEW part of the Adventure Playground. Come and draw, discuss, make models or create collages. We need YOUR ideas.



**Storyteller's Club**  
**Friday 20th**  
**11am – 5pm**

Join Mike, Bea and Sophie to tell stories using film, photos, shadows, animation and your imagination!



This session we will be exploring POWER.  
Which powers do you wish to have?



Get in touch: [info@dkhap.org.uk](mailto:info@dkhap.org.uk)

Find Us: Dog Kennel Hill, SE22 8AA, next to Sainsburys



## Grove Primary Newsletter: 13/2/2026

**JHC**  
JAEGAR HC

• An Action-Packed February Half-Term!

16th - 20th February  
@ Lyndhurst Primary School  
9am - 4pm  
Extended Hour 5pm  
[www.jaegarhc.co.uk](http://www.jaegarhc.co.uk)

# ACTION-PACKED FEBRUARY HOLIDAY CAMP

£35 PER DAY

Ages 4 - 12 | 16th - 20th Feb

BOOK NOW

[www.jaegarhc.co.uk](http://www.jaegarhc.co.uk)

www.jaegarhc.co.uk



## Grove Primary Newsletter: 13/2/2026

**All My Love is Bubbling Over**

**Margaret's MUSIC**

**On Saturday 21 March  
2.00-4.00pm**

**Buchan Hall TRA, Buchan Road, Nunhead, SE15 3HQ**

For more information and to book  
Use the QR code below  
[www.bookpebble.co.uk/activities](http://www.bookpebble.co.uk/activities)  
[www.margaretsmusicltd.com](http://www.margaretsmusicltd.com)  
[info@margaretsmusicltd.com](mailto:info@margaretsmusicltd.com)

**@margaretsmusicltd** **margaretsmusic**

We are a registered tax-free childcare provider



## Grove Primary Newsletter: 13/2/2026



### #IT'SOKAYTOTALK

Andy's Man Club is opening a new group in South London.  
It's a place for men to come together, talk, and support each other.  
No pressure. No judgment.

Where: **Pecan, 121A Peckham High Street, London SE15 5SE**

When: **Every Monday, 7:00pm – 9:00pm**

Starting: **12th May**

Find out more at: [andysmanclub.co.uk](http://andysmanclub.co.uk)





## Grove Primary Newsletter: 13/2/2026

### February Half Term

#### Family Learning Workshops with London Wildlife Trust



##### Nature Detectives at the Centre for Wildlife Gardening, SE15

**Monday 16th & Tuesday 17th February 10am till 3pm**

Discover clues to the animals around us, set some footprint, camera and other traps. Make plaster cast footprints and set your own trail. Book for one or two days.

##### Bushcraft in Sydenham Hill Wood SE26

**Wednesday 18th February 10am till 3pm**

Practise some survival skills in Sydenham Hill Wood, putting up tarps and mini fire lighting.

### After Half Term

#### After School Bushcraft at the Centre for Wildlife Gardening

**Tuesdays from 24th February to 17th March 3.45 till 5pm**

Learn some bushcraft skills to help you survive outdoors!

These workshops are for families living in Southwark. Suitable for primary aged children but you are welcome to bring your younger and older ones too. £3 booking fee but let us know if this is too much for you. Only one free Southwark workshop per academic year (Sept-July) These are not drop-ins. Booking is required.

For more info and to book scan the QR code or visit [wildlondon.org.uk/families](http://wildlondon.org.uk/families)

Any questions email: [dwallace@wildlondon.org.uk](mailto:dwallace@wildlondon.org.uk)



**London  
Wildlife  
Trust**

Funded by  






## Grove Primary Newsletter: 13/2/2026

**THE PE & SCHOOL SPORTS NETWORK**

**SEND SATURDAY SPORTS CLUB**

**AGES 5-18**

**OPEN EVERY SATURDAY (TERM TIME ONLY)**

**OPEN TO SEND PUPILS IN SOUTHWARK**

**“The Saturday club has been a lifeline for my son. He has many friends and looks forward to going. He also uses the trampoline as a release of tension.”**

For more information please contact Glyn and George via the emails below:  
Glyn Davies: [glyn@lpessn.org.uk](mailto:glyn@lpessn.org.uk)  
George Richards: [george@lpessn.org.uk](mailto:george@lpessn.org.uk)



## Grove Primary Newsletter: 13/2/2026

### THE PE & SCHOOL SPORTS NETWORK



The Saturday sports club runs through the year at Bacon's College. The club caters for SEND students of all disabilities between the ages of 5 -18 years old. Each session lasts for 60 minutes.

There is a highly skilled and motivated team of 14 working at the club ranging from teachers, teaching assistants, coaches, and special needs specialists.

As well as improving fitness levels and health and wellbeing the club works on social skills such as listening skills, waiting, sharing, teamwork, individual work and focus.

Sports and activities change weekly – trampolining, nature trail and the gym for the older clients, volleyball, football, basketball, multi skills, tennis, cricket, badminton, boccia, new age curling, dance, parachute games, athletics, capoeira, etc.

The club currently run in 4 different sessions:

**Session 1:** 10:30 – 11:30

“ The Network and Saturday Sports Club at Bacon's College has offered myself and family much-needed respite. Glyn, George and the team are very understanding and aware of my son's SEN needs: autism and ADHD. ”

**Session 2:** 11:30 – 12:30

**Session 3:** 12:30 – 13:30

**Session 4:** 14:00 – 15:00

**Venue:**

Bacon's College, Timber Pond Road  
Rotherhithe, London  
SE16 6AT

# SEND SATURDAY SPORTS CLUB

Telephone: 0207 237 1928 Ext: 4096 - Website: [www.ipسان.org.uk](http://www.ipسان.org.uk)



## Grove Primary Newsletter: 13/2/2026

**activ CAMPS** Non-stop fun

**NON-STOP FUN  
ACTIVITY CAMPS  
FOR SCHOOL  
HOLIDAYS**

GET 25% OFF YOUR FIRST BOOKING!



# Grove Primary Newsletter: 13/2/2026



## BOOK NOW TO JOIN THE FUN!

Activ Camps has been a trusted childcare option for families for over 20 years, providing exhilarating multi-activity experiences for children aged 4-14, in a **safe, inclusive, active** and fun environment.

Enjoy GIANT inflatables, swimming, terrific tag games, archery, dodgeball and much more, run by fun-loving, fully trained and Enhanced DBS checked staff. Activ Camps will make this a holiday to remember.

Your child will come home happy and exhausted, with amazing memories and new friends!



Amazing discounts for siblings, full weeks and more

Drop off early and pick up late - 8:30am - 6:00pm

Pay with childcare vouchers and tax-free childcare



### OUR AMAZING VENUES

#### BALHAM

La Retraite School

#### CLAPHAM

Emanuel School

#### TOOTING

Graveney School

#### BARNES

St. Paul's School



#### HONOR OAK PARK

King's College London

#### WANDSWORTH

Burntwood School

#### PECKHAM & BROCKLEY

Nunhead Sports Ground

#### WIMBLEDON

Wimbledon College

SCAN THE CODE TO FIND OUT MORE  
OR VISIT [WWW.ACTIVCAMPS.COM](http://WWW.ACTIVCAMPS.COM)

Ofsted registered. Outstanding inspection results.  
See our website for more details.  
Swimming available at selected venues.

Ofsted  
\*\*

**activ**  
CAMPS  
Non-stop fun



## Grove Primary Newsletter: 13/2/2026



### Mindful Mums

#### Free wellbeing groups for new mums

Parenting can be the most extraordinary thing we ever do. It can also be the most exhausting and challenging. If you feel overwhelmed, you're not alone, join one of our free 5-week meet up groups. Open to all mothers and birthing people with babies 0-12 months.

**Rye Oak Children and Family Centre, SE15 3PD**  
Thursdays 1pm - 2.30pm  
15 January - 12 February

**Book your place**  
[selmind.org.uk/mindful-mums](http://selmind.org.uk/mindful-mums)

**Contact us**  
[mindfulmums@selmind.org.uk](mailto:mindfulmums@selmind.org.uk)

**Crawford Children and Family Centre, SE5 9NF**  
Thursdays, 11am - 12.30pm  
6 February - 26 March



South East London  
mind

*Southwark*  
Council



## Grove Primary Newsletter: 13/2/2026



### Mindful Mums

Free wellbeing in pregnancy online

Pregnancy can take a real toll on your mental health. In all the excitement and preparations, many of us deal with anxiety, intrusive thoughts, doubts, fears, and overwhelming emotions. It's OK if you're not enjoying every moment.

So much attention goes to the baby, but your wellbeing matters too. **Join our free 5-week online sessions** for a calm, honest and supportive space to talk openly, listen, or just be.

**Mondays, 7.30 - 8.30pm**  
**12 January - 9 February**

**Tuesdays, 7.30 - 8.30pm**  
**13 January - 9 February**

**Book your place**  
[selmind.org.uk/mindful-mums](http://selmind.org.uk/mindful-mums)

**Contact us**  
[mindfulmums@selmind.org.uk](mailto:mindfulmums@selmind.org.uk)



South East  
London  
mind

*Southwark*  
Council



## Grove Primary Newsletter: 13/2/2026

# Start for Life

## Southwark

Helping you to give your child  
the best start in life, with support  
during pregnancy to the age of 5.



**Download the Start for Life brochure**

Packed with essential resources for parents and caregivers.  
Useful information in one place to help you find a wide range of local  
support and services.





## Grove Primary Newsletter: 13/2/2026

**e2e**  
end2end TV

**FOR AGES 8-16 FORTNIGHTLY  
SATURDAY 10.30-12.30PM**

**DIGITAL CREW  
SATURDAYS**

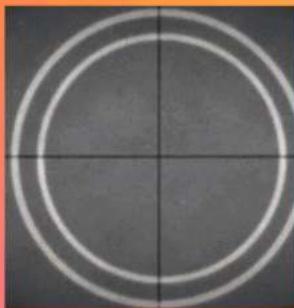
[WWW.END2ENDTV.CO.UK](http://WWW.END2ENDTV.CO.UK)



## Grove Primary Newsletter: 13/2/2026

# #NEW for 2026 SCREENLAB

MONTHLY CLUB FOR YOUNG PEOPLE  
AGED 10-18 INCLUDING DIGIFILMIX™



SATURDAY AFTERNOON

1.30-4.30PM

ONCE A MONTH FUN!



PREMIUM  
BRAND NEW CLUB

FOR FILM MAKERS,  
TECHIES & CREATIVES

- USE BROADCAST TV & FILM EQUIPMENT
- EXPLORE MEDIA INC.
- NEW ANIMATION SUITE
- CONSIDER YOUR AUDIENCE
- BECOME GREAT CONTENT CREATORS

FIND OUT MORE & BOOK: [WWW.END2ENDTV.CO.UK](http://WWW.END2ENDTV.CO.UK)



## Grove Primary Newsletter: 13/2/2026



### EPEC BABY & US

Baby & Us is a 9 week peer-led group which helps parents gain confidence in parenting and everyday life with a new baby (0-9 months).

This includes supporting parents in understanding baby's cues, coping with challenges around feeding, sleep, and crying, interacting positively with baby and managing parental stress.

**JOIN NOW**



Contact: Claire Gager or Sunshine Brand

Email: [Claire.gager@southwark.gov.uk](mailto:Claire.gager@southwark.gov.uk) or [Sunshine.Brand@southwark.gov.uk](mailto:Sunshine.Brand@southwark.gov.uk)

Call: 07547 659 646 / 07597 506 898

Or scan QR code to complete registration form



#### WHEN IS IT ON?

STARTING WEDNESDAY 14TH JANUARY 2026

RYE OAK BEST START FAMILY HUB  
WHORLTON RD, LONDON SE15 3PD

#### What time?

10am - 12pm



Southwark Children & Family Hub



CPCS  
Quality Standard  
Approved



DEPARTMENT  
FOR  
EDUCATION  
QUALITY  
STANDARD  
APPROVED



Funded by  
UK Government

  
Southwark  
Council



## Grove Primary Newsletter: 13/2/2026



### EPEC BEING A PARENT 1-3

For parents of children aged 1 – 3 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

**JOIN NOW**

Contact: Claire Gager

Email: [Claire.gager@southwark.gov.uk](mailto:Claire.gager@southwark.gov.uk)  
or [Sunshine.Brand@southwark.gov.uk](mailto:Sunshine.Brand@southwark.gov.uk)

Call: 07547 659 646 / 07597 506 898

#### WHEN IS IT ON?

STARTING TUESDAY 13TH JANUARY 2026

1ST PLACE BEST START FAMILY HUB  
12 CHUMLEIGH STREET  
LONDON  
SE5 0RN

What time?  
10am-12pm





## Grove Primary Newsletter: 13/2/2026



### EPEC BEING A PARENT

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

Contact: Claire Gager

JOIN NOW

Email:  
[Claire.gager@southwark.gov.uk](mailto:Claire.gager@southwark.gov.uk)

Call: 07547 659 646

#### WHEN IS IT ON?

##### WEDNESDAYS

STARTING 14TH JANUARY  
2026

CRAWFORD BEST START  
FAMILY HUB  
5 CRAWFORD RD,  
LONDON SE5 9NF

##### THURSDAYS

STARTING 15TH JANUARY  
2026

COIN STREET  
NEIGHBOURHOOD  
FAMILY & CHILDREN CENTRE  
108 STAMFORD STREET,  
LONDON SE1 9NH

What time?  
10am-12pm





## Grove Primary Newsletter: 13/2/2026

# FATHER'S GROUP



Join a 10-week course to  
improve your parenting skills.

Whether you are a father, grandfather or stepdad,  
receive advice and tips on topics such as positive  
parenting, improving relationships and role modelling.

Crèche provided.

When

Friday Morning's at 10.30am - 12.30  
Starting 16th January 2026

Where

1st Place Best Start Family Hub  
12 Chumleigh Street, Burgess Park, SE5 0RN

### BOOK A PLACE

Email: [tara.long@southwark.gov.uk](mailto:tara.long@southwark.gov.uk) or  
[jamal.jones-Thomas@southwark.gov.uk](mailto:jamal.jones-Thomas@southwark.gov.uk)

Phone: 07513 713 090



[SWFCFC@1stplace.uk.com](mailto:SWFCFC@1stplace.uk.com)  
[www.1stplace.uk.com](http://www.1stplace.uk.com)





# Grove Primary Newsletter: 13/2/2026



## TAP – IN SESSIONS

Free and stand alone information sessions for parents and carers on a range of topics.

Join us with Thinking About Parenting and TAP in to.....

Monday 19<sup>th</sup> January  
10am - 12  
MS Teams

[Parenting and Autism](#)

w/c 23<sup>rd</sup> Feb  
10am - 11.30  
MS Teams

[Parenting Foundations](#)

w/c 16<sup>th</sup> March  
10am - 11.30  
MS Teams

[Emotional-Based School-Avoidance](#)

Thursday 29<sup>th</sup> January  
10am - 12  
MS Teams

[Parenting and ADHD](#)

w/c 2<sup>nd</sup> March  
10am - 11.30  
MS Teams

[Parental Emotional Wellbeing](#)

w/c 23<sup>rd</sup> March  
10am - 11.30  
MS Teams

[Digital Safety](#)

Thursday 19<sup>th</sup> March  
10am  
MS Teams

[Parenting and Autism](#)

w/c 9<sup>th</sup> Feb  
10am - 11.30  
MS Teams

[Ages and Stages](#)

w/c 9<sup>th</sup> March  
10am - 11.30  
MS Teams

[Bullying Awareness](#)

Tuesday 24<sup>th</sup> March  
10am  
MS Teams

[Parenting and ADHD](#)

All sessions held online - link will be sent out 1-2 days before session via email

TO REGISTER FOR A PLACE  
[CLICK HERE OR CONTACT](#)

**Beth Gilbey**

07394 865 980  
[bethany.gilbey@southwark.gov.uk](mailto:bethany.gilbey@southwark.gov.uk)  
[earlyhelp@southwark.gov.uk](mailto:earlyhelp@southwark.gov.uk)





## Grove Primary Newsletter: 13/2/2026

**junior parkrun –  
where everyone is**



**welcome**

junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!



**junior parkrun**



## Grove Primary Newsletter: 13/2/2026

### junior parkrun – where everyone is



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2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!



junior parkrun



## Grove Primary Newsletter: 13/2/2026



### Support your child's development for free

Get unlimited access by scanning the QR code\*



Parenting advice and activity ideas for children aged from birth to five, shared by our community and experts.

Available for all parents and carers in Southwark.



[easypeasyapp.com/southwark](http://easypeasyapp.com/southwark)



\*For full terms and conditions, please visit [easypeasyapp.com/terms](http://easypeasyapp.com/terms).



## Grove Primary Newsletter: 13/2/2026

In Partnership With



### Nexus Education Schools Trust Talent Pool

Looking to extend your talents to other schools  
within NEST and provide more support?

NEST is now offering the opportunity for any staff wishing to increase their hours and to help provide greater support with their skills to sign up to our talent pool to be considered first for any vacancies across the Trust. All choices are yours to make, meaning you can highlight which positions you would like to work in and what schools you would be willing to commute to.

If you are interested in the chance to help make a difference and enjoy new experiences at an additional school within the Trust, please head over to MyNewTerm, create an account and search for 'Nexus Education Schools Trust' under employers in 'Find a Job' which will then allow you to sign up to the talent pool. Alternatively, you can head over to the NEST website where we have a link under staff vacancies which will direct you to our MyNewTerm page.

This is not just an exclusive opportunity to existing staff within NEST so if you know any friends or family who may be interested in this venture we would love to welcome them aboard!

Thank you for your interest!

Please direct any queries to [recruitment@nestschools.org](mailto:recruitment@nestschools.org)



## Grove Primary Newsletter: 13/2/2026



**SUCCESSFUL MUMS**  
*Career Academy*

# FIND A JOB YOU LOVE

A **FREE** event for parents

LOOKING FOR FLEXIBLE WORK?  
A CAREER CHANGE? OR JUST  
NEED A CONFIDENCE BOOST?

Join us for a friendly, informal coffee morning where you'll discover hundreds of part-time and flexible jobs in your area. Whether you're returning to work, starting a business or figuring out your next move, we're here to help!



Monday 19 January



9:30 to 11:00



Grove Primary School  
(formerly Dog Kennel  
Hill) SE22 8AB

### What we'll cover

- How to update your CV after a break
- Where to find local part-time and flexible jobs
- 10 great career ideas including Digital, SEN, Green roles..
- The Working in Education Course with a guaranteed interview
- The skills from parenting that employers are look for
- Links to 7 local family-friendly employers
- A 5-step action plan to make it happen!



@successfulmums\_



020 3633 9672



successfulmums.co.uk

**nest**  
Nexus Education Schools Trust





# Grove Primary Newsletter: 13/2/2026



## AUTISM SUPPORT TEAM TOILET TRAINING FOR PARENT/CARER ONLY

### HOW TO SUPPORT YOUR AUTISTIC CHILD TO DEVELOP TOILETING SKILLS

In partnership with the Autism Education Trust (AET) we are offering Developing Toileting Skills Training for Parent + Carers of autistic children.

#### Aims:

- To develop knowledge of how to support autistic children to achieve toileting independence.
- To understand the importance of working with others to support autistic children to develop independent toileting skills

#### Learning objectives:

- Understand how autism can impact on children developing independent toileting skills.
- Understand the importance of all adults working together to support the development of independent toileting skills.
- Consider how to remove barriers to developing toileting skills and how to make reasonable adjustments to support further toileting independence.

#### Free Training Online Dates:

- 21<sup>st</sup> October 9.45 – 11.45 2025
- 15<sup>th</sup> December 2025 12.30 – 2.30 2025
- 9<sup>th</sup> February 9.45 – 11.45 2026
- 23<sup>rd</sup> March 12.30 – 2.30 2026
- 18<sup>th</sup> May 9.45 – 11.45 2026
- 23<sup>rd</sup> July 12.30 – 2.30 2026
- 6<sup>th</sup> August 9.45 – 11.45 2026
- 13<sup>th</sup> August 12.30 – 2.30 2026

AutismSupportTeam@  
Southwark.gov.uk

Register [here](#)

Online Microsoft Teams Training Link will be sent to your email 2 days prior to start date of training.



## Grove Primary Newsletter: 13/2/2026



**Rose VOUCHERS  
for  
fruit & veg**

**1st Place**

### Free fruit and vegetables for families with young children

The Rose Vouchers Project gives vouchers to buy fresh fruit and vegetables from local markets and some other places. If eligible, you will receive at least £4 of vouchers every week.

#### Who is it for?

If you live in Southwark and have children under 5\*, or are more than 10 weeks pregnant, you may be able to get Rose Vouchers if one of the following applies:

- You receive Healthy Start
- You have a low or no household income (less than £408 income a month if you are on Universal Credit)
- You have no recourse to public funds (NRPF)

*\* Children must be under 5 until 31st August*

**SCAN ME**



**Find out more**

[1stplace.uk.com/rosevouchers](http://1stplace.uk.com/rosevouchers)

[rosevouchers@1stplace.uk.com](mailto:rosevouchers@1stplace.uk.com)

 [Google Translate](#)

 Alexandra Rose Charity

 Southwark Council

Impact on Urban Health



## Grove Primary Newsletter: 13/2/2026

# HER TRIBE

## A Community of Support for Women

Looking for connection, support, and a space to just be you?

Join our welcoming women's group right here in your  
community.

### ★ What to expect:

- Monthly workshops on wellness, growth & empowerment
- Weekly drop-in sessions: every Wednesday, 6–8 PM  
(We start on 24 September)
- A chance to meet like-minded women, share stories & build friendships
- Creche provided – so you can come stress-free

Venue: Albrighton Community Centre, SE22 8AH

Come for the workshops, stay for the connections –  
Together, we lift each other.





## Grove Primary Newsletter: 13/2/2026