



A Message from our Deputy Headteacher

Dear Parents and Carers,

We have some really exciting events happening next week! It's **Science week** and a huge thank you to **Ms Roshni Rahman** who is organising lots of wonderful Science activities throughout the week. On **Thursday**, every class will be taking part in an **animal workshop** run by Safari Pete! On **Wednesday**, **parents who have a background in STEAM** are also welcome to share your stories of your career with the children!

There is a **Science Mufti day on Friday** with a **bake sale after school**. Roshni will also be running a **poster competition** where there will be lots of fantastic prizes to win!

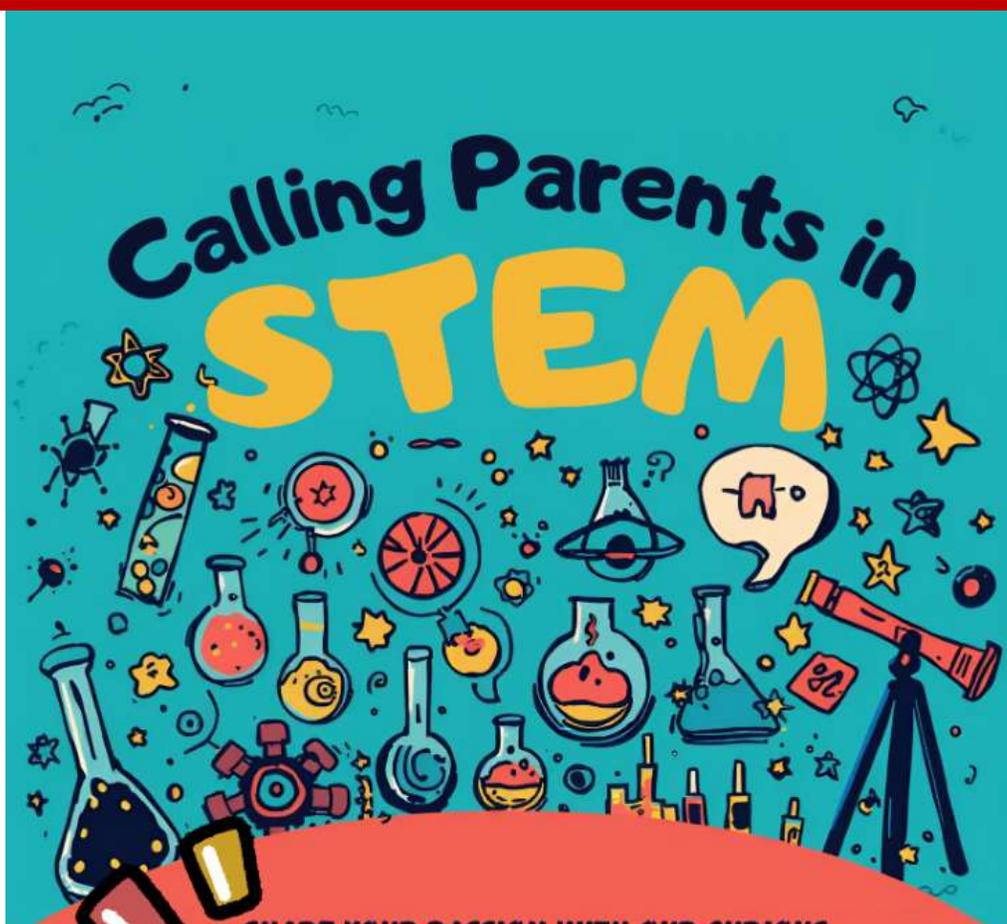




Grove Primary Newsletter: 13/3/2026



Calling Parents in **STEM**



**SHARE YOUR PASSION WITH OUR CURIOUS
YOUNG MINDS!**

**JOIN US FOR SCIENCE WEEK TO INSPIRE
AND ENGAGE STUDENTS WITH REAL-WORLD
STEM STORIES AND CAREERS**

**Wednesday 18th March
2026 2:45pm - 3:00 pm**

**FANCY INSPIRING YOUNG MINDS WITH YOUR
CAREER TALE? SHOOT AN EMAIL TO
RRAHMAN@DKH.SOUTHWARK.SCH.UK!**





Eid al-Fitr



On Friday 20th, many of our families will be celebrating Eid al-Fitr.

We wanted to wish all of our families Eid Mubarak and a huge well done to all our children who fasted during Ramadan!



Talking Tuesday

Every Tuesday, children in Reception up to Year 6 have been having class assemblies called '**Talking Tuesdays**'. The School Councilors in Years 1-6 are encouraged to lead their classes in a discussion around a question or 'silly' statement to debate. The children are also encouraged to use our 'Oracy Hand Signals' to support structuring their verbal debates.

We would love for our families to also have a go at debating at home! Our **silly statement** this week was themed around our school value of 'creativity'.

"Which is more important- saying kind things, or doing kind things?" What do you think?

ORACY HAND SIGNALS

- I agree because... 
- I disagree because... 
- I challenge that because... 
- I would like to build on what has been said... 
- Linking to what has been said... 





Year 3 Learning This Week



In Science this week we've been learning all about how to stay safe in the sun. We found out the sun emits ultraviolet (UV) light, and that UV rays can be harmful to our skin and eyes if we are exposed to them for too long without any protection.

Planning 10th March 2025

1.1 To explore the light that comes from the sun and how it affects us.

Teacher: _____

It is important that the first part of this experiment takes place inside, away from any windows.

1. Take 4 UV beads and check that they all change to the same colour under UV light.
2. Coat 3 beads in a different sun protection. Each sun protection should have a different sun protection factor (SPF).
3. Leave the fourth bead uncoated.
4. Stick these in a dish, label each bead and cover the dish with a black piece of paper.
5. Take the dish with the paper on top outside on a sunny day.
6. Remove the pieces of paper and observe the changes that occur. Record what you see in the table on the next page.

Before you begin your experiment, write down your predictions below.

Your hypothesis:
What do you predict will happen?
I predict that the beads with 50 SPF will change colour the most, but not all. I also predict that the beads with 20 SPF will change colour but less than the beads with no sun cream.

Your results	
SPF	Observations
0	The beads with no sun cream changed colour the most and it was purple.
20	The beads with 20 SPF sun cream stayed colourless to a slight pink colour.
50	The beads with 50 SPF didn't change colour at all.

Word bank:
Sun Protection Factor (SPF)
ultraviolet light
protection
exposed
sun

Your conclusion:
Why it is important to use sun protection with a high SPF rating?
So that we can get protected and stop from damage.

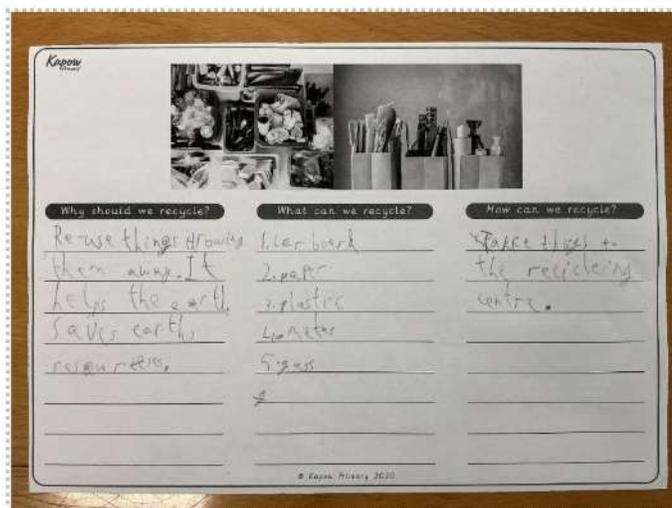


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To see these UV rays in action and to show how we can protect ourselves from the sun we conducted an interesting experiment using UV beads and suncream. We made predictions about how much of the sun's UV light the different strength suncreams would block out, and then we recorded our results.

We discovered that if you want the most protection from the sun this summer, then 50 SPF suncream is the one for you!



In PSHE this half term our topic is Citizenship, and this week we learned how recycling carefully can help us to be responsible citizens. We thought about why recycling might be good for the planet and discussed the different ways we can recycle and re-use, both in school and at home.



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We've also been busy writing diary entries in role as Stone Aged boys and girls in English. Our new book is giving us lots of inspiration for some fantastic writing, focusing on using the first person, writing in the past tense and including prepositional phrases.

Wednesday 11th March 2026

I/T/TA	Teacher
--------	---------

LO: To write sentences using prepositional phrases and adjectives.

Outside, everywhere was different - I realized I was lost. Completely lost!

So I...

In front of me I could see
In the distance there was
Behind me I could see more
Below my feet there was
There were no ___ or ___
I could not hear

How did he feel?
I was beginning to feel... I thought I should ... What if I ...?

Dear Diary,

In front of me I could ^{only see} tall trees, ~~and~~ short grass and more mountains. Below my feet were ~~soot~~ dirt growing grass and weed. I thought I was ~~so~~ lucky to land on the soot dirt. I wanted to know where I was. I turned around hoping I would see a way out of this weird place though. I saw nothing. I noticed that there were no bus, city or bright lights from buildings.

Wednesday 11th March 2026

I/T/TA	Teacher
--------	---------

LO: To write sentences using prepositional phrases and adjectives.

Outside, everywhere was different - I realized I was lost. Completely lost!

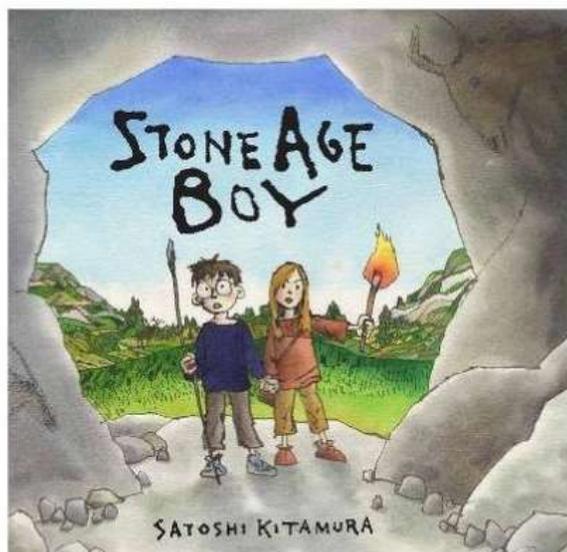
So I...

In front of me I could see
In the distance there was
Behind me I could see more
Below my feet there was
There were no ___ or ___
I could not hear

How did he feel?
I was beginning to feel... I thought I should ... What if I ...?

Dear Diary

Above me I saw a ~~meth~~ clear sky. All around me there were no cars and no buildings at all. Below my feet there was just wet grass on the ground. In front of me I could see bushes, big huge rocks. I stepped and fell into a big rock and then I woke up and I was on a cliff and I landed on top of a small green hill. There were no cars or buildings. I could not hear cars or buildings.



Wednesday 11 th March 2026	I/T/TA	Teacher
LO: To write sentences using prepositional phrases and adjectives.	😊😊😊	

Dear Diary

Out^{side} everywhere was different - I realized I was lost, completely lost! SO I ~~walked~~ ^{walked} AND walked AND walked... In front of me I could see mountain and tree. In the distance there was the green grassy ~~side~~ ^{ely} behind me I could see more tree and grass



★ Stars of the Week ★

We would like to recognize the children who have been great examples of our School values and have shown a true commitment to their learning. Well done!

Ladybird	Analia for a great attitude to learning this week
Caterpillar	Jason for contributing wonderful answers every class input Najla for being helpful around the classroom
Willow	Ja'Naiya for working so hard in phonics, using her sounds to blend together words. Teddy for having a great attitude towards his writing and having a go at writing sentences by himself with a word bank.
Elder	EVERYONE in Elder Class for their amazing Maths work on addition with regrouping. You are fantastic learners – Keep it up!
Beech	Matenin for some great contributions in Science this week as we learned about sun safety and reflectivity Amira for a very interesting diary entry in role as a child who had been transported back to the Stone Age
Cedar	Jaden for showing kindness towards his friend Mohammed - Thank you for being so helpful in the classroom you are very reliable!
Hazel	Sofie for good work on recording the planets in order from the sun and writing down interesting features about each one. Kieron for good work on working out the missing angles on a straight line.
Maple	Nana for his efforts and commitment toward his learning this week. His behaviour has really enabled him to maximise his focus ! The whole class for their efforts so far towards preparing for SATs they have made really good progress and it doesn't go unnoticed- keep it up Maple!



Makaton Sign of the Week

Every Monday the staff and the children will be learning a Makaton sign. Makaton is a language with speech, signs and symbols used to support people who have difficulty communicating. We teach it to all of our children and staff so that we can become even more inclusive as a school.

This week our Makaton sign is "kind" as we have been looking at 'random acts of kindness' this week. Please practice this at home too!



Kind

Attendance

Reception	91.94%
Year 1	95.02%
Year 2	95.19%
Year 3	91.29%
Year 4	96.58%
Year 5	90.51%
Year 6	92.31%

Please note that as directed by the Department of Education, term time holidays will not be authorised.



Breakfast and Afterschool Club



Come and join us for our Breakfast and Afterschool Clubs!

Breakfast club will start at 7.45am- This will include breakfast of cereal or toast and will cost £5.50 per day

After School club- Light snack and sports activities and games and will cost:

1 Hour £6.30 (Collection at 4:30pm)

2 Hour £12.00

Full session (2 1/2 hours) £13.65 (collection at 5:45pm)

Snack will only be offered to children staying over 1 hour.

We are able to offer a discount to families that wish to book full week after school club and this is charged at £66.00 per week.

Wraparound Care (ASC) will not be suitable for Nursey pupils (5 years old+) we may be able to offer wraparound care for Reception children based on numbers.

Please see Carrie in the Office for more information!

Club Donations

We would really welcome donations of games and jigsaws for our clubs! Please drop any off to the Office!



Reception Reading Cafe



Our Reading Café has opened again in Reception! This week was our first session of the year and what an incredible turn out it was! Thank you for all coming along.

The Reading Café is an opportunity for you to support your child's reading development, learn new strategies to help them when reading and more importantly enjoy some quality time with your child over a book without the normal hustle and bustle of home life.

The sessions will be every week on a Tuesday 8:45 – 9am in the Classrooms.

You are invited to come along to the session with your child and share a book.



Study Bugs



Please continue to use Study Bugs when reporting your child's absence.

When stating the reason for your child's absence, please remember to specify the **exact symptoms** of the illness as these are required when marking them as 'illness' on our registers. If symptoms are not listed, it will be marked as an 'unauthorised absence'.

We are going to be phasing out using Arbor for text messages. To replace this, we will be using the in App messaging service in Study Bugs.



Grove Primary Newsletter: 13/3/2026



Are you interested in working for NEST—or do you know someone who might be?

At NEST, we offer a wide range of rewarding roles across our schools. Whether you're an early careers teacher, an experienced educator, returning to work after a break, or simply looking for meaningful employment, we'd love to hear from you.

We have opportunities in **teaching, school administration, finance, HR, and estates.**

Click [here](#) to view our current vacancies or register for our talent pool and learn more about joining the NEST team and the exciting career opportunities available.

<https://www.nestschools.org/286/current-staff-vacancies>



Scooter and Cycle Safety and Parking

If you are Scootering or cycling to school, please remember to wear your helmets! We have seen a number of children who are not wearing helmets as they are riding their bikes or scooters to school. It is essential that you wear one to protect your head from injury incase you accidentally fall off.

1



Eyes: Put the helmet on your head. Look up. You should see the bottom rim of the helmet.

2



Ears: Make sure the straps form a "V" under your ears when buckled. The straps should be a little tight but comfortable.

3



Mouth: Open your mouth as wide as you can. Does the helmet hug your head? If not, tighten the straps.

Please also be advised that parking or idling is not permitted in Karen Court Carpark, neighboring residential parking spots or on the zig zags directly outside of school. There is free parking available in the surrounding areas.



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Dates for your Diary

16/03/2026	STEAM Week
23/03/2026	Book Fair delivered
28- 12/04/2026	Easter Holidays
13/04/2026	School Open First Day Back



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FREE online talk by
Jane Keyworth

FACE family Advice Lead Facilitator

Decreasing Depression

23rd April 7-8pm



Book online

www.facefamilyadvice.co.uk

Parents - Live Talks page



Grove Primary Newsletter: 13/3/2026



EASTER CAMP

FREE PLACES & LUNCH*

available for eligible families

5 Days of Fun!

Tuesday 2nd April
Tuesday 7th April
Wednesday 8th April
Thursday 9th April
Friday 10th April

10:00am - 2:00pm

📍 East Dulwich
Community Centre,
46 - 64 Darrell Road,
London, SE22 9NL

Ages 4-15 years

Suitable for children and
young people from
Reception to School
Year 11

REGISTER NOW

Book **FREE*** places via
www.eequ.org/book/21750 or
scan QR code



Book paid places via our website

Activities Include:

**Multi-Sports | Fun Games | Football
Tournaments | Arts & Crafts**

Enjoy healthy meals and enriching activities over the school
holidays. *FREE for children and young people eligible for
Free School Meals.

Paid places also available (please bring a
nut-free packed lunch and drink).

- ★ £15 per day
- ★ £70 for all 5 days



Scan to book paid places

For more information, contact us:



dynamiccoachinguk.com



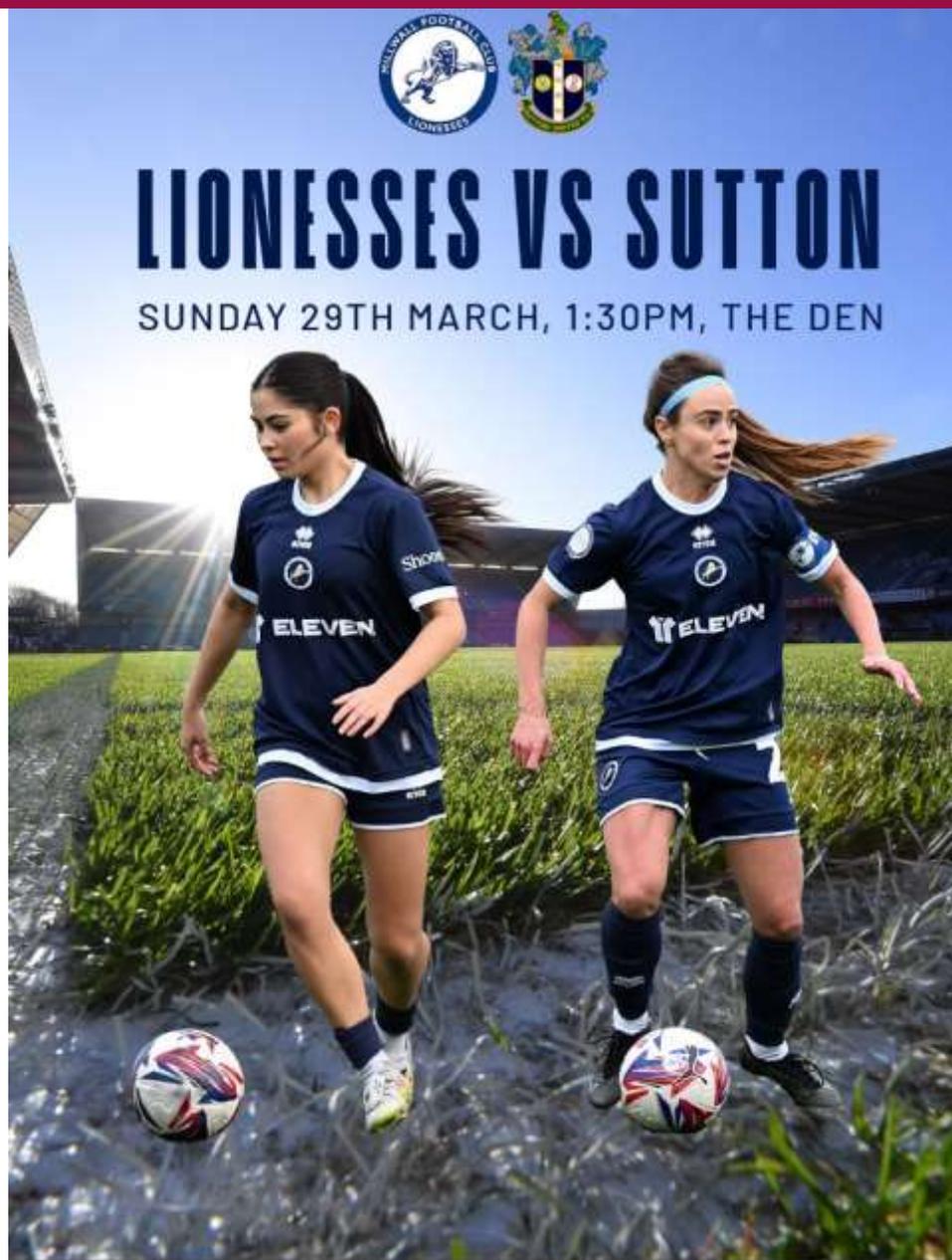
07756 826105



admin@dynamicmail.co.uk



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https://docs.google.com/forms/d/1VNkLs6b8ebOu6fJqCulcAFqb8tGvOecLsFh-mulxa8A/viewform?edit_requested=true



Grove Primary Newsletter: 13/3/2026



TRAIN TO TEACH PRIMARY with NEXUS Education Schools Trust

In Partnership with The National Institute of Teaching and Education (NITE).

Inspire Young Minds. Shape the Future. +

Are you a graduate ready to start a rewarding career in teaching?

Train to teach with Nexus Education Schools Trust and The National Institute of Teaching and Education (NITE), part of Coventry University Group.

At Nexus, you'll gain hands-on classroom experience in our schools, while NITE provides the expert training and academic support. Together, we'll help you build the skills, confidence and experience to become an outstanding primary teacher.

Why Train at a NEXUS school?



Full-time and Part-time Pathways

Training can be completed full-time over one year at five days per week, or part-time over two years at 2.5 days per week for a more flexible pathway.



Hands-On Classroom Experience

You'll be actively involved in the classroom from the start, but we'll build your responsibilities gradually to allow you to develop your practice and build confidence.



Expert Support

You'll work with mentors and teachers who know what it takes to train as a teacher. They bring years of classroom experience, practical insight and a genuine desire to help you get the best out of your training.



Supportive Community

Our schools are collaborative, encouraging and nurturing. From day one, you'll be welcomed into the team, guided and supported as you learn the ropes. You'll have the space to make mistakes, try new strategies and grow into the teacher you aspire to be.

Who We're Looking For

We welcome graduates in all subjects who are:

- Passionate about working with children.
- Creative, patient and resilient.
- Eager to make a real difference.



SCAN HERE

TO BEGIN YOUR APPLICATION

Take the first step towards your future in teaching.



its@nestschools.org



020 8289 4767 ext. 125



Apply via DfE Apply



DULWICH HAMLET JFC



UNDER 7s • NAVY TEAM

★ PLAYERS WANTED! ★

Dulwich Hamlet Junior Football Club is looking for enthusiastic new players to join our Under 7s Navy Team.

 Training ◆ Thursday evenings	 Match Days ◆ Sundays
 Who can join? ◆ Boys & girls ◆ School Year 2 ◆ All abilities welcome	 Club Manager Darrell  07979 143491  darrell2@hotmail.co.uk

 **Come and be part of the Hamlet family!** 





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All My Love is Bubbling Over



On Saturday 21 March
2.00-4.00pm

Buchan Hall TRA, Buchan Road, Nunhead, SE15 3HQ

For more information and to book
Use the QR code below
www.bookpebble.co.uk/activities
www.margaretsmusicltd.com
info@margaretsmusicltd.com

 @margaretsmusicltd  margaretsmusic



We are a registered tax-free childcare provider



THE PE & SCHOOL SPORTS NETWORK

"The Saturday club has been a lifeline for my son. He has many friends and looks forward to going. He also uses the trampoline as a release of tension."

AGES 5-18

SEND SATURDAY SPORTS CLUB

OPEN EVERY SATURDAY
(TERM TIME ONLY)

OPEN TO SEND PUPILS IN SOUTHWARK

For more information please contact Glyn and George via the emails below:

Glyn Davies: glyn@lpeasn.org.uk
George Richards: george@lpeasn.org.uk



Grove Primary Newsletter: 13/3/2026



THE PE & SCHOOL SPORTS NETWORK



The Saturday sports club runs through the year at Bacon's College. The club caters for SEND students of all disabilities between the ages of 5 -18 years old. Each session lasts for 60 minutes.

There is a highly skilled and motivated team of 14 working at the club ranging from teachers, teaching assistants, coaches, and special needs specialists.

As well as improving fitness levels and health and wellbeing the club works on social skills such as listening skills, waiting, sharing, teamwork, individual work and focus.

Sports and activities change weekly – trampolining, nature trail and the gym for the older clients, volleyball, football, basketball, multi skills, tennis, cricket, badminton, boccia, new age curling, dance, parachute games, athletics, capoeira, etc.

The club currently run in 4 different sessions:

Session 1: 10:30 – 11:30

Session 2: 11:30 – 12:30

Session 3: 12:30 – 13:30

Session 4: 14:00 – 15:00

Venue:

Bacon's College, Timber Pond Road
Rotherhithe, London
SE16 6AT

“ The Network and Saturday Sports Club at Bacon's College has offered myself and family much-needed respite. Glyn, George and the team are very understanding and aware of my son's SEN needs: autism and ADHD. ”

SEND SATURDAY SPORTS CLUB





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Mindful Mums

Free wellbeing groups for new mums

Parenting can be the most extraordinary thing we ever do. It can also be the most exhausting and challenging. If you feel overwhelmed, you're not alone, join one of our free 5-week meet up groups. Open to all mothers and birthing people with babies 0-12 months.

Rye Oak Children and Family Centre, SE15 3PD

Thursdays 1pm - 2.30pm
15 January - 12 February

Crawford Children and Family Centre, SE5 9NF

Thursdays, 11am - 12.30pm
6 February - 26 March

Book your place

selmind.org.uk/mindful-mums

Contact us

mindfulmums@selmind.org.uk



South East
London



Southwark
Council



Grove Primary Newsletter: 13/3/2026



Start for Life

Southwark

Helping you to give your child
the best start in life, with support
during pregnancy to the age of 5.



Download the Start for Life brochure

Packed with essential resources for parents and caregivers.
Useful information in one place to help you find a wide range of local
support and services.





Grove Primary Newsletter: 13/3/2026



FOR AGES 8-16 FORTNIGHTLY
SATURDAY 10.30-12.30PM

**DIGITAL CREW
SATURDAYS**

WWW.END2ENDTV.CO.UK



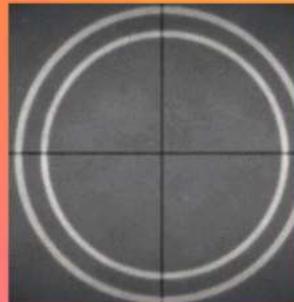


Grove Primary Newsletter: 13/3/2026



#NEW for 2026 SCREENLAB

MONTHLY CLUB FOR YOUNG PEOPLE
AGED 10-18 INCLUDING DIGIFILMIX™



SATURDAY AFTERNOON
1.30-4.30PM

ONCE A MONTH FUN!



PREMIUM
BRAND NEW CLUB

FOR FILM MAKERS,
TECHIES & CREATIVES

- USE BROADCAST TV & FILM EQUIPMENT
- EXPLORE MEDIA INC. NEW ANIMATION SUITE
- CONSIDER YOUR AUDIENCE
- BECOME GREAT CONTENT CREATORS

FIND OUT MORE & BOOK: WWW.END2ENDTV.CO.UK



Grove Primary Newsletter: 13/3/2026



EPEC BABY & US

Baby & Us is a 9 week peer-led group which helps parents gain confidence in parenting and everyday life with a new baby (0-9 months).

This includes supporting parents in understanding baby's cues, coping with challenges around feeding, sleep, and crying, interacting positively with baby and managing parental stress.

JOIN NOW



Contact: Claire Gager or Sunshine Brand

Email: Claire.gager@southwark.gov.uk or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898

Or scan QR code to complete registration form



WHEN IS IT ON?

STARTING WEDNESDAY 14TH JANUARY 2026

RYE OAK BEST START FAMILY HUB
WHORLTON RD, LONDON SE15 3PD

What time?

10am - 12pm



Funded by UK Government





Grove Primary Newsletter: 13/3/2026



EPEC BEING A PARENT 1-3

For parents of children aged 1 – 3 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

JOIN NOW

Contact: Claire Gager

Email: Claire.gager@southwark.gov.uk
or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898



WHEN IS IT ON?

STARTING TUESDAY 13TH JANUARY 2026

1ST PLACE BEST START FAMILY HUB
12 CHUMLEIGH STREET
LONDON
SE5 0RN

What time?
10am-12pm



Southwark Children & Family Hubs



CPCS
CHILDREN'S PARENTS
COUNCIL



EMPOWERING
PARENTS
OPPOWERED
COMMUNITIES



Funded by
UK Government





Grove Primary Newsletter: 13/3/2026



EPEC BEING A PARENT

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

Contact: Claire Gager

JOIN NOW

Email: Claire.gager@southwark.gov.uk

Call: 07547 659 646



WHEN IS IT ON?

WEDNESDAYS

STARTING 14TH JANUARY 2026

CRAWFORD BEST START FAMILY HUB
5 CRAWFORD RD,
LONDON SE5 9NF

THURSDAYS

STARTING 15TH JANUARY 2026

COIN STREET NEIGHBOURHOOD FAMILY & CHILDREN CENTRE
108 STAMFORD STREET,
LONDON SE1 9NH

What time?
10am-12pm





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FATHER'S GROUP



Join a 10-week course to
improve your parenting skills.

Whether you are a father, grandfather or stepdad,
receive advice and tips on topics such as positive
parenting, improving relationships and role modelling.

Crèche provided.

When

Friday Morning's at 10.30am - 12.30
Starting 16th January 2026

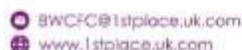
Where

1st Place Best Start Family Hub
12 Chumleigh Street, Burgess Park, SE5 0RN

BOOK A PLACE

Email: tara.long@southwark.gov.uk or
jamal.jones-Thomas@southwark.gov.uk

Phone: 07513 713 090





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TAP - IN SESSIONS

Free and stand alone information sessions for parents and carers on a range of topics.
Join us with Thinking About Parenting and TAP in to.....

Monday 19th January
10am - 12
MS Teams

[Parenting and Autism](#)

Thursday 29th January
10am - 12
MS Teams

[Parenting and ADHD](#)

w/c 9th Feb
10am - 11.30
MS Teams

[Ages and Stages](#)

w/c 23rd Feb
10am - 11.30
MS Teams

[Parenting Foundations](#)

w/c 2nd March
10am - 11.30
MS Teams

[Parental Emotional Wellbeing](#)

w/c 9th March
10am - 11.30
MS Teams

[Bullying Awareness](#)

w/c 16th March
10am - 11.30
MS Teams

[Emotional-Based School-Avoidance](#)

w/c 23rd March
10am - 11.30
MS Teams

[Digital Safety](#)

Tuesday 24th March
10am
MS Teams

[Parenting and ADHD](#)

Thursday 19th March
10am
MS Teams

[Parenting and Autism](#)

All sessions held online - link will be sent out 1-2 days before session via email



TO REGISTER FOR A PLACE
[CLICK HERE OR CONTACT](#)

Beth Gilbey

07394 865 980
bethany.gilbey@southwark.gov.uk
earlyhelp@southwark.gov.uk



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junior parkrun - where everyone is



welcome

junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!



junior parkrun



Grove Primary Newsletter: 13/3/2026



Support your child's development for free

Get unlimited access by scanning the QR code*



Parenting advice and activity ideas for children aged from birth to five, shared by our community and experts.

Available for all parents and carers in Southwark.



easypeasyapp.com/southwark



*For full terms and conditions, please visit easypeasyapp.com/terms.



Grove Primary Newsletter: 13/3/2026



In Partnership With



Nexus Education Schools Trust Talent Pool

Looking to extend your talents to other schools
within NEST and provide more support?

NEST is now offering the opportunity for any staff wishing to increase their hours and to help provide greater support with their skills to sign up to our talent pool to be considered first for any vacancies across the Trust. All choices are yours to make, meaning you can highlight which positions you would like to work in and what schools you would be willing to commute to.

If you are interested in the chance to help make a difference and enjoy new experiences at an additional school within the Trust, please head over to MyNewTerm, create an account and search for 'Nexus Education Schools Trust' under employers in 'Find a Job' which will then allow you to sign up to the talent pool. Alternatively, you can head over to the NEST website where we have a link under staff vacancies which will direct you to our MyNewTerm page.

This is not just an exclusive opportunity to existing staff within NEST so if you know any friends or family who may be interested in this venture we would love to welcome them aboard!

Thank you for your interest!

Please direct any queries to recruitment@nestschools.org



Rose  **VOUCHERS**
for
fruit & veg

 **1st Place**

Free fruit and vegetables for families with young children

The Rose Vouchers Project gives vouchers to buy fresh fruit and vegetables from local markets and some other places. If eligible, you will receive at least £4 of vouchers every week.

Who is it for?

If you live in Southwark and have children under 5*, or are more than 10 weeks pregnant, you may be able to get Rose Vouchers if one of the following applies:

- You receive Healthy Start
- You have a low or no household income (less than £408 income a month if you are on Universal Credit)
- You have no recourse to public funds (NRPF)

* Children must be under 5 until 31st August

SCAN ME



Find out more 

1stplace.uk.com/rosevouchers

 rosevouchers@1stplace.uk.com

 Alexandra Rose Charity

 Southwark Council

 Impact on Urban Health



HER TRIBE

A Community of Support for Women

Looking for connection, support, and a space to just be you?
Join our welcoming women's group right here in your
community.

★ **What to expect:**

- Monthly workshops on wellness, growth & empowerment
- Weekly drop-in sessions: every Wednesday, 6–8 PM
(We start on 24 September)
- A chance to meet like-minded women, share stories & build friendships
- Creche provided – so you can come stress-free

Venue: Albrighton Community Centre, SE22 8AH

**Come for the workshops, stay for the connections —
Together, we lift each other.**





Grove Primary Newsletter: 13/3/2026

