GROVE PRIMARY SCHOOL
Personal, Social, Health Education

Intent, Implementation and Impact Statement

Intent

At Dog Kennel Hill School, we aim to provide a range of opportunities for our pupils to develop themselves as individuals, moving from childhood to adolescence encouraging an awareness of others as well as the growth of responsible independence. We believe that PSHE plays a vital part of primary education and as well as discrete focused lessons, it should also be embedded throughout the curriculum. Through our PSHE curriculum, pupils can develop their confidence, knowledge and skills to become active citizens in modern Britain.

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that promotes mental wellbeing and empathy across the school and into the community. The children in our school have a range of family backgrounds and life experiences. It is important that we build upon these experiences to provide understanding of the diversity in our country as a whole in terms of race, religion, relationships. The intent is to develop tolerant, respectful young people, prepared for their future lives.

By equipping our pupils with relevant and meaningful content, supported with a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, we aim to provide our pupils with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community.

Weaving through the heart of our PSHE teaching, is a commitment to enhancing and promoting our core Values; Courage, Respect, Resilience, Ambition, Empathy and Creativity.

Implementation

PSHE is taught across the school on a weekly basis and as a school, we follow the KAPOW PSHE scheme. The spiral curriculum starts in Early years and follows the children through to Year 6.

The curriculum ensures that skills and knowledge are built year by year and are sequenced appropriately maximising learning for all children. Using this scheme ensures emphasis is placed on the "whole child" by developing knowledge, skills and understanding in the areas of;

- Family and Relationships
- Health and Wellbeing
- Dreams and Goals
- Citizenship
- Economic Wellbeing
- Safety and the Changing Body (alongside the Christopher Winters Project)

Our PSHE lessons complement key campaigns throughout the year such as Anti-bullying, Online Safety and Healthy Eating. During these campaigns, our pupils take part in whole school events linking other curriculum subjects to PSHE. Through whole school assemblies, our pupils' spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured through relevant themes or topics which supports their understanding of the world around them.

As a school, we also practise daily mindfulness with regular brain breaks throughout the day. Used alongside the Zones of Regulation framework, our pupils are encouraged to understand and regulate their emotions using self-calming techniques.

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During the last summer term, we follow the Christopher Winters Project: Teaching RSE with Confidence in Primary Schools. These lessons will be supplemented with lessons from the 'Changing Me' Jigsaw PSHE lessons. The CWP lessons provide a clear progression of age-appropriate knowledge and skills to be taught from Early Years to Year 6. Following this scheme ensures our RSE lessons adhere to the Statutory Guidance for Relationships Education, Relationships and Sex Education. Through these lessons, our pupils will be supported in developing their knowledge, skills and understanding in the following areas:

- Family and friendship
- Growing and Caring for Ourselves
- Differences
- Valuing differences and keeping safe
- Growing Up
- Puberty
- Puberty, relationships and reproduction

Impact

By the time children leave our school they will:

- have a strong self-awareness, interlinked with compassion, respect and acceptance of others
- be ready and have a willingness and ability to try new things
- develop their ability to think critically and have the confidence to make informed choices
- understand and know how to stay healthy mentally and physically
- develop positive relationships now and in the future
- develop the knowledge and skills to keep themselves safe
- have an appreciation of what it means to be a positive member of a diverse, multicultural society
- Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.