Grove Primary School

Whole School PSHE Overview 2026-2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	**Being Me in My World** • Special & Safe • Rights & Responsibilities • Rewards & Consequences **Diversity Focus**: 'Hair Stylist' – growing up	**Celebrating Difference** • Same & Different • What is bullying? • Making new friends • Celebrating Me	**Dreams & Goals** • Steps to Goals • Achieving together • Overcoming obstacles	**Healthy Me** • Being Healthy • Clean & Healthy • Medicine Safety • Road Safety	**Relationships** • Families & Friends • Greetings • People who help us	**Changing Me** • Lifecycles • Changing Me • My Changing Body **Christopher Winters Project**

Year 2 Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	**Being Me in My World** • Recognising own feelings and knowing where to get help • Hopes and fears • Rights and responsibilities • Rewards and consequences • Working cooperatively with others	**Celebrating Difference** • Why does bullying happen? • Standing up for myself and others • Celebrating difference and still being friends	**Dreams & Goals** • Goals and my learning strengths • Learning with others/Group challenge • Celebrating our achievements	**Healthy Me** • Being healthy and relaxed • Safety around medicines • Healthy eating and making healthy life choices	**Relationships** • Families and friends • Keeping safe • Trust and appreciation	**Changing Me** • Assertiveness • Understanding boundaries • Looking ahead **Christopher Winters Project** • Differences • Male and female animals • Naming body parts

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Whole School PSHE Overview 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	**Being Me in My World** • Getting to know each other • Our dream school • Rewards and consequences	**Celebrating Difference** • Families • Conflict • Feelings & solutions • Words that harm • Compliments	**Dreams and Goals** • Dreams and goals • Ambitions • A new challenge • Overcoming obstacles	**Healthy Me** • Being fit and healthy • What do I know about drugs? • Being safe • Safe or unsafe? • My amazing body	**Relationships** • Family roles and responsibilities • Friendship • Online safety • Being a global citizen	**Christopher Winter's Project** • Body differences • Personal space • Help and support **Changing Me** • Family stereotypes • Looking ahead

Year 4 Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	**Being Me in My World** • Teamwork • Attitudes and actions • Democracy and collective decisions	**Celebrating Difference** • Understanding bullying as well as online bullying • Recognizing own uniqueness and what makes us special	**Dreams and Goals** • Hopes and dreams • Dealing with disappointment • Team work and challenges • Reflecting on successes	**Healthy Me** • Leaders and followers in friendship groups • Explore smoking, alcohol and affects on health. • Understanding what peer pressure is	**Relationships** • Exploring the emotional aspects of relationships • Changes in friendships	**Changing Me** • Understanding that changes can be out of my control and how to manage this • Identifying what they look forward to **Christopher Winters Project** • Changes • Puberty • Healthy relationships

Year 5/6 Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	**Being in my world** • My year ahead • Being a global citizen	**Celebrating Difference** • Am I normal? • Understanding difference • Power struggles • Why bully? • Similarities and differences • Understanding disabilities	**Dreams and Goals** • Strengths and aspirations • Global issues • Giving praise and compliments	**Healthy Me** • Taking responsibility • Drugs • Exploitation • Gangs • Emotional & mental health • Stress & pressure	**Relationships** • What is mental health? • Love & Loss • Power & Control • Being safe online • Using technology responsibly	**Changing Me** • My self-image • Positive self-esteem **Christopher Winters Project** • Puberty and reproduction • Communication in relationships • Families, conception and pregnancy • Online relationships